



**Shreemati Nathibai Damodar Thackersey Women's University**  
1, Nathibai Thackersey Road, New Marine Lines, Mumbai-400020,  
Maharashtra (India)

## **Procurement of Gym and Fitness Equipments**

**SNDT Women's University, Mumbai**

**Ref. No.: SNDTWU/GYM/PMUSHA/PURCHASE/2025-26/1A**

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### **1. Introduction**

**SNDT Women's University is the first Women's university in India as well as in South-East Asia. The University was founded by Maharshi Dr. Dhondo Keshav Karve in 1916 for a noble cause of Women's Education. The first five women graduated in 1921 from this University. The University Headquarters is in Churchgate Campus, Mumbai and the other two campuses of this University are at Juhu, Mumbai and Karve Road, Pune.**

**SNDT Women's University, Mumbai, invites online e-tenders from reputed, experienced and eligible suppliers /manufacturers /distributors for **supply, delivery, installation and commissioning of Gym and Fitness Equipments** at its Mumbai campus.**

**Bidding shall be conducted through the e-Tendering portal <https://mahatenders.gov.in> in two-bid system – *Technical Bid* and *Financial Bid*.**

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Maharashtra (India)

Tender No: SNDTWU/GYM/PMUSHA/PURCHASE/2025-26/1A Date: 18/11/2025

### **Invitation**

The S.N.D.T. Women's University, Mumbai proposes to Procurement of Gym and Fitness Equipment's for Sports and Physical Education Department, Churchgate, Mumbai-400 020.

SNDT Women's University invites bids from suppliers/manufacturers/distributors /dealers for the Gym and Fitness Equipment's. The selected bidder will be responsible for offering quality materials in accordance with the specifications outlined in this document, on the following terms and conditions.

The Bidders are advised to study all technical and commercial aspects, instructions, terms and conditions carefully in the tender document. Failure to furnish all information required in the tender document or submission of a bid not substantially responsive to the tender document in every respect will be at the bidder's risk and may result in the rejection of the bid.

The University reserves the right to reject the bid in whole without assigning any reason thereof.

  
(Dr. Vilas D. Nandavadekar)  
Registrar



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## INDEX

### Table of Contents

| <b>Sr. no.</b> | <b>Particulars</b>                                                               | <b>Page nos. From - To</b> |
|----------------|----------------------------------------------------------------------------------|----------------------------|
| 1              | Introduction                                                                     | 1                          |
| 2              | Tender Details                                                                   | 3                          |
| 3              | Scope of Work                                                                    | 4                          |
| 4              | List of Equipments                                                               | 4                          |
| 5              | Technical Qualification / Eligibility Criteria                                   | 5                          |
| 6              | Submission of Bids                                                               | 5                          |
| 7              | Evaluation Criteria                                                              | 6                          |
| 8              | Terms and Conditions                                                             | 6                          |
| 9              | Important Instructions to Bidders                                                | 6                          |
| 10             | Contact Information                                                              | 7                          |
| 11             | Annexures list                                                                   | 7                          |
| 12             | Annexure I: Bidder Information Form                                              | 8                          |
| 13             | Annexure II: Declaration of Acceptance of Terms & Conditions and Non-Blacklisted | 9                          |
| 14             | Annexure - III Technical Specifications                                          | 10 - 19                    |



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## 2. Tender Details

| Particular                            | Description                                                                        |
|---------------------------------------|------------------------------------------------------------------------------------|
| Tender No.                            | SNDTWU/GYM/PMUSHA/PURCHASE/2025-26/1A                                              |
| Tender Type                           | Open (e-Tender)                                                                    |
| Tender Category                       | Goods (Procurement of Gym and Fitness Equipments)                                  |
| Mode of Tender                        | Online through <a href="https://mahatenders.gov.in">https://mahatenders.gov.in</a> |
| Bid Submission Start Date             | 18 November 2025, 03:00 PM                                                         |
| Pre-bid Meeting                       | 26 November 2025 at 03:00 PM                                                       |
| Bid Submission End Date               | 10 December 2025, 6:00 PM                                                          |
| Technical Bid Opening Date            | 12 December 2025, 03:00 PM                                                         |
| Earnest Money Deposit<br>(Refundable) | ₹ 2,00,000/- (Rupees Two Lakhs only)                                               |
| Tender Fee<br>(Non-refundable)        | ₹ 20,000/- (Rupees Twenty Thousand only)                                           |
| Place of Delivery                     | SNDT Women's University,<br>Churchgate Campus,<br>Mumbai – 400020                  |
| Tender Inviting Authority             | Registrar, SNDT Women's University, Mumbai                                         |



### 3. Scope of Work

The successful bidder shall be responsible for:

1. **Supply, delivery, and installation and commissioning of Gym and Fitness Equipments** as per the given specifications.
  2. **Demonstration and training** for proper use and maintenance.
  3. **Warranty and post-installation support** for a minimum of **three (03) years**.
  4. Ensuring **timely delivery** and installation within **30 days** from date of Purchase Order.
- 

### 4. List of Gym and Fitness Equipments:

*(Detailed technical specifications are provided in Annexure–IV.)*

#### . Gym and Fitness Equipments

- Machines
  - Leg Curl
  - Dumbbells
  - Grips & Hooks
  - Kettle bell
  - Others
  - Equipments
  - Other Equipments
-



## 5. Technical Qualification / Eligibility Criteria

Bidders must meet the following criteria:

- Be a Company registered in India since at least five (05) years.
- Valid GST and PAN registration
- Average turnover more than **76 lakhs** during the last three (03) financial years.  
CA certified turnover certificate of last three (03) financial years along with the audited balance sheet and P/L statement.
- Income Tax Returns ITR filed for last three (03) Assessment Years.
- **Technical Compliance** with appropriate details of Bidder offered OEM Products with our given technical specifications as in Annexure IV.
- OEM or possess valid OEM Authorization for the quoted products
- **Supplying of Gym and Fitness Equipments to at least three (03) Gyms** at any Govt./PSU/Pvt Organisations, worth value of 50% of this Tender cost annually.
- List of Clientele with relevant Purchase Orders of similar Products & Services
- Declaration for not blacklisted by any Govt./ PSU/ Pvt./ Public Institution.
- Payment receipt of Tender Fee and EMD
- The Tender Document and each document uploaded on the Mahatender portal must be signed and company-sealed by the bidder.

**Relevant supporting documents must be uploaded for verification in Technical Bid.**

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## 6. Submission of Bids

- Bids shall be submitted **online only** through portal <https://mahatenders.gov.in>.
  - Offline / manual bids shall not be accepted.
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#### 7. Evaluation Criteria (Technical – 70% and Financial – 30%)

| Parameter                                | Weightage |
|------------------------------------------|-----------|
| Technical compliance with specifications | 40 %      |
| Vendor's experience & credentials        | 20 %      |
| Warranty & after-sales support           | 10 %      |
| Financial bid                            | 30 %      |

**Only those bids scoring minimum 60% will be permitted for the Financial Bid Opening.**

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#### 8. Terms and Conditions

- Prices must be quoted **inclusive of all taxes**, transportation, installation, and commissioning.
  - Equipment must be **new and unused**; refurbished items will not be accepted.
  - Payment will be released after supply, delivery, installation, commissioning and submission of the warranty certificates.
  - Any defective equipment during warranty shall be replaced at no additional cost.
  - SNDTWU reserves right to **accept or reject any bid** without assigning any reason.
- 

#### 9. Important Instructions to Bidders

- For any technical related queries for online bid submission, please call on 24x7 Help Desk - Tel: 0120-4001002 / 0120-4001005 / 0120-6277787  
E-mail: support-eproc(at)nic(dot)in
- Any amendment or corrigendum will be uploaded only on MahaTenders portal.
- Bidders are advised to regularly check the portal for updates.



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## 10. Contact Information

### Tender Inviting Authority:

Registrar,

SNDT Women's University

1, Nathibai Thackersey Road, Churchgate, Mumbai – 400020

Phone: +91-22-XXXXXXX

Email: registrar@sndt.ac.in

Website: [www.sndt.ac.in](http://www.sndt.ac.in)

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## 11. Annexures

- **Annexure I:** Bidder Information Form
- **Annexure II:** Declaration of Acceptance of Terms & Conditions and Non-Blacklisting
- **Annexure III:** Technical Specifications





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**Annexure I:**

**Bidder Information Form**

| Particulars                                  | Details |
|----------------------------------------------|---------|
| Name of the Company                          |         |
| Registered Address                           |         |
| Contact Person                               |         |
| Designation                                  |         |
| Email                                        |         |
| Phone                                        |         |
| Year of Incorporation                        |         |
| PAN / GST No.                                |         |
| Type of Entity<br>(Company/LLP/Partnership)  |         |
| Annual Turnover (last 3 years)               |         |
| OEM / OEM Authorization Attached<br>(Yes/No) |         |



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## **Annexure II:**

### **Declaration of Acceptance of Terms & Conditions and Non-Blacklisted**

(On Bidder's Company Letterhead)

To,  
The Registrar,  
SNDT Women's University, Mumbai.

**Subject: Acceptance of Terms & Conditions and Non-Blacklisted**

**Tender Title: Procurement of Gym and Fitness Equipments**

**Ref. No.: SNDTWU/GYM/PMUSHA/PURCHASE/2025-26/1A**

We hereby declare that, we are thoroughly conversant with the Scope of Work, Technical Specifications, Terms and Conditions, material delivery, labour wages etc. for which we have given the best offer rate.

We undertake to use the best material approved by the University's duly authorized representative and to abide by their decision.

We undertake to pay the laborers engaged in the work as per Minimum Wages Act 1948, Act of Parliament, concerning Indian Labour Law.

We are not involved in any major litigation that may have an impact of affecting or compromising the delivery of product and services as required under the assignment.

We are not blacklisted by any of Central / State Government / Public Sector Undertaking / Regulatory Authorities / Academic Institutions in India for any kind of fraudulent activities.

We understand that if this declaration is found to be false, our bid will be rejected, and appropriate action may be taken.

**Bidder's Company Authorized Signatory:**

Name: \_\_\_\_\_ Designation: \_\_\_\_\_

Date: \_\_\_\_\_ Seal/Stamp: \_\_\_\_\_



### Annexure - III

#### Technical Specifications

- GYM AND FITNESS EQUIPMENTS**

| Sr. no. | Details of Required Technical Specification<br>(Gym and Fitness Equipments)                                                                                                                                                                                                                                                                                        | Quantity |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
|         | <b>Machines</b>                                                                                                                                                                                                                                                                                                                                                    |          |
| 1       | Lat Pull Down with rowing –<br><b>1. Frame:</b> 3 mm cold rolled mild steel, 100 kg pin-loaded, 5 kg/rod.<br><b>2. Weights &amp; Cables:</b> Solid plates (7/16"), cast iron, ¾" hardened rods (50–60 HRC), 5 mm nylon cable, 5" "V" nylon pulleys with sealed bearings, one-side half shroud, foam padding with 7 years of warranty.                              | 2        |
| 2       | <b>Smith Machine with Functional Trainer with 250</b><br><b>1. Frame:</b> 3 mm cold rolled mild steel, 300 kg load, 15 cm bar height gap.<br><b>2. 2. Weight System:</b> Solid steel plates (7/16"), ¾" hardened guide rods (50–60 HRC), 5 mm cable.<br>4" "V" pulleys with precision bearings (if applicable), foam padding, 50 mm plate fit, dual knurled grips. | 3        |
| 3       | <b>Chest Press:</b><br><b>1. Frame:</b> Horizontal motion, 3 mm cold rolled mild steel, 225 kg/side plate-loaded.<br><b>2. Weights &amp; Cables:</b> Solid plates (7/16"), ¾" hardened rods (50–60 HRC), 5 mm cable, 3" "V" pulleys, foam padding.                                                                                                                 | 2        |



|   |                                                                                                                                                                                                                                                                                                                                                                                                                        |                 |
|---|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 4 | <b>Shoulder press:</b><br><b>1. Specs:</b> IT Series, no adjustments needed, 200×140×162 cm, weight 297 kg, live area 212×166×210 cm.<br><b>2. Features:</b> 100 kg weight stack, solid steel plates (7/16"), drop-down system, starting resistance 1.8–3.2 kg.<br>7×19 nylon-coated cable (mil-spec), 4.5"/6" fiberglass pulleys, molded rubber foot platforms, thermo rubber grips, instructional placards included. | 2               |
|   | <b>Leg Curl:</b>                                                                                                                                                                                                                                                                                                                                                                                                       | <b>Quantity</b> |
| 5 | <b>1. Leg Curl (Prone):</b> Pin loaded, 3 mm cold rolled steel frame, 100 kg/side capacity.<br><b>2. Weights &amp; Cables:</b> Solid steel plates (7/16"), cast iron, ¾" hardened rods (50–60 HRC), 5 mm nylon-coated cable, 5" "V" nylon pulleys with sealed bearings, no shroud.                                                                                                                                     | 2               |
| 6 | <b>Squat Power rack:</b><br><b>1.</b> Type: Half Rack, 3 mm cold rolled steel, 2-year warranty.<br><b>2.</b> Size: 90 L × 183 W × 175 H cm, weight 150 kg.                                                                                                                                                                                                                                                             | 2               |
| 7 | <b>Treadmill:</b><br><b>1. Specs:</b> LED/LCD keypad display, 6 hp AC motor (10 hp peak), aluminum frame/rails, stainless steel rollers, 60–62" × 21" running area, Rhymbus drive.<br><b>2. Features:</b> Heart rate, calorie count, shock absorption, speed/incline control, wheels, auto lube, MP3, Bluetooth, USB, pulse sensors, safety key.                                                                       | 5               |
| 8 | <b>The FMS (Functional Movement Screen):</b><br>A 4.5 kg movement assessment kit for identifying dysfunctions in 7 key patterns: deep squat, hurdle step, in-line lunge, shoulder mobility, straight-leg raise, push-up, and rotary stability. Size: 154.9 × 17.8 × 5.1 cm.                                                                                                                                            | 2               |
| 9 | <b>Elliptical cross over:</b><br><b>1. Specs:</b> 70 kg elliptical with electromagnetic resistance, LED/LCD screen (8"), stride length 20", 1.8" adjustable foot straps, EN 957 certified.<br><b>2. Size &amp; Capacity:</b> 250 × 150 × 300 cm, max user weight 120 kg, heavy-gauge metal frame. Displays time, distance, RPM, speed, level, calories, pulse, heart rate.                                             | 4               |



|    | <b>Dumbbells</b>                                                                                                                                       | <b>Quantity</b> |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 10 | 15kg: Hexagonal 15 kg dumbbells, rubber-coated with steel core.                                                                                        | 2 pairs         |
| 11 | 12.5kg: Circular 12.5 kg dumbbells, rubber-coated with steel core.                                                                                     | 2 pairs         |
| 12 | 10kg: Hexagonal 10 kg dumbbells, rubber-coated with steel core, 1-year warranty.                                                                       | 2 pairs         |
| 13 | 2 kg: Hexagonal 2 kg dumbbells, rubber-coated with steel core.                                                                                         | 6 pairs         |
| 14 | 2.5kg: Hexagonal 2.5 kg dumbbells, rubber-coated with steel core.                                                                                      | 6 pairs         |
| 15 | 5 kg: Hexagonal 5 kg dumbbells, rubber-coated with steel core.                                                                                         | 5 pairs         |
| 16 | 7.5 kg: Hexagonal 7.5 kg dumbbells, rubber-coated with steel core.                                                                                     | 3 pairs         |
|    | <b>Weights plates (2inch) (Rubber plate)</b>                                                                                                           | <b>Quantity</b> |
| 17 | 1.25kg: 1.25 kg plates, rubber-coated with steel core, 5-year warranty.                                                                                | 6 pairs         |
| 18 | 2.5 kg: 2.5 kg plates, rubber-coated with steel core, 1-year warranty.                                                                                 | 10 pairs        |
| 19 | 5 kg: 5 kg plates, rubber-coated with steel core.                                                                                                      | 10 pairs        |
| 20 | 5 kg: (Bumper plates): 5 kg (51 mm) competition-level Olympic bumper plate with machined steel collar, made of rubber, black in color.                 | 2 pairs         |
| 21 | 7.5 kg: 7.5 kg plates, rubber-coated with steel core.                                                                                                  | 10 pairs        |
| 22 | 10 kg: 2.5 kg plates, rubber-coated with steel core.                                                                                                   | 10 pairs        |
|    | <b><u>Grips &amp; Hooks</u></b>                                                                                                                        | <b>Quantity</b> |
| 23 | <b>Barbell locks / Collar:</b> 300-gram stainless steel weight lock fits 60mm rods and comes as a single lock.                                         | 21              |
| 24 | <b>Weight lock:</b> Two stainless steel weight locks, each weighing 150 grams, fit 50mm rods.                                                          | 20              |
| 25 | <b>Bar Holder:</b> Squat rack made of cold rolled mild steel (3mm thick), measuring 1800mm (L) x 1730mm (W) x 1800mm (H), with a total weight of 150kg | 2               |
| 26 | <b>D Handle:</b> Angled steel piece, up to 500mm in length.                                                                                            | 4               |



|    |                                                                                                                                                                                                                              |                 |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 27 | <b>Nylon Handle:</b> Angled steel piece, up to 100mm in length.                                                                                                                                                              | 3               |
| 28 | <b>Ankle strap for cable machine:</b> Padded ankle strap for cable machines, designed for comfort and secure attachment during workouts.                                                                                     | 4               |
| 29 | <b>Curl Olympic bar:</b> EZ Curl Bar with 32cm outer sleeves (5cm diameter), 2.5cm grip diameter, 42cm spaced grip section with a 0.5cm non-knurled gap, 6.4cm rim diameter, and 28mm Olympic bar thickness.                 | 3               |
| 30 | <b>Olympic bar 15kg:</b> Olympic weightlifting bar with 41.5cm outer sleeves (5cm diameter), 2.8cm grip diameter, 44.5cm spaced grip section with a 0.5cm non-knurled gap, 6.4cm rim diameter, and 30mm bar thickness.       | 3               |
| 31 | <b>LatPull down straight bar only:</b> Alloy steel piece weighing 2000g, measuring 120cm in length and 2.5cm in width.                                                                                                       | 2               |
| 32 | <b>Ez curl bar 3ft:</b> 9kg steel curl bar designed for strength training and arm workouts.                                                                                                                                  | 1               |
| 33 | <b>Straight bar 4ft:</b> Unisex Standard bar with 5cm sleeve ends, 32cm length, 2.5cm grip diameter, 42cm grip spacing, 6.3cm rim diameter, and 28mm thickness.                                                              | 2               |
| 34 | <b>Hexagonal bar 4/5ft:</b> 5-ft, 15 kg mild steel Olympic bar with 2- layer powder coating, 28 mm thickness, 2.5 cm grip, 131 cm grip length, 42 cm spacing, 12 cm center knurling, 32 cm sleeves, and 6.3 cm rim diameter. | 1               |
|    | <b>Kettle bell</b>                                                                                                                                                                                                           | <b>Quantity</b> |
| 35 | <b>4kg:</b> Wide flat machined base with 123mm handle spacing, 32mm handle diameter, 282mm height, 208mm bell width, and 140mm base diameter.                                                                                | 6 pairs         |
| 36 | <b>20kg:</b> Wide flat machined base with 123mm handle spacing, 34mm handle diameter, 282mm height, 208mm bell width, and 140mm base diameter.                                                                               | 6 pairs         |
| 37 | <b>14kg:</b> Industrial powder-coated kettlebell with a stainless steel handle, wide flat machined base, 123mm handle spacing, 35mm handle diameter, 282mm height, 208mm bell width, and 140mm base diameter.                | 6 pairs         |
| 38 | <b>8 kg:</b> Wide flat machined base with 123mm handle spacing, 38mm handle diameter, 282mm height, 208mm bell width, and 140mm base diameter.                                                                               | 6 pairs         |



|    |                                                                                                                                                                                                                                              |                 |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 39 | <b>10 kg:</b> Wide flat machined base with 123mm handle spacing, 34mm handle diameter, 282mm height, 208mm bell width, and 140mm base diameter.                                                                                              | 6 pairs         |
| 40 | <b>12 kg:</b> Wide flat machined base with 123mm handle spacing, 35mm handle diameter, 282mm height, 208mm bell width, and 140mm base diameter.                                                                                              | 6 pairs         |
| 41 | <b>16 kg:</b> Wide flat machined base with 123mm handle spacing, 32mm handle diameter, 282mm height, 208mm bell width, and 140mm base diameter.                                                                                              | 6 pairs         |
|    | <b>Medicine ball bounce</b>                                                                                                                                                                                                                  | <b>Quantity</b> |
| 42 | <b>2 kg:</b> Medicine ball made of natural rubber with a natural rubber bladder, sand-filled, 12cm diameter, smooth surface, and no handle.                                                                                                  | 6               |
| 43 | <b>4 kg:</b> Medicine ball made of natural rubber with a natural rubber bladder, sand-filled, 13.5cm diameter, smooth surface, and no handle.                                                                                                | 6               |
| 44 | <b>5 kg:</b> Medicine ball made of natural rubber with a synthetic natural rubber bladder, air-filled, 23cm diameter, textured surface, and no handle.                                                                                       | 6               |
| 45 | <b>8 kg:</b> Medicine ball made of natural rubber with a natural rubber bladder, sand-filled, 14cm diameter, textured surface, no handle, and includes a 1-year warranty.                                                                    | 6               |
|    | <b>Others</b>                                                                                                                                                                                                                                | <b>Quantity</b> |
| 46 | <b>Swiss ball 85:</b> Standard 85cm rubber exercise ball with 28mm thickness, supports up to 120kg user weight.                                                                                                                              | 3               |
| 47 | <b>Swiss ball 95:</b> Standard 95cm rubber exercise ball with 28mm thickness supports up to 150kg user weight.                                                                                                                               | 3               |
| 48 | <b>Swiss ball 65:</b> Standard 65cm PVC exercise ball with 20mm thickness supports up to 100kg user weight.                                                                                                                                  | 3               |
| 49 | <b>Aerobic bench / Steeper:</b> ABS aerobic stepper with 4 adjustable levels, max load capacity of 200kg, features balancing feet, incline/decline adjustment, anti-skid and non-slipfeet. Dimensions: 60cm length, 30cm width, 15cm height. | 8               |
| 50 | <b>Yoga mat:</b> PVC yoga mat, 170cm x 65cm, 2mm thick, features anti-skid grip in wet and dry conditions, toxin-free, easily foldable/rollable without unrolling, and includes a sling strap for convenient carrying.                       | 12              |



|    |                                                                                                                                                                                                                                                                                 |                 |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 51 | <b>Abdominal Wheel for Gym up to 120kg:</b> 4-wheel ab roller with plastic wheels (2-inch diameter), 3cm handle diameter, adjustable support handle (30.1–40cm), and a maximum load capacity of $\geq 120$ kg.                                                                  | 3               |
| 52 | <b>Wheel up to 100kg:</b> 2-wheel ab roller with plastic wheels (4-inch diameter), 3cm handle diameter, support handle length adjustable between 20.1–30cm, and a maximum load capacity of $\geq 100$ kg.                                                                       | 3               |
| 53 | <b>Multi uses bench:</b> Frame made of cold rolled mild steel with 2-layer electrostatic powder coating and square pipe design (15 gauge). Features leather upholstery with 2-inch thick seat and backrest, adjustable seat and backrest, and a 3-position seat pad adjustment. | 5               |
|    | <b>Exercise Bands</b>                                                                                                                                                                                                                                                           | <b>Quantity</b> |
| 54 | <b>Rubber Beginner Light Exercise Band:</b> Light resistance rubber band, 4 feet long and 3 inches wide, beginner grade level, available in sets of 1 to 5 bands per pack.                                                                                                      | 6               |
| 55 | <b>Light Exercise Band (Theraband) 4 ft:</b> Light resistance rubber band, 4 feet long and 6 inches wide, professional grade, available in sets of 1 to 5 bands per pack.                                                                                                       | 3               |
| 56 | <b>Medium Exercise Band (Theraband) 6 foot:</b> Medium resistance rubber band, 6 feet long and 8 inches wide, professional grade, available in sets of 1 to 5 bands per pack.                                                                                                   | 3               |
| 57 | <b>Heavy Exercise Band (Theraband) 4 ft:</b> Heavy resistance rubber band, 4 feet long and 6 inches wide, professional grade, available in sets of 1 to 5 bands per pack.                                                                                                       | 3               |
| 58 | <b>Medium Exercise Band (Theraband) 9 ft:</b> Medium resistance latex band, 9 feet long and 6 inches wide, beginner grade, available in sets of 1 to 5 bands per pack.                                                                                                          | 3               |
| 59 | <b>X-Heavy Exercise Band (Theraband) 4 ft:</b> X-Heavy resistance latex band, 4 feet long and 3 inches wide, professional grade, available in sets of 5 to 10 bands per pack.                                                                                                   | 3               |
| 60 | <b>Plyo box (20x24x30) inch:</b> Leeway 3-in-1 squat box with durable foam and PVC cover offers multiple height options for versatile plyometric workouts and muscle power training.                                                                                            | 3               |





|    |                                                                                                                                                                                                                                                                                                 |                 |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 61 | <b>Dead lift platform:</b> Competition platform made of solid hardwood tongue and groove planks, 400cm length, 400cm breadth, 10cm height, with up to 20 planks. Training platform measures 122cm x 244cm with a height of 4cm.                                                                 | 1               |
| 62 | <b>Adjustable bench:</b> Multi-adjustable bench with a cold rolled mild steel frame, 4-inch foam padded leather seat and backrest, 3-position seat adjustment, 45° back pad adjustment, dual rear transport wheels, and ABS rubber feet for floor protection.                                   | 3               |
| 63 | <b>Dumbbells rack:</b> A-frame 3-tier rack made of cold rolled mild steel with 3mm (12 gauge) rectangular pipes, finished with 2-layer electrostatic powder coating, saddle-free design, and a 7-year structural frame warranty (excluding coatings).                                           | 3               |
| 64 | <b>Bicycle Ergometer:</b> Electro-magnetic bike with 6–999W load, 30–130 RPM, adjustable saddle (120–210cm), 360° handlebar, 15 programs, LCD display, Polar HR monitor, 160kg capacity, 64kg weight, and size 94×46×133cm.                                                                     | 1               |
| 65 | <b>Power Lifting Belt:</b> Hook and loop closure gym belt designed for heavy lifting like deadlifts, bench press, and squats. Features durable stitching, strong build, lower back support, and adjustable fit for safety and performance.                                                      | 2               |
| 66 | <b>Bluetooth speakers for gym:</b> Main speaker with Li-ion battery (1000–1999 mAh), 80 dB max sound pressure, over 10 hours of playtime, and weight between 0.3 to 9.5 kg. Supports AUX, Bluetooth, 3.5mm, RCA, USB, and 1/4 inch cable connectivity, with 1 USB port and 230V AC power input. | 1               |
|    | <b>Equipments</b>                                                                                                                                                                                                                                                                               | <b>Quantity</b> |
| 67 | <b>Rowing Ergometer:</b> Concept2, creator of the original rowing ergometer, offers RowErgs known for their unmatched performance, durability, and support. Training tool for competitive athletes and provide an effective full-body workout for all fitness levels.                           | 1               |
| 68 | <b>Versa climber:</b> Magnetic resistance bike with 11 levels, burns calories 160% faster, supports low-impact lower body workouts, compact (107x114 cm), 68kg weight, and 110V/220V power—ideal for fast, effective training.                                                                  | 2               |



|    |                                                                                                                                                                                                                                                                                        |   |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|
| 69 | <b>Non-Motorised Treadmill:</b> Treadmill with 1-22 km/h speed range, 4-level magnetic resistance, 1600 x 440mm running surface, 5" LCD display, and programs for speed, time, calories, watt, and level. Net weight: 135kg, gross weight: 155kg.                                      | 1 |
| 70 | <b>Teracore:</b> Oval-shaped balance trainer made of durable polyethylene (PE), designed for balance, stability, agility, and strength training. Dimensions: 118 x 46.5 x 16.5 cm, item weight: 15.5 kg, with a maximum weight capacity of 4500 lbs (approx. 2041 kg). Model: 1166-PS. | 2 |
| 71 | <b>Legpress:</b> SPIRIT strength machine with 150kg (330lb) weight stack, 5lb incremental weights. Dimensions: 1864 x 1184 x 1500mm. Product weight: 330kg. Ships in 5 cartons of various sizes for efficient packaging.                                                               | 1 |
| 72 | <b>Vertex chest press:</b> machine with converging motion, adjustable seat, and 110kg stack (7.5lb increments); size: 1530 x 1540 x 1592mm.                                                                                                                                            | 1 |
| 73 | <b>Keiser Performance Trainer:</b> Keiser 3010 + 300818/3015 offers smooth, adjustable resistance (0–75 lbs) with a compact design, ideal for versatile group training. Size: 2210 x 610 x 305 mm, weight: 54 kg, cable length: 2362 mm.                                               | 1 |
| 74 | <b>Cycling</b> - steel frame, upright handlebar, cotter-less chain wheels, aluminium alloy rims, tyres, and hub/disc brakes with a short braking distance.                                                                                                                             | 6 |
| 75 | <b>Bicycle Ergometer</b> - LCD display, 5kg flywheel, adjustable resistance, comfortable seat and hand pulse sensors, supporting up to 100kg.                                                                                                                                          | 3 |



|    | <b>Other Equipments</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>Quantity</b> |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 76 | <p><b>Body Composition Analyzer –</b></p> <p><b>1) MC- 580</b> The Body Composition Analyzer with 20 precise measurements in under 20 seconds, FDA clearance, and wireless data transmission to the Healthy Edge® Mobile App. The Device with a backlit LCD, measures body fat, muscle mass, and bodyweight, supports up to 150 kg, and weighs 5.5 pounds.</p> <p><b>2) Laser Printer Body Composition Analyzer DC-240MA</b> Portable with 8 Point Tactile Electrode System Testing weight range 200kg, voltage 100 - 240V.</p>                                                    | 3               |
| 77 | <p><b>Video Analysis –</b></p> <p><b>1) Kinvent K-Plate with Silicon Coach Pro Software</b> (5-year subscription) - portable force platform for balance and strength assessments, real-time biofeedback and app integration.</p> <p><b>2) Blaze Pod Trainer Kit</b> (2 units, 5-year software) impact-resistant LED pods, Bluetooth 5.0, 8-hour battery, IP65 water/dust resistance, and iOS/Android compatibility.</p> <p><b>3) Posture Screen</b> (5-year subscription, iPad with A12 chip or later) 3D scanning, augmented reality, remote screenings, and 3D model exports</p> | 2               |
| 78 | <p><b>Treadmill</b> - The treadmill should have a 5 hp motor, AC power, and an 18-inch LED/LCD display. It should have an aluminium alloy frame and foot rails, mild steel rollers, and a running area of 63-65 inches by 20 inches. The max speed should be 24 km/h, with a 0-20° incline. It should include 8+ programs, a pre-waxed belt, and a reversible deck. The max user weight should be 180 kg.</p>                                                                                                                                                                      | 1               |



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|    |                                                                                                  |   |
|----|--------------------------------------------------------------------------------------------------|---|
| 79 | <b>Heart Rate Monitor:</b> water-resistant, ABS connector, 38% polyamide strap                   | 3 |
| 80 | <b>Skinfold Calliper:</b> Stainless Steel Product: 80mm range, 0.2mm repeatability, 99% accuracy | 3 |
| 81 | <b>Dynamometer:</b> 2" x 10", 2.5" head, 8" height, 90kg capacity, digital display               | 3 |
| 82 | <b>Spirometer:</b> Pneumotach flowmeter                                                          | 3 |
| 83 | <b>Functional Movement Screening</b>                                                             | 3 |
| 84 | <b>Sit and Reach Box:</b> wood or metal construction, adjustable scale, non-slip surface         | 3 |
| 85 | <b>Free Weights and a resistance band</b>                                                        | 3 |

\*\*\*\*\* THANK YOU \*\*\*\*\*