



Ref.No.DSD/2026-27/18

June 01, 2026

To,
Principals/Directors / HOD's
Colleges and Departments
Conducted and Affiliated to
S.N.D.T. Women's University,
Mumbai – 400 020.

SUB:-INTERNATIONAL YOGA DAY CELEBRATION-2026.

Dear Sir / Madam,

It has been informed by the Raj bhavan, Mumbai, Department of Youth Affairs and Sports, Government of India, P.M.O. Office and Government of Maharashtra that all Schools, Colleges and Universities have to conduct the International Yoga Day (IYD) Celebration on June 21, 2026 taking all the students including NSS, Sports, DSD, NCC and staff.

The following International Yoga Day programmes have been planned: -

I) CAMPUSES WISE PLAN

Sr. No.	Day	Date	Time	Target Participants	Description	Venue
1	Sunday	June 21, 2026	08:00 AM	Students & NCC Cadet SNDTWU	Celebration of International Yoga Day	1) Foyer, Churchgate Campus 2) All University Campuses
2	Monday	June 22, 2026	09:00 AM to 10.00 AM	Students and Staff of conducted & affiliated Colleges/ Departments/ Institutions situated of Mumbai of SNDTWU	Celebration of International Yoga Day	1) Patkar Hall, Churchgate Campus 2) All University Campuses

Sports Teachers, NSS P.O.S and NCC Co-Ordinator are requested to make sure that all the students must attend this celebration at the Campuses.

II) AFFILIATED COLLEGES (In Mumbai)

All Affiliated Colleges should conduct the International Yoga Day Celebration at their respective College/Campuses on June 21, 2026 for 45 minutes. Teaching, non-teaching staff & students should attend this program on a large scale.

The colleges can open the www.yogamdniy.nic.in/ on which the detailed video module on asanas can be followed and shown on the screen. The Common Yoga protocol should be followed properly given by AYUSH Ministry.

All Colleges have to arrange their Yoga Trainer / Instructor at their own.

Date: June 21, 2026 Time: 8.00 am to 9.00 am

III) AFFILIATED COLLEGES (Outside Mumbai)

All Affiliated Colleges should conduct the International Yoga Day (IYD) Celebration at their respective college/Campuses on June 21, 2026 for 45 minutes. Teaching, non-teaching staff & students should attend this program on a large scale.

The colleges can open the www.yogamdniy.nic.in on which the detailed video module on asanas can be followed and shown on the screen. The common Yoga protocol given by ministry of AYUSH should be followed by the colleges.

All other colleges have to arrange their Yoga trainer/ Instructor at their own.

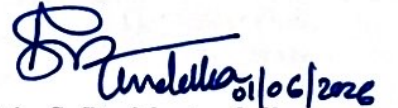
Date: June 21, 2026 Time: 8.00 am to 9.00 am

IV) GENERAL INSTRUCTIONS

You are requested to send your report & photographs to the Department of Students' Development immediately through mail dsw@sndt.ac.in .

Thanking You,

Yours faithfully,



Dr. Nitin S. Prabhutendolkar

Dean of Students'

Department of Students Development