

Smt. Vrushali Changdeo Gaikwad

Assistant Professor, Full Time

Department of Social Work, Pune Campus,

SNDT Women's University, Karve Road, Pune 411038

(M.Phil. | MH-SET | MSW- Medical & Psychiatric Social Work | BA)

Mobile: 09172799377 / 08605620556

Email: gaikwad1983@gmail.com

Date of Birth: 13th April 1983

PROFILE SUMMARY :

Ms. Vrushali C. Gaikwad is a dedicated and accomplished Counselor, Psychiatric Social Worker and Social Work Professional with over 15 years of diverse experience in Medical & Psychiatric Social Work, Psychiatry, Behavioural Science, Mental Health, Social Work Education, Research and rehabilitation settings. She holds an M.Phil. in Psychiatric Social Work and a Master's in Social Work with specialization in Medical & Psychiatric Social Work. She has cleared her UGC - SET in Social Work subject & is passionate in Social Work Education & Research. Her career spans reputed institutions such as Institute of Psychiatry & Human Behaviour (IPHB) Goa, Karve Institute of Social Service, and Jagruti Rehabilitation Centre. She is a published researcher, educationalist, skilled counselor, and an empathetic practitioner devoted to social work, Medical & Psychiatric Social Work, Psychiatry, Counseling, Mental Health, and Social Work education. Ms. Gaikwad has also contributed actively to mental health policy discussions, field-based interventions, and community mental health programs. She is known for her compassionate approach, leadership in social work & Psychiatric Social Work practice, and passion for empowering marginalized groups. She is currently aspiring to expand her academic and clinical contributions to the field of social work education.

AREAS OF SPECIAL INTEREST:

- Psychiatric and Psychosocial Rehabilitation
- Psychiatry, Medical Social Work & Psychiatric Social Work
- Mental Health, Community Mental Health, Child- Women and Family Mental Health

- Application of Psychotherapy- Especially Couple Counseling & Couple Therapy and Family Counseling & Family Therapy
- Student's Behavioral Analysis, School Counseling, School Mental Health & Adolescent Mental Health
- Trauma and Crisis Analysis & Intervention
- Psychosocial Assessment & Intervention of Psychological Conditions & Disorders
- Tele-counseling and Digital Mental Health
- Health Education and Promotion
- Geriatric Mental Health
- Disability Assessment & Intervention including Psychosocial Support for Disability
- Research in Social Work, Psychiatry, Psychiatric Social Work and Mental Health
- Mental Health Policy Advocacy
- Teaching, Training and Capacity Building in Social Work, Psychiatry, Psychiatric Social Work and Mental Health

EDUCATIONAL QUALIFICATIONS:

Degree	Passing Year	Grade	Specialization	University
SET (Social Work)	2021	-	Social Work	Pune University, Pune
M.Phil. (Psychiatric Social Work)	2023	I	Psychiatric Social Work	Goa University, Goa
Master of Social Work (MSW)	2009	I	Medical & Psychiatric Social Work	Shivaji University, Kolhapur
Bachelor of Arts (BA)	2005	II	Sociology	Shivaji University, Kolhapur
HSC	2001	II	Arts	Kolhapur Board
SSC	1998	I	NA	Kolhapur Board

WORK EXPERIENCE :

- Worked as Psychiatric Social Worker in Institute of Psychiatry and Human Behaviour, Goa (May 2024 to June 2025):
- Worked as Tele Counselor/ Counselor/ Psychiatric Social Worker in Karve Institute of Social Service, Pune (Aug 2020 to Jul 2023)
- Worked as Psychiatric Social Worker cum Research Assistant in Jagruti Psychiatric Rehabilitation Centre, Pune (Jan 2019 to Aug 2021)
- Worked as Counselor in Family Counseling Centre, Karve Institute of Social Service (Oct 2016 to Dec 2018)
- Worked as Adoption Social Worker in SOFOSH, SASSOON Hospital, Pune (Jun 2015 to Sep 2016)
- Worked as Psychiatric Social Worker (Honorary) in Shraddha Rehabilitation Center, Karjat (Dec 2013 to May 2015)
- Worked as Psychiatric Social Worker in Devis Neuro-Psychiatric Hospital, Ranchi (Jul 2010 to Apr 2011)
- Worked as Social Worker in Navchetana Project, Pen in Tata Institute of Social Sciences (TISS), Mumbai (Jul 2009 to Dec 2009)

PUBLICATIONS

Research other Publications:

- Published an article “Psychiatric Social Work In India: Evolution And Current Status” in Journal of the Asiatic Society of Mumbai, in 2021
- Published an article “School Recreation And Emotional well-being of Children With Hearing Impairment” in Perspectives in Social Work Journal in 2022

Book Chapter Publications:

- Published Chapter “Innovative activities in the field of psychiatric social work” in Book Futuristic Trends in Social Sciences in 2024

Papers Presented

- Insurance Policies and Govt Insurance Schemes on Mental Illnesses: Where Do We Stand? In National Conference conducted by ISPSW in Punjab University, in May 2022
- Psychosocial Aspects of COVID-19 Pandemic: Field Report of Maharashtra State In National Conference conducted by ISPSW in Punjab University, in May 2022