

## **Smt. Anagha Vijay Dagale**

Assistant Professor

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(UGC-NET | MH-SET | MSW- Family & Child Welfare | MA - Sociology)

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**Date of Birth:** June 5, 1997

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### **Professional Summary:**

Dedicated and passionate Social Work professional with expertise in Family and Child Welfare, youth development, and community outreach. Skilled in facilitating programs for underprivileged groups, counseling, and networking with key stakeholders. Proven ability to lead youth empowerment initiatives, conduct fieldwork, and manage administrative tasks. Strong background team building, and coordinating community services. Committed to fostering positive social change through strategic interventions and holistic support.

### **Academic Qualification:**

- Masters of Arts (MA) with specialization in '**Sociology**' from **Savitribai Phule Pune University, Pune** (2022-2024)
- Masters in Social Work (MSW) with specialization in '**Family and Child Welfare**' from **Karve Institute of Social Service, Pune** (2018-2020)
- Bachelors in **Sociology** from **Fergusson College, Pune** (2015-2018)

### **Professional Qualification:**

- Qualified UGC-NET examination, June 2021.
- Qualified MH-SET examination, September 2021.

### **Professional Experience:**

- **Lighthouse Communities Foundation, Pune (Jan 2023 – Oct 2024)**

**Designation - Facilitator and Counselor.**

- Facilitate skill-building sessions and provide career guidance to underprivileged youth to help them explore educational and vocational opportunities.

- Counsel youth from various communities on personal development, career planning, and social skills.
- Conduct outreach and mobilization activities to engage youth from low-income communities.
- Coordinate with local NGOs, companies, and educational institutions to provide resources and job placement opportunities for the youth.
- Track and report the progress of students, ensuring engagement and retention in the programs.
- Administer psycho-social assessments and support youth dealing with personal challenges.

**Field Work Exposure in following Sectors:**

- 1) Corporate Social Responsibility (CSR)
- 2) Urban Community Development
- 3) Water and Sanitation
- 4) Skill Development
- 5) Vocational Training
- 6) Child Care and Protection
- 7) Day Care Centre for Aged
- 8) Differently-abled

**Academic Research Experience:**

- Research on ‘A Study of Knowledge and hygiene practices of Menstruation among the adolescent girls of Urban Community in Pune city (Shivaji Nagar, Pune).’
- Research on ‘A Study on Health Problems faced by the women using the Community Toilet Block (Yerwada, Pune).’

**Field Work Experience:**

- **Katalyst India** **Jan 2022 to Apr 2022**
  - Assisted in empowering women for equality in opportunity and leadership by managing enrolment and training programs.
  - Engaged with participants regularly, coordinated mentor meetings, and managed program databases.
- **SOFOSH (Society of Friends of Sassoon Hospital)** **Jan 2020 to Apr 2020**
  - Provided care and support to family-deprived children, including those with mental and physical challenges.
  - Gained knowledge of CARA (Central Adoption Resource Authority) procedures.
  - Coordinated with CWC for orphan care.
  - Organized activities and conducted home visits.

- **Yardi Vasti Vikas Prkalp (YARDI CSR Project)** **Aug 2019 to Dec 2019**
  - Awareness about Sanitation among community.
  - Used Behavioral Change Communication (BCC) Activities like, Puppet show, Flip Charts and Rangoli activity for awareness.
  - Formation of Swachata Samitee of community people for better monitoring of toilet blocks.
- **Lighthouse Communities Foundation** **Aug 2018 to Apr 2019**
  - Mobilized underprivileged youth for skill development and career exploration in Yerawada, Pune.
  - Conducted ice-breaking sessions and facilitated administrative tasks such as data entry and Google Earth mapping.
  - Coordinated with placement agencies and followed up with course dropouts and employed youth.
  - Organized home visits for outreach and support.
- **Rainbow Day Care Centre** **1 Month**
  - Recreational day care for senior citizens.
  - This Centre strikes a fine balance between living in an old age home and the loneliness and boredom of staying alone at home during the day time.
  - Understood the psychosocial issues of the aged.
  - Conducted various recreational activities for the aged.

#### **Academic and Practical Learning:**

- Completed training for **PRA** during the rural camp at Lavarde village in Mulshi, Pune.
- Attended skill labs on ‘**Working with children**’, ‘**Theatrical games**’, ‘**Case work**’ ‘**Groupwork**’, ‘**Poster making**’ and ‘**Street play**’
- Completed training on ‘**Fire Safety Volunteer**’ organized by Safe kids Foundation.
- Attended 9<sup>th</sup> State Level Conference on ‘**Social Responsibility and Bahun Samaj**’ organized by Karve Institute of Social Service, Pune.
- Attended Awareness Programme on **Pedophilia**, organized by KEM Hospital, Pune.
- Attended Awareness Programme on ‘**POCSO Act**’ and its provisions organized by Smile Foundation and Yardi CSR.
- Attended a seminar on ‘**Grief counseling**’ by **Dr. Sanjyot Deshpande** at **SAA**.

#### **Online Certifications:**

- “*Programme Guidance for the Second Decade: Programming with and for Adolescents*” by UNICEF.
- “*Child Protection in Emergencies*” by Plan International (UNICEF).
- “*Basics of Child Protection*” by Centre for Child Protection (Sardar Patel University of Police, Security and Criminal Justice, Jodhpur, Rajasthan).

**Professional Skills:**

- Networking
- Team Building
- Research and Report Writing
- Data Analytics
- Multitasking

**Technical know – how:**

- Microsoft Word
- Microsoft Excel
- Microsoft PowerPoint

**- Anagha Vijay Dagale**