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Syllabus – M. Sc. Extension Education



Revised – 2012

SNDT Women's University

Sir Vithaldas Vidyavihar,

Mumbai 400 049

Faculty Name: Home Science Programme Name: M. Sc. Extension Education

STRUCTURE 2012

Semester I

Code	Courses	Total	Th.	Pr	Int	Ext	Total
No		Credits	Cr	Cr	(Cr/M)	(Cr/M)	Marks
CC1	Socio-economic Environment	4	4	0	2/50	2/50	100
	in India						
CC2	Extension Education Systems	4	4	0	2/50	2/50	100
CC3	Communication for	4	3	1	2/50	2/50	100
	Development						
CC4	Gender and Development	4	3	1	2/50	2/50	100
CC5	Non-formal Education	4	4	0	2/50	2/50	100
CC6	Community Development I (Pr)	4	ı	4	2/50	2/50	100
	Total	24	18	6	12/300	12/300	600

Semester II

Code	Courses	Total	Th.	Pr	Int	Ext	Total
No		Credits	Cr	Cr	(Cr/M)	(Cr/M)	Marks
CC7	Research Methodology and	4	2	2	2/50	2/50	100
	Statistics I						
CC8	Media Production	4	2	2	2/50	2/50	100
CC9	Community Organisation &	4	3	1	2/50	2/50	100
	Development						
CC10	Extension Management	4	3	1	2/50	2/50	100
CC11	Community Development II	4	0	4	2/50	2/50	100
	(Pr)						
E1	Within Faculty of Home	4	2	2	4/100	-	100
	Science						
	Total	24	12	12	14/350	10/250	600

Semester III

Code	Courses	Total	Th.	Pr	Int	Ext	Total
No		Credits	Cr	Cr	(Cr/M)	(Cr/M)	Marks
CC13	Research Methodology and	4	2	2	2/50	2/50	100
	Statistics II						
CC14	Management of Human Service	4	3	1	2/50	2/50	100
	Organisations						
CC15	Sustainable Development	4	3	1	2/50	2/50	100
CC16	Scientific Writing	4	2	2	2/50	2/50	100
CC17	Guidance & Counseling	4	3	1	2/50	2/50	100
E2	Outside Faculty of Home	4	2	2	4/100	-	100
	Science						
	Total	24	15	9	14/350	10/250	600

Semester IV

Code	Courses	Total	Th.	Pr	Int	Ext	Total
No		Credits	Cr	Cr	(Cr/M)	(Cr/M)	Marks
CC18	Community Nutrition and Health	4	3	1	2/50	2/50	100
	Management						
CC19	Dissertation	8	0	8	4/100	4/100	200
CC20	Internship	8	0	8	4/100	4/100	200
CC21	Recent Advances in Extension	4	0	4	4/100	-	100
	Education						
Total		24	3	21	14/350	10/250	600

Notes: 1) CC Core Course

2) E1: Visual Communication, Media Production, Computer Application for Social Sciences
3) E2: Gender & Development, Communication for Development, Scientific Writing

Socio-economic Environment in India

Objectives:

The course will enable the students to:

- become aware of the socio-economic structure, organisation and problems of rural, urban and tribal communities
- understand the implications of the socio-economic environment in the process of development

Contents:

Sr.	Topic and Details
No.	
1	Concepts
	Unit-1 Definition, characteristics of a community, community dynamics
	Unit-2 Structure and organisation of rural, urban and tribal communities. Family,
	caste, marriage, values, norms, customs, occupation, religion, kinship,
	gender roles, social controls, etc.
	Unit-3 Social change, theories
2	Socio-economic changes in post-independence India
	Unit-1 Growth vs development, development index, PWLI, HDI, CPI, MPI, HPI, etc
	Unit-2 Government interventions for development: Five year Plans, development
	programmes
	Unit-3 Impact of industrialization and urbanization
	Unit-4 New economic policy and its implications
3	Problems in rural, urban and tribal areas
	Unit-1 Rural: Caste traditionalism, unemployment, health, social and economic
	inequalities, illiteracy, migration etc.
	Unit-2 Urban: Poverty, unemployment, overpopulation, housing, slums, pollution etc.
	Unit-3 Tribal: Social and economic problems, illiteracy, health, integration with main
4	stream, etc.
4	Institutions and Agencies Unit-1 Educational, religious, political, economic, administrative etc.,
	Unit-2 Urban-Rural: industries, finance, banks etc
	Unit-3 Panchayati Raj institutions, co-operatives, DRDA, Central Social Welfare
	Board, State Social Welfare Board, National Level Voluntary Agencies like
	CAPART, KVIC, Local level voluntary agencies.
	Unit-4 People's organizations at grass roots – SHGs, etc.
	Office 1 Copic 3 organizations at grass 100ts - Office, etc.

- → Bhose, S.G.R.Joel (2003) NGOs and Rural Development, Concept Publishing Company, New Delhi
- → Desai, Vasant (1983) A Study of Rural Economy, Himalaya Publishing House, Mumbai
- → Desai, Vasant (1988) Rural Development, Himalaya Publishing House, New Delhi
- → Dubey, M.K.(2000) Rural and Urban Development in India, Commonwealth Publishers, New Delhi
- → Fenze S M and A K Chauhan (2011) Microfinance in India, New Centruty Publications, New Delhi.
- → Ganjam R. P. and Anoop Sharma (2011) Public adminisation and rural development, Cresecent Publishing Corporation, New Delhi.
- → Heggade, O.D. (1998) Urban Development in India, Mohit Publications, New Delhi
- → Jain, Gopal Lal (1997) Rural Development, Mangal Deep Publications, Jaipur
- → Jha Sumongla (2011) Encyclopidea of Scoial Development, Centruy Press, New Delhi.
- → Nagpaul, Hans (1996) Social Work in Urban India, Rawat Publications, New Delhi.
- → Prasad, B.K.(2003) Rural Development: Concept, Approach and Strategy, Sarup And Sons, New Delhi
- → Rajalingam P (2011) Impact of Globalisation on Indian Economy, Serial Publication, New Delhi.
- → Reddy, K.Venkata (1988) Rural Development in India, Himalaya Publishing House, Mumbai.

- → Satya Sundaram, I (1999) Rural Development, Himalaya Publishing House, Mumbai
- → Singh, Kartar (1999) Rural Development Principles, Policies and Management, Sage, New Delhi.
- → Sirchi Anand (2012) Dynamics of Social ecology and social control, Dominant Publishers amd Distributors, New Delhi.

Extension Education Systems

Objectives:

The course will enable the students to:

- understand the concept of extension
- get acquainted with the trends in extension, approaches, models and extension systems
- relate and apply the principles of extension to community work.

Contents:

	<u></u>	1	15.4.9
	No	Topic	and Details
1			Concepts
		Unit-1	Extension: meaning, philosophy, objectives,
			principles, functions of extension, trends
		Unit-2	Extension education: meaning, process and
			principles of learning in extension
		Unit-3	Agriculture extension, Home Science extension,
			Dairy extension, etc.
2			Extension models and approaches
		Unit-1	Models: Technology- innovation transfer,
			commodity specialized training and visit,
		Unit-2	Approaches: social education, indigenization
			social action / conscientization, empowerment,
			participation, participatory farming systems
			development, cost sharing, integrated area, cluster and
			target approach
		Unit-3	Privatization of Extension, e-extension, corporate social
			Responsibility
3			National extension systems
		Unit-1	Early extension efforts, community development programmes
		Unit-2	ICAR extension system, extension systems of
			ministries, agricultural universities, KVK, TTCs. T & V,
		Unit-3	Development work by NGOs, government – NGO-
			Collaboration
4			Community work for development
			Introduction to community work
			Working with community, society and organization
			Volunteerism
<u> </u>			

- → Chandra, A., A. Shah & U. Joshi (1989) Fundamentals of Teaching Home Science, Sterling Publishers Pvt. Ltd. New Delhi.
- → Chandra, S.P. (ed.) (2001) Private Extension: Indian Experiences, National Institute of Extension Management, Hyderabad.
- → Dahama, O.P. & O.P. Bhatnagar, (2003) Education and Communication for Development, Oxford and IBH Publishing Company Pvt. Ltd. New Delhi
- → Government of India (1961) Extension Education in Community Development, Ministry of Food and Agriculture, New Delhi
- → Green Roberta R (2007) Social Wrok Practices, Thomson Corporation, USA.
- → Kotwal Pradip (2011) Community work and Social Action, Adhyayan Publishers and Distributors, New Delhi.
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- → Ray, G.L. (1999) Extension Communication and Management, Naya Prokash, Kolkata.
- → Reddy, A. (1999) Extension Education, Sree Lakshmi Press, Baptala.
- → Singh Ajit K (2012) Working with communities and societies, Centrum Press, New Delhi.

Communication for Development

Objectives:

The course will enable the students to:

- understand the concepts of communication
- get acquainted with the trends in extension communication approaches and models

Contents:

No	Topic	and Details
1	-	Concepts
	Unit-1	Definition, functions, elements and types of Communication Interpersonal,
		group and mass, functions, significance and characteristics
	Unit-2	Issues: Communication fidelity, gap, types of barriers noise, time lag in
		communication, empathy, homophily –heterophily,
	Unit-3	Models of communication: Herald Laswell, Berlo, Wilbur Schramm,
		Shenon-Weaver, Rogers and Shoemaker, Westly and Macleans
2		Communication methods
		Interpersonal methods – farm & home visits, farmers' call, farm clinic, etc.
	Unit-2	Group methods – demonstration, group meetings, field day/ farmers' day,
	l lmit 2	video, slides, traditional/folk methods.
	Unit-3	Mass methods – mass meetings, publications, campaign, exhibition, newspaper, radio, T.V., film, etc.
	Unit-4	
	OIIII-4	etc.
	Unit-5	Issues related to technology: Reach, coverage, appropriateness,
	01	relevance, access, context, etc.
	Unit-6	Social, economic, political, cultural factors in creation/adoption of
		communication technology
3		Communication theories
	Unit-1	Propaganda and publicity, gate-keeping
	Unit-2	Bullet Theory, Individual Difference Theory, Social
		Category Theory, One Step – Two Step and Multi Step Flow, etc.
	Unit-3	Communication in innovation decision process: Adoption-Diffusion,
		Process and steps, diffusion effect, consequences, adopter categories.
	Unit-4	Theories of Mass Communication – Social responsibility,
4		Developmental Media, Democratic Participant theories Communication for extension
4	Unit-1	Agencies: Government, semi-government and non-
	Offic-1	government, private and corporate agencies like ISRO,
		Films Division, NFDC, DAVP, DD, IGNOU, etc.
	Unit-2	Development communication, role, importance, approaches
	Unit-3	Issues: public service broadcasting, Development /rural /
		advocacy journalism, globalisation, etc.
Eval	uation:	•
•	Pres	entation on any topic applying principles of group communication.

- Presentation on any topic applying principles of group communication.
- Library assignment on agencies involved in extension and development communication.

References

→ Andal, N (1998) Communication Theory and Models, Himalaya Publishing House, Mumbai

- ightarrow Baran, S & Davis, D (2000) Mass Communication Theories, Wadsworth Thomson Learning, Belmont, CA USA
- → Gandhi V P (2007) Electronic Media Communication and Managemnt: Elements and Areas, Kanishka Publishers, New Delhi.
- → Kumar, Keval J. (2000) Mass Communication in India, Jaico Publishing House, Mumbai.
- → Maan, G.S.(1987) The Story of Mass Communication, Harnam Publications, New Delhi
- → Mody, B (1992) Designing messages with audience participation, Sage, New Delhi.
- → Narula, U. (1994) Development communication, Haranand, New Delhi
- → Singhal and Rogers (2001) India's Communication Revolution: From Bullock Cart to Cyber Marts, Sahr, New Delhi.
- → Venkatesh S (2004) ICTs and economic development, authorpress, New Delhi.
- → Watson, J (1996) Media Communication, MacMillan Press Pvt. Ltd., London
- → West, R. & Turner, L (2000) Introducing Communication Theories, Mayfield Publishing Company USA

Gender & Development

Objectives:

The course will enable the students to:

- understand the concept of gender, empowerment and development
- become aware of gender inequality
- understand the importance of gender in development planning and implementation

Contents:

Theory

Sr. No.	Topic and Details
1	Concepts
	Unit-1 Understanding sex, gender, development
	Unit-2 Division of Labour, gender roles, gender justice, equality, equity
	Unit-3 Concepts of WAD-WID-GAD-GID, gender analysis matrix, shift from
	welfare to development and empowerment
	Unit-4 Men-women-third gender
2	Status of women in society
	Unit-1 Status – meaning
	Unit-2 Situation analysis with regard to demographic, education,
	employment, political and health (general, occupational and
	reproductive)
	Unit-3 Theories of feminism and gender inequality
3	Gender Planning
	Unit-1 Gender planning, execution and assessment in development
	projects, programmes and institutions
	Unit-2 National policy for empowerment of women: policy perspective,
	mainstreaming gender perspective in the development process.
4	Policies, programmes and agencies for women's development
	Unit-1 Economic empowerment: poverty eradication, micro-credits, self-
	help groups, women in agriculture, women in industry and support
	services.
	Unit-2 Social empowerment: education, health, nutrition, drinking water
	and sanitation, housing and shelter, environment
	Unit-3 Legal empowerment: legal literacy on personal and family laws, role
	of family court and legal aid centres.
	Unit-4 Political empowerment: role of panchayati raj in the political
	empowerment of women.
	Unit-5 Government, non-government and autonomous organisations for
	Women

Evaluation:

- Presentation or review based project covering module-4.
- Participation in in-class processes towards gender sensitisation.

- → Agosin, M (2003) Women, Gender and Human Rights, Rawat Publications, New Delhi
- → GOI (2000) National Perspective Plan for Women 1988-2000, Dept. of Woman and Child Development, Ministry of Human Resource Development, Government of India, New Delhi.
- → Government of India (2002) Towards Equality, Towards unfunushed Agenda- Status of Women in India, 2001, National Commission for Women, New Delhi.
 → Jha, U.S., A. Mehta and L. Menon (Ed.) (1998) Status of Women in India Crisis and Conflict in Gender Issues Vol. I, II, III. Kanishka Publishers and Distributors, New Delhi
- → Lindsey, L (1990) Gender Roles, A Sociological Perspective, Prentice Hall India Pvt. Ltd. New Delhi.

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 → Neft, N. & A. Levine (1997) Where Women Stand, Random House, New York
 → Nuket, Kardam (1991) Bringing Women In: Women's Issues in International Development Programme, Lynne Rienner Publishers, UK
 → Polity Press (2002) The Polity Reader in Gender Studies, Polity Press, UK
 → Wearing, Betsy (1996) Gender: The Pain and Pleasure of Difference, Addison Wesley Longman, Australia

- Australia

Non Formal Education

Objectives:

The course will enable the students to:

- become aware of the concept and need of non-formal education
- build up the capacity to plan, organise and evaluate non-formal education programs

Contents:

Sr. No.	Topic and Details			
1	Concepts			
	Unit-1 Meaning, need and Scope of non- formal education			
	Unit-2 Differences between formal, non-formal and Informal education			
	Unit-3 Difference between androgogy and pedagogy			
	Unit-4 Experiential learning			
2	Historical perspective to non-formal education in India			
	Unit-1 Non-Formal education through Five Year plans			
	Unit-2 Important government programmes in NFE			
3	Organising Programmes of non-formal education for various			
	groups			
	Unit-1 Characteristics of learners: socio economic, psychological			
	(personality, attitude, motivation, self-concept) etc.			
	Unit-2 Planning non-formal education programmes			
	Unit-3 Content of programmes for different groups			
	Unit-4 Methods and techniques of teaching such as role play, games and			
	simulation, seminar, workshops etc.			
	Unit-5 Evaluation of non-formal education programmes			
4	Training of non-formal functionaries			
	Unit-1 Types and need of training			
	Unit-2 Training content, methodologies, plan.			
	Unit-3 Training Process			

- → Gupta, Manju (2003), Effective Guidance and Counselling, Mangal Deep Publications, Jaipur.
- → Mistry, S.P. (1998) Non Formal Education, Radha Publication, New Delhi.
- → Rogers, Alan (1989) Teaching Adults, Open University Press, London.
- → Singh, R.P (1987) Non Formal Education, An Alternative Approach, Sterling Publications Pvt. Ltd., New Delhi.

Community Development I

Objectives:

The course will enable the students to:

- · Apply theoretical knowledge in practical situations.
- Gain a hands-on experience of working in the field.

Community development work will be carried out in non-government or government organisations working for the uplift women, children or other groups. The students have to undertake activities assigned by the organisations and/or initiate activities on their own. At the end of the semester students will submit a report of the work carried out by them.

Research Methodology

Objectives:

This course will enable students to:

- 1. develop a scientific approach and know the processes of research
- 2. develop the competence for selecting methods and tools appropriate for research topics

Module	Topics
No	
1	The Research Process
	a. Scientific approach to enquiry in comparison to native, common sense approach
	b. Knowledge, theory and research
	c. Role, need and scope of research in the discipline of Home Science
	Assignment : Differentiate between investigative reporting and research report (with examples to be brought by students as exercise)
	Steps in Research Process and Elements of Research
	a. Identifying interest areas and prioritizing
	Selection of topic and considerations in selection
	b. Review of related literature and research
	c.Variables- types of variables including discrete and continuous variables
	Conceptual definitions and operational definitions
	d. Concepts, hypotheses and theories
	e Hypothesis- meaning, attributes of a sound hypothesis, Stating the hypothesis and types of hypothesis
	Hypothesis testing- null hypothesis, sample distribution, level of significance, critical regions, Type I and Type II errors
	f. Research Design
	Research questions, objectives and assumptions
	Assignment: Types of variables

	Hypothesis formations and research questions from Research readings – students identify hypothesis/research questions – Discussion Ethics in Research
2	Types of Research
	a. Basic and Applied research, Qualitative and Quantitative research (brief review of differences)
	b. Historical research
	c. Descriptive research methods – survey, case study, correlational study, content analysis, causal-comparative research
	d. Analytic studies- pre-experimental, experimental research, quasi experimental research
	e. Qualitative research, Ethnography
	f. Evaluative research- general characteristics, use of qualitative methods in enquiry
	Scope and importance in Home Science
	Assignment: Differentiate between (a) basic and applied research (Exercise to be based on actual research papers published in accredited journals)
	(b) qualitative and quantitative research
	Based on Journal contents undertake a critical appraisal of studies/research papers and discuss types of Research with examples
3	Sampling
	a. Rationale, characteristics- meaning, concept of population and sample, and utility
	b. Types of sampling and generalizability of results
	c. Probability sampling - simple random sample, systematic random sample, stratified random sampling etc - random and non-random samples, random numbers and use
	d Non-probability sampling - purposive samples, incidental samples, quota samples, snowball samples
	e General consideration in determination of sample size

4 Tools for Data Collection a.Primary and secondary methods of data collection b.Different types of questionnaires, rating scales, check lists, schedules, attitude scales, inventories, standardized tests, interviews, observation c. Development of tools, estimation of reliability and validity of tools d. Procedure for preparation of the tool, administration of tools for data collection e. Procedure for data collection f. Planning for data analysis-coding of responses Assignment: Construction of tools for data collection a) types of questions b) Questionnaire c) interview schedule d) observation d) scales For a given topic students to frame and discuss the different possibilities of methods and tools

- Bell, J. (1997) "Doing Your Research Project: A Guide for First-time Researchers in Education and Social Science", Viva Books, New Delhi.
- Bell, J. (1997): How to Complete Your Research Project Successfully: A Guide for First-time Researchers, UBSPD, New Delhi.
- Bulmer, M.C. (1984): Sociological Research Methods: An Introduction, Macmillan, Hong Kong.
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- Triola and Mario F. (1998) "Elementary Statistics", 7th ed., Addison Wesley Longman, America.
- UGC Model Curriculum: Statistics/UGC (2001) New Delhi: University Grant Commission.

Media Production

Objectives:

The course will enable the students to:

- understand the importance and use of communication technology in extension work.
- be aware of the process of media production and role of technology.
- develop the skills of using technology for production of media messages.

Contents:

Sr. No.	Topic and Details
1	Media skills and their importance Unit-1 Basics of writing: Formats of writing for different media Unit-2 Scripting- Formation of idea, research for programme Unit-3 Demands of writing for respective media
2	 Media production process Unit-1 Stages of media production: pre-during-post production Unit-2 Resources for media production like economic, human, technology, subject expertise, etc. Unit-3 Conceptualisation, creation, distribution and consumption in media Unit-4 Demands of print, audio and audio visual media
3	Print media Unit-1 News reports, features, columns and other forms of writing Unit-2 Writing, editing, captioning, composing, etc.
4	Production of audio/video programmes Unit-1 Basics of audio/video recording Unit-2 Nature of skills required for audio/audio-visual media Unit-3 Various genres and formats

Term work

Preparation of extension messages using photographs/slides, Power Point presentations.
Preparation of information folder
Exercises on still and video photography on extension themes.
Preparation of audio programmes.

- → Narula, U. (2001) Mass Communication Technology: New Perspective, Har Anand Publications, New Delhi.
- → Rayudu, C.S. (2002) Media and Communication Management, Himalaya Publishing House, Mumbai.
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- → Zettl H: Sight, Sound, Motion, Applied media ashthetics, Wadsworth, CA, 1999.
- → Zettl, Herbert: Television production handbook. 8th ed. Belmont: Thomxon Wadsworth, c2003.

COMMUNITY ORGANIZATION AND DEVELOPMENT

Objectives:

The course will enable the students

- to understand concepts of community organization.
- to analyze factors contributing to community dynamics.
- to organize and mobilize communities for development.

Blocki	Understanding community organization
Unit I:	Meaning, importance, principles, process and history
	of community organization.
Unit II:	Types & characteristics of social groups- (family, kinship groups, class
	based groups, schools, co-operatives, youth clubs, MahilaMandals,
	Panchayats, etc.)
	Interests, attitudes, motivations for affiliations, interactions&role in
	community development.
Block II:	Power structures & models of community organization
Unit I:	Community power structures- Elite Theory, The Classical Elite Theory
Unit II:	Models (Locality Development Model, Social Action Model, Social
	Planning Model)& strategies of community organization
Unit III:	Community leadership- concept, types, characteristics of leadership.
	Needs, qualities, identification & training.
	Role & importance of leadership in community development.
Block III:	Dynamics of change in community
Unit I:	Factors contributing to change- religion, socio-political ideologies, culture,
	imperialism, mass media, communication & globalization; their impact on
	community development.
	Comparing historical & contemporary situations.
Unit II:	Organizations involved in Development- role, interactions & importance
	(government, corporate, non-government organizations, private public
	partnerships): their present role, future potential and inter- sectorial
	synergy.
Unit III:	Role & competencies of community organizers for organization and
	sustenance of groups.
Block IV:	Organizing communities for change
Unit I:	Identifying targets for change- building, healthy community, wealth
	creation, etc.
Unit II:	Community mobilization- meaning, process, requirements and
	implications, purpose
Unit III:	People's Participation- types, barriers & analysis of participation for
	development.
Unit IV:	Approaches to community organization

- 1. Haralombos, M, Holborn, M. (2008), Sociology: themes and perspectives, Collins, U.S.A.
- 2. Gore, M.S. (2003) Social Development, Rawat Publication, Jaipur.
- 3. Kumar, A (2002) Structure of Society, Anmol Publications Pvt. Ltd., New Delhi.
- 4. Rivera F.G. & J.L. Erlich (1995), Community Organising, Allyn & Bacon A Simon & Schuster Co, U.S.A.
- 5. Singh, Amita (2002) Public Administration: roots & wings, Galgotia Publishers, New Delhi.
- 6. Twelvetrees, Alan (2002), Community work, Palgrave, New. York, U.S.A.
- 7. Mukherjee, Neela (2002) Participatory Learning & Action, Concept Publishing Company, New Delhi.
- 8. Dale, R (2000): Organizations and Development Strategies, Structures and Processes, Sage Publication; New Delhi.

9. Kotwal, P(2001): Community work and Social Action; Adhyayan Publishers and Distributors, New Delhi.

Singh, A.K. (2012): Working with Communities and Society, Centrum Press, Bengaluru.

Extension Management

Objectives:

The course will enable the students to:

- understand the concepts and importance of management in extension organisations.
- be aware of the principles of management as applicable to extension.
- develop an ability to design a programme for execution monitoring –

documentation and evaluation.

Contents:

Sr. No.	Topic a	and Details
1		Concepts
	Unit-1	Definition, nature, process and need of extension
		management
	Unit-2	Models and principles of extension management
		Criteria for designing an appropriate organisation for
		extension- Government, non-government, private
		and public organisations in extension
	Unit-4	Role of volunteerism in social service
2		Programme Design
	Unit-1	Programme planning in extension: Difference
		between policy, programmes and projects
		Plan of work
		Preparing project proposals
		Programme implementation, networking
		Monitoring and evaluation, follow-ups
	_	Documentation
	Unit-7	Community participation strategies
3		Steps in extension management
		Planning
		Organising
		Co-ordination
		Staffing
		Directing
		Controlling
	Unit-7	Strategic planning and management
4		Human resource management
	Unit-1	Qualities of good extension personnel
	Unit-2	Recruitment and training

Practical

Ш	Assessing needs and problems of a target group in a community.
	Selection of a problem of the community requiring intervention.
	Development of a plan of action for the problem identified.
	Conducting and reporting of programme.
	Identifying and visiting local human service organisations
	Study of the organisational structure of a selected organisation.

- → Chaubey, B.K. (1979) A handbook of Extension Education, Jyoti Prakashan, Allahbad
- → Chaudhary, D. Paul (1993) Hand Book of Social Welfare, Atma Ram & Sons, New Delhi
- → Chaudhary, D.Paul (1985), Child Welfare / Development, Atma Ram & Sons, New Delhi.
- → Dale R. (2000) Organisations and Development Strategies, Structures and Process, Sage Publications India Pvt. Ltd. New Delhi
- → Devi Rameshwari and Ravi Prakash (1998) Social Work and Social Welfare Administration, Mangal Deep Publications, Jaipur
- → Goel, S.L. & Jain, R.K., Social Welfare Administration, Vol. 1-2, Deep & Deep Publications, New Delhi.
- → Krishna Raj and Mathreyi, C. (1988) Women and Development, The Indian Experience.
- → Prasad, B.K. (2003), Rural Development Concept, Approach and Strategy, Sarup and Sons, New Delhi
- → Sandhu, A.S. (1994) Extension Programme Planning, Oxford & IBH Publishing Co. Pvt. Ltd., New Delhi Singh, Amita (2002), Public Administration Roots and Wings, Galgotia Publishing Company, New Delhi

Computer Application for Social Sciences

Objectives:

The course will develop skills in students to use computer for data analysis in social science research.

Contents:

Sr.	Topic and Details		
No.			
1	Steps of research and role of computer		
	Unit-1 Overview of steps of research		
	Unit-2 Role of Internet in research		
	Unit-3 Importance of databases, search engines. metadata		
	Unit-3 Advantages and disadvantages of using computers for research		
2	Types of data		
	Unit-1 Quantitative - Qualitative		
	Unit-2 Interval / Ratio – nominal/ordinal		
	Unit-3 Generating different types of data		
3	Data analysis stages:		
	Unit-1 Data coding		
	Unit-2 Data entry		
	Unit-3 Data cleaning		
	Unit-4 Data analysis		
	Unit-5 Interpretation		
4	Computer packages for data analysis		
	Unit-1 Statistical Package for Social Sciences		
	Unit-2 Applications using SPSS: Summarize, describe or		
	present data, methods of distribution of data,		
	analytical processing, comparative analysis,		
	relational analysis and factor analysis		
	Unit-3 Data presentation		

- Argyrous G (1997) Statistics for Social Research, McMillan, London.
- Rosentahl R (1992) Meta analytic procedures for social research, Sage, Newbury Park.
- Flick Uwe (2007) Sage qualitative research kit, Sage, LA.
- Chakrvorti S R & N Giri (1997) Basic Statistics, South Asian Publishers, New Delhi.
- Das M N (1996) Statistical methods and concepts, New age international, New Delhi.

Visual Communication

Objectives:

The course will enable the students to:

- Understand importance of visual communication and its diverse applications.
- Design visual communication applications

Contents:

Sr.No.	Topic & Details
1	Concept of Visual design
	Unit-1 Point, line, plane, texture, rhythm, contrast, perspective and space,
	balance, light and colour, volume
	Unit-2 Typography and readability
	Unit-3 Packaging, layout, look/feel etc.
	Unit-4 Ways of seeing, ethics and aesthetics, form-content and meaning
2	Principles of design
	Unit-1 Balance and harmony, patterns, object placement, contrast, repetition,
	rhythm, proportion, scale and proportion, composition, movement, shape
	Unit-2 Structural and decorative designs
	Unit-3 Graphics: Principles of 2Dgraphic design
3	Unit-1 Applications of visual designs: letterhead, logos, posters, visiting cards,
	calendars, photography, scenic design, art design, mass media
	Unit-2 Design as object, communication, environment, identity, system, context
4	Computers in image making, manipulating and modifications and creative
	expression
	Unit-1 PowerPoint presentations for specified groups and clients
	Unit-2 Creating visual design applications and their display

- Giesecke, Frederick E: Modern graphics communication. 2nd ed. New Jersey: Prentice Hall, c2001.
- Zettl, Herbert: Television production handbook. 8th ed. Belmont: Thomxon Wadsworth, c2003.
- Cross, Nigel: Developments in Design methodology, John Wiley & Sons, New York.
- Danger E P: Selecting colour for print, Gower technical press, USA, 1987.
- Zettl H: Sight, Sound, Motion, Applied media ashthetics, Wadsworth, CA, 1999.
- Dheer Sudarsha (ed) The world of symbols/logos and trademarks- India, Mapin, Ahmedabad, 1991.
- Heskett John, Design- A very short introduction, Oxford, New York, 2003.

Community Development II

Objectives:

The course will enable the students to:

- Apply theoretical knowledge in practical situations.
- · Gain a hands-on experience of working in the field.

Community development work will be carried out in non-government or government organisations working for the uplift women, children or other groups. The students have to undertake activities assigned by the organisations and/or initiate activities on their own. At the end of the semester students will submit a report of the work carried out by them.

Research and Statistical Application

Objectives:

This course will enable students to:

- 1. Discriminate between parametric and non-parametric tests
- 2. Learn to apply statistical tests for data analysis for both large and small samples
- 3. Know how to interpret the results of statistical analysis of data
- 4. Be able to summarize data and present it using tables and graphs
- 5. Develop skills for preparation of research proposals
- 6. Understand the components of a research report

Contents:

Module No	Topics
1	Introduction to Statistics
	Definition, conceptual understanding of statistical measures, popular concepts and misuse of statistics
	Normal Distribution and its Properties
	a. Normal distribution

- b. Binomial distribution
- c. Probability, use of normal probability tables, area under normal distribution curve
- d. Parametric and non-parametric tests

Data Management

Planning for data analysis – coding of responses, preparation of code book

Coding of data

Use of statistical programs

- MS Excel
- SPSS

2 Data Analysis

- a. Quantitative analysis, descriptive statistics, inferential statistics : Uses and limitations, Summation sign and its properties
- b. Proportions, percentages, ratios
- c. Measures of central tendency-mean, median, mode-arithmetic mean and its uses, mid range, geometric mean, weighted mean
- d. Measures of dispersion /variability- range, variance, standard deviation, standard error, coefficient of variation, Kurtosis, skewness

Grouped data-frequency distribution, histogram, frequency polygons, percentiles, quartiles, tertiles, ogive

- e. Large and Small Sample tests and interpretation
 - -. Z-test for single proportions and difference between proportions
 - -. Large sample test for single mean and difference between means
 - -. Small sample tests- 't'-test, paired 't'-test, 'F' Test

3 Chi square test and its interpretation

- a. General features, goodness of fit
- b. Independence of Attributes

Correlation and Regression and its interpretation

- a. Basic concepts
- b Linear regression and correlation coefficient

Regression and prediction

c. Rank correlation, Product-moment method

Analysis of Variance and its interpretation

- a. One-factor analysis of variance
- b. Two-factor analysis of variance

Design of Experiments

- a. Completely randomized design
- b. Randomized block design
- c. Latin square design
- d. Factorial design

4 Presentation of Data

- a. Tabulation and Organization of data- frequency distributions, cumulative frequency distribution, contingency tables
- b. Graphical presentation of data- histogram, frequency polygon, ogive, stem and leaf plot, box and whiskers plot,

Graphs for nominal and ordinal data- pie diagram, bar graphs of different types, graphs for relation between two variables, line diagram.

Use of illustrations

Cautions in visual display of data

The Research Report

Basic components of a research report- prefatory material, introduction and Review of Related Literature, Methodology, Results, Discussion, Conclusion, Summary, Abstract, Bibliography and Appendices

Students to design a research study on a topic-

- specify type of research
- sample selection
- protocol/operationalization
- tools
- tests for statistical analysis

Preparation of a Research Proposal

References:

Research Methods

- 1. Bell, J. (1997): Doing Your Research Project: A Guide for First-time Researchers in Education and Social Science, Viva Books, New Delhi
- 2. Bell, J. (1997): How to Complete Your Research Project Successfully: A Guide for First-time Researchers, UBSPD, New Delhi.
- 3. Bulmer, M.C. (1984): Sociological Research Methods: An Introduction, Macmillan, Hong Kong.
- 4. Festinger, L. and Katz, D. (ed.) (1977): Research Methods in the Behavioral Sciences, Amerind Publishing, New Delhi.
- 5. Holloway, I. (1997): Basic Concepts of Qualitative Research, Blackwell Science, London.
- 6. Jain, G. (1998): Research Methodology: Methods and Techniques, Mangal Deep, Jaipur.
- 7. Kothari, C.R. (2000): Research Methodology: Methods and Techniques, Wishwa Prakashan, New Delhi.
- 8. Kumar, A. (1997): Social Research Method (The Art of Scientific Investigation), Anmol Publication, New Delhi.
- 9. Kumar, A. (2002): Research Methodology in Social Sciences, Sarup and Sons, New Delhi.
- 10. McBurney, D.H. (2001): Research Methodology, Thomson-Wadsworth, Australia.
- 11. Pande, G.C. (1999): Research Methodology in Social Sciences, Anmol Publication, New Delhi.

Statistics

- 1. Gupta, S. (2001) "Research Methodology and Statistical Techniques", Deep and Deep, New Delhi.
- 2. Hooda, R.P. (2003) "Statistics for Business and Economics", 3rd ed., Macmillan India Ltd., Delhi,.
- 3. Dey, B.R. (2005) "Textbook of Managerial Statistics", Macmillan India Ltd., Delhi,
- 4. Fleming, M.C. & Nellis, Joseph G. (1997) "The Essence of Statistics for Business", Prentice-Hall of India, New Delhi,

- 5. Sarma, K.V.S. (2001) "Statistics made Simple: Do it yourself on PC", Prentice-Hall, New Delhi.
- 6. Chakravorti I, S.R. & Giri, N. (1997) "Basic Statistics", South Asian Pub., New Delhi,
- 7. Das, M.N. (1989) "Statistical Methods and Concepts", New Age, New Delhi,
- 8. Elhance, D.N. (2000) "Fundamentals of Statistics [containing more than 750 solved and 1250 problems for review exercise]", Kitab Mahal, Allahabad,
- 9. Goon, A. & Gupta, M. & Dasgupta, B. (2001) "Fundamentals of Statistics", Vol.I & II, The World Press, Calcutta,
- 10. Gupta, S.P. (1996) "Practical Statistics", 37th ed., S. Chand, New Delhi,.
- 11. Gupta, S.C. (2000) "Fundamentals of Statistics", Himalaya Pub., Mumbai
- 12. Gupta, S.P. (2000) "Statistical Methods", Sultan Chand & Sons, New Delhi,
- 13. Nagar, A.L. & Das, R.K. (1997) "Basic Statistics", 2nd ed., OUP, Delhi,
- Shenoy, G.V. & Pant, M. (2006) "Statistical Methods in Business and Social Sciences", Macmillan India Ltd., Delhi, Atlantic Pub., New Delhi,
- 15. Spiegel L, Murray R. (1998) "Schaum's Outline of Theory and Problems of Statistics", 3rd ed., Tata McGraw-Hill Pub., New Delhi,
- 16. Triola, M F. (1998) "Elementary Statistics", 7th ed., Addison Wesley Longman, America,
- 17. Richard A. (1992) "Applied Multivariate Statistical Analysis", Prentice-Hall, New Delhi,

MANAGEMENT OF HUMAN SERVICE ORGANISATIONS

Objectives:

The course will enable the students to:

- Understand the concept and need of human service
- Understand the principles of management of human service organizations
- Get acquainted with organizations for human service

Contents:

Sr. No.	Topics & Details
1	Concept of service organisations
	Unit-1 Need and nature of service organizations in India
	Unit-2 Philosophy and significance in a developing nation
	Unit-3 Special Groups: Women, children, youth and groups with special needs.
	Unit-4 Organisational structure
2	Management of service organisations
	Unit-1 Types and Nature of service organisations
	Unit-2 Planning, implementation, administration, monitoring and evaluation of
	organisational activities
	Unit-3 Challenging and managing human service organisations
3	Organizations and programmes for the service of various groups
	Unit-1 Women: National Commission for Women, SEWA, Mahila Samakhya, Central
	Social Welfare Board, Bhartiya Gramin Mahila Sangh etc.
	Unit-2 Children: Indian Council of Child Welfare, National Institute for Public
	Co-operation and Child Development, Planned Parenthood Federation etc.
	Unit-3 Government and Non-government organistions working for the service of
	Youth: Nehru Yuvak Kendra, YMCA, YWCA, YUVA etc.

Unit-4 Groups with special needs: Physically and mentally handicapped, aged,
destitute, orphans, street children etc. like National Association for Blind,
Spastic Society, Help-age India, SOS villages, Dignity Foundation etc.

Communication & Documentation
- Communication within organization. Record keeping
- Communication outside organization
- Proposal writing for grants
- Reporting & Documentation

Ref

- 1. Chaudhary, D. Paul (1993) Hand Book of Social Welfare, Atma Ram & Sons, New Delhi
- 2. Devi Rameshwari and Ravi Prakash (1998) Social Work and Social Welfare administration, Mangal Deep Publications, Jaipur
- 3. Krishna Raj and Mathreyi, C. (1988) Women and Development, The Indian Experience.
- 4. Goel, S.L. & Jain, R.K., Social Welfare Administration, Vol. 1-2, Deep & Deep Publications, New Delhi.
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- 6. Dubey, S & R Murdia (1983) Organizational design & management method for HSO, Himalaya Publication Mumabai
- 7. Harris & Maloney (ed). (1996) Human services: Contemporary issue and trends, Allyn and Becon, Boston.
- 8. UNDP (2003) Successful governance initiatives and best practices, experiences from Indian states.

Sustainable Development

Objectives:

The course will enable the students to:

- understand the concept of sustainable development
- get aquainted with community resources and their appropriate utilization for sustainable development
- understand inter-linkage of people's participation and sustainable development

Contents:

Sr. No.	TOPICS & DETAILS
(Block)	
1	Environment & Resources
_	Unit-1 Atmosphere, hydrosphere, lithosphere, biosphere
	and soil.
	Unit-2 The concept of ecosystem. Abiotic and biotic components of an ecosystem and their interaction. Producers, consumers and decomposers. Self sustainability of natural ecosystems.
	Unit-3 Non-renewable and renewable natural resources
	and their exploitation. Soil, water, mineral, energy,
	genetic resources, forest wealth. Unit-4 Biodiversity
	Unit-5 Resource utilisation and waste generation
	Unit-6 Air, water, land / soil pollution
_	Unit-7 Local and global environment impact.
2	Sustainable development
	Unit-1 Sustainability – Meaning, concept and implications for development
	- dimensions of sustainable development
	- social, spiritual, economic, educational. Linkage
	between environment & sustinable development
	Unit-2 Lack of sustainability due to over exploitation and

	non judicious use of resources
Unit-3	Socio-economic indicators and evaluation of projects for environmental sustainability.
minim	aches for resource conservation and waste isation/
Unit-1	Environmentally sound technologies and their
i	mpact on sustainable management of resources
Unit-2	Appropriate technologies for management of water, fuel and energy resources
Unit-3	Proper management of forests for fuel fodder and
Unit-4	other products Sharing of community resources for sustainable
	development, people's participation
Unit-5	Institutional inputs(community organisations,
	groups, networks) and their interdependency
Enviro	onmental legislation in India :
	Challenges & bottlenecks in the process of
	sustainable development
Unit-2	Some important laws for environmental protection
	ISO frame work, Regulatory bodies, eco-labelling
	of environment friendly products.
Unit-4	Role of government and non-government
	organisations in resource conservation and
	environment protection programmes.
	Approminim utilisa Unit-1 Unit-2 Unit-3 Unit-4 Unit-5 Enviro Unit-1 Unit-2 Unit-3

Practical

- A study of ongoing projects on -Conservation of natural resources
 -Preservation of bio diversity -Utilisation of non-conventional energy resources
 - -Disposal and utilisation of waste
 - -Organic farming, etc.

- → Dommen, E. (ed.) (1993) Fair Principles for Sustainable Development, Edward Elgar Publishing Ltd., USA.
- ightarrow Heap, B & J.,Kent, (ed.) (2000) Towards Sustainable Consumption, The Royal Society, London
- → Kenny, M. & J. Medowcraft, (ed.) (1999), Planning Sustainability, Routledge, London
- ightarrow World Resource Institute (1992) World Resources World Resources Institute, Oxford, UK
- → Raj, Madhu (2001) Emerging Trends in Environmental Pollution, Ivy Publishing House, New Delhi
- → Mittal, K.M. (1997) Non Conventional Energy Sources, Principles, Progress and Prospects, A.H. Wheeler and Co. Ltd., New Delhi.

SCIENTIFIC WRITING

Objectives

The course will enable students to

- 1. appreciate and understand importance of scientific writing.
- 2. develop competence in writing and abstracting skills.
- 3. to write research reports, dissertation, thesis.

Contents:

Sr. NO.	Topics & Details
1	Scientific writing as a means of communication
	Unit 1 Distinguishing scientific writing from popular and literary writing styles
	Unit 2 Different forms of scientific writing.
	Articles in journals, research notes and reports, review articles,
	monographs, dissertations, bibliographies.
2	Characteristics and principles of scientific writing
	Unit 1 Use of citations, quotations, avoiding plagiarism
	Unit 2 Formulating outlines as a plan of writing
	Unit 3 Sectioning a report/document, use of headings, subheadings
	Unit 4 Reference lists/bibliography
	Unit 5 Ensuring readability and sustaining interest by avoiding ambiguity,
	redundancy, superfluity, parsimony, aragonites

3	The writing process
	Unit 1 Getting started
	Unit 2 Use outline as a starting device
	Unit 3 Drafting
	Unit 4 Reflecting, Re-reading
	* checking organization
	* Checking heading
	* Checking content
	* Checking clarity
	* Checking grammar
	Unit 5 Brevity and precision in writing
	Unit 6 Drafting and Re-drafting based on critical evaluation
4	Writing of Dissertation / Research report / Article
	Unit 1 Introduction
	Unit 2 Review of Literature
	Unit 3 Methodology
	Unit 4 Results and Discussion
	Unit 5 Tables as systematic means of presenting data in rows and columns and
	lucid ways of indicating relationships and results.
	Unit 6 Formatting Tables: Title, Body stab, Stab Column, Column Head, Spanner
	Head, Box Head
	Unit 7 Appendices: use and guidelines

Ref

- 1. APA (1984): Publication Manual of American Psychological Association (3rd Edition), Washington: APA.
- 2. Cooper, H.M. (1990): Integrating Research: A Guide for Literature Reviews (2nd Edition). California: Sage.
- 3. Dunn, F.V. & others. (Ed.) (1994): Disseminating Research: Changing Practice. NY: Sage.
- 4. Harman, E & Montagnes, I. (Eds.) (1997): The Thesis and the Book. New Delhi: Vistaar.
- 5. Locke, L.F. and others (1987): Proposals that work: A Guide for Planning Dissertations & Grant proposals (2nd Ed.). Beverly Hills: Sage.

- 6. Mullins, C.J. (1977): A Guide to Writing and Publishing in Social and Behavioral Sciences. New York: John Wiley & Sons.
- 7. Richardson, L. (1990): Writing Strategies. Reaching Diverse Audience. California Sage.
- 8. Sternberg, R.J. (1991): The Psychologist's Companion: A Guide to Scientific Writing for Students & Researchers. Cambridge: CUP.
- 9. Thyer, B.A. (1994): Successful Publishing in Scholarly Journals. California: Sage.
- 10. Wolcott, H.F. (1990): Writing up Qualitative Research. Newbury Park: Sage.

Elective

Gender & Development

Objectives:

The course will enable the students to:

- understand the concept of gender, empowerment and development
- become aware of gender inequality
- understand the importance of gender in development planning and implementation

Contents:

Theory

Sr. No.	Topic and Details
1	Concepts Unit-1 Understanding sex, gender, development
	Unit-2 Division of Labour, gender roles, gender justice, equality, equity
	Unit-3 Concepts of WAD-WID-GAD-GID, gender analysis matrix, shift from
	welfare to development and empowerment

	Unit-4 Men-women-third gender			
_				
2	Status of women in society			
	Unit-1 Status – meaning			
	Unit-2 Situation analysis with regard to demographic, education,			
	employment, political and health (general, occupational and			
	reproductive)			
	Unit-3 Theories of feminism and gender inequality			
3	Gender Planning			
	Unit-1 Gender planning, execution and assessment in development			
	projects, programmes and institutions			
	Unit-2 National policy for empowerment of women: policy perspective,			
	mainstreaming gender perspective in the development process.			
4	Policies, programmes and agencies for women's development			
	Unit-1 Economic empowerment: poverty eradication, micro-credits, self-			
	help groups, women in agriculture, women in industry and support			
	services.			
	Unit-2 Social empowerment: education, health, nutrition, drinking water			
	and sanitation, housing and shelter, environment			
	Unit-3 Legal empowerment: legal literacy on personal and family laws, role			
	of family court and legal aid centres.			
	Unit-4 Political empowerment: role of panchayati raj in the political empowerment of women.			
	Unit-5 Government, non-government and autonomous organisations for Women			

Evaluation:

- Presentation or review based project covering module-4.
- Participation in in-class processes towards gender sensitisation.

- → Agosin, M (2003) Women, Gender and Human Rights, Rawat Publications, New Delhi
- → GOI (2000) National Perspective Plan for Women 1988-2000, Dept. of Woman and Child Development, Ministry of Human Resource Development, Government of India, New Delhi.
- → Government of India (2002) Towards Equality, Towards unfunushed Agenda- Status of Women in India, 2001, National Commission for Women, New Delhi.
- → Jha, U.S., A. Mehta and L. Menon (Ed.) (1998) Status of Women in India Crisis and Conflict in Gender Issues Vol. I, II, III. Kanishka Publishers and Distributors, New Delhi
- → Lindsey, L (1990) Gender Roles, A Sociological Perspective, Prentice Hall India Pvt. Ltd. New Delhi.
- → Majumdar, Maya (2001) Protecting Our Women: Imperative of Empowerment : The Political Response Vol. I, II, III, Dominent Publisher and Distributors, New Delhi
- ightarrow Neft, N. & A. Levine (1997) Where Women Stand, Random House, New York

- → Nuket, Kardam (1991) Bringing Women In: Women's Issues in International Development Programme, Lynne Rienner Publishers, UK
 → Polity Press (2002) The Polity Reader in Gender Studies, Polity Press, UK
 → Wearing, Betsy (1996) Gender: The Pain and Pleasure of Difference, Addison Wesley Longman, Australia

Elective

Communication for Development

Objectives:

The course will enable the students to:

- understand the concepts of communication
- get acquainted with the trends in extension communication approaches and models

Contents:

No	Topic and Details		
1	Concepts Unit-1 Definition, functions, elements and types of Communication Interpersonal,		
	group and mass, functions, significance and characteristics		
	Unit-2	Issues: Communication fidelity, gap, types of barriers noise, time lag in	
		communication, empathy, homophily –heterophily,	
	Unit-3	Models of communication: Herald Laswell, Berlo, Wilbur Schramm, Shenon-Weaver, Rogers and Shoemaker, Westly and Macleans	
2	11	Communication methods	
	Unit-1	Interpersonal methods – farm & home visits, farmers' call, farm clinic, etc.	
	Unit-2	Group methods – demonstration, group meetings, field day/ farmers' day,	
		video, slides, traditional/folk methods.	
	Unit-3	Mass methods – mass meetings, publications, campaign, exhibition, newspaper, radio, T.V., film, etc.	
	Unit-4	Computers, Multimedia, Tele-conferencing, satellite broadcasting, Internet,	
		etc.	
	Unit-5	Issues related to technology: Reach, coverage, appropriateness,	
	relevance, access, context, etc.		
	Unit-6	Social, economic, political, cultural factors in creation/adoption of	
	communication technology		

3	Communication theories			
	Unit-1	Propaganda and publicity, gate-keeping		
	Unit-2 Bullet Theory, Individual Difference Theory, Social			
		Category Theory, One Step – Two Step and Multi Step Flow, etc.		
	Unit-3	Communication in innovation decision process: Adoption-Diffusion,		
		Process and steps, diffusion effect, consequences, adopter categories.		
	Unit-4	Theories of Mass Communication – Social responsibility, Developmental Media, Democratic Participant theories		
4				
	Unit-1	Agencies: Government, semi-government and non-		
		government, private and corporate agencies like ISRO,		
		Films Division, NFDC, DAVP, DD, IGNOU, etc.		
	Unit-2 Development communication, role, importance, approaches			
	Unit-3			
E l.	ıation:			

Evaluation:

- Presentation on any topic applying principles of group communication.
- Library assignment on agencies involved in extension and development communication.

- → Andal, N (1998) Communication Theory and Models, Himalaya Publishing House, Mumbai
- → Baran, S & Davis, D (2000) Mass Communication Theories, Wadsworth Thomson Learning, Belmont, CA USA
- → Gandhi V P (2007) Electronic Media Communication and Managemnt: Elements and Areas, Kanishka Publishers, New Delhi.
- → Kumar, Keval J. (2000) Mass Communication in India, Jaico Publishing House, Mumbai.
- → Maan, G.S.(1987) The Story of Mass Communication, Harnam Publications, New Delhi
- → Mody, B (1992) Designing messages with audience participation, Sage, New Delhi.
- → Narula, U. (1994) Development communication, Haranand, New Delhi
- → Singhal and Rogers (2001) India's Communication Revolution: From Bullock Cart to Cyber Marts, Sahr, New Delhi.
- → Venkatesh S (2004) ICTs and economic development, authorpress, New Delhi.
- → Watson, J (1996) Media Communication, MacMillan Press Pvt. Ltd., London
- → West, R. & Turner, L (2000) Introducing Communication Theories, Mayfield Publishing Company USA

SEMESTER IV

GUIDANCE AND COUNSELING

Objectives:

This course will enable students to:

- 1. understand basic concepts and need of guidance and counseling
- 2. develop awareness of issues, concerns and challenges faced by the clients
- 3. understand the process of counseling through actual work with a variety of settings and situations
- 4. familiarize with different approaches and techniques of guidance and counseling

Contents:

Sr. No.	Topics and Details		
Block 1	Emergence and growth of guidance and counseling		
	Unit 1 Definition, need, importance and scope of guidance and counseling		
	Unit 2 Difference between guidance and counseling		
	Unit 3 Nature of problems and psychological disorders at stages of Human		
	Development		
	Unit 4 Problems issues and concerns of infancy, childhood, adolescent,		
	adulthood and old age		
Block 2	Educational, personal, vocational and career guidance		
	Unit 1 Guidance related to study skills, learning problems and difficulties		
	Unit 2 Education guidance		
	Unit 3 Vocational choices and decision making		
	Unit 4 Career guidance		
Block 3	Fundamentals of counseling and approaches		
	Unit 1 The process of counseling		
	Unit 2 Attitudes, skills and quality of counselor		
	Unit 3 Behavior and cognitive approach		
	Unit 4 Transactional Analysis, Rational Emotive therapy, Client Centered		
	therapy and Gestalt therapy		
	Unit 5 Integrated Eclectic Approach		
Block 4	Ethical and professional issues		
	Unit 1 The development of professional ethics		
	Unit 2 Ethical dilemmas and licensing		
	Unit 3 Ethical and Legal Issues in Guidance and Counseling		

- 1. Dave, I. (1991) "The Basic Essentials of Counseling", Sterling Publishers Pvt. Ltd.
- 2. Fuster, J.M. (1988) "Personal Counseling, Better Yourself Books".
- 3. Gelso, C. and Fretz, B. (1995) "Counseling Psychology", William James Centennial Series.
- 4. Madhukar, I. (2000) "Guidance and Counseling", Authors Press.

- 5. Rao, S.N. (1991) "Counseling and Guidance", Tata McGraw Hill Publishing Company Ltd., New Delhi.
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- 7. Shankar, L. (1993) "Guidance: Educational, Vocational, Personal and Social", Enkay Publisher Pvt. Ltd.
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Objectives:

This course will enable the students to:

- gain insight into the national nutritional and health problems and their implications and to develop skills in organizing and evaluating nutrition projects in the community.
- be familiar with the current national scenario with regard to nutrition and health status.
- be aware of the various nutrition and health policies and ongoing programmes
- be able to plan and implement health and nutrition interventions.

Sr. No. (Block)	Topic and Details
1	Concepts
	Unit 1 – Health, Health care, nutrition, their importance and relationship
	Unit 2 – Community health, concept of reproductive and occupational health.
	Nutrition, health and development indices
	Unit 3 – Relationship between health and development.
	Unit 4 – Health, Nutrition and developmental indices and indicators: health and related Indices, fertility indicators, vital statistics, mortality, morbidity, demographic indicators – sex ratios, Reproductive Health Index, Human Developmental Index, etc.
	Assessment of nutritional status.
	Unit 6 – Dietary assessment – Anthropometry, Clinical, Biochemical, Rapid Assessment Methodologies.
2	Community nutrition and health needs and problems.
	Unit 1 – Health problems related to sanitation, environment, personal hygiene, etc.
	Unit 2 – Communicable and non-communicable diseases
	Unit 3 – Occupational and reproductive health problems
	Unit 4 – Social Health Issues (Drugs/Tobacco/Alcohol)
	Unit 5 – Health and nutritional needs of special groups – women, children, adolescents, elderly, migrants, urban and rural poor.
	Food and nutrition security
	Unit 6 – Food production – Access, Distribution, Availability, Losses,

Consumptions, Food security.

Unit 7 – Socio-cultural aspects & dietary patterns – their implications for nutrition and health.

Health Economics and economics of malnutrition

Unit 8 – Its impact on production and national development, cost benefit.

3 Nutritional and health care services and programmes

Unit-1 Governmental, non-governmental and private services,

National and International Health Agencies

i.e., NIN, CFTRI, NNDIB, ICMR, FAO, WHO,

UNICEF, CARE, WORLD BANK, Central Health

Education Bureau etc.

Unit-2 National Nutrition and Health Programmes/Policies

Nutrition intervention programmes,: Objectives and

operation of nutrition intervention programmes in the

country- pre-school feeding programmes, SNP, ANP,

Mid day meal programme, ICDS, Prophylaxis

programmes. Nutrition policy

education

Health and Nutrition information, education, communication

Unit-3 Nutrition Education: Meaning, aims and importance of nutrition education. Advantages and limitations of Nutrition Education. Principles and general procedure of nutrition education. Methods of nutrition

4	Practical
	 Case study of organisations working in areas of nutrition and health Planning an IEC package for nutrition and health intervention for selected groups Planning, impletation and evaluation of nutrition education programmes (intervention) with community participation Assessment of nutritonal status of any one selected
	group of community.

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- ➤ International Institute for Population Sciences and ORC Macro (2000) National Family Health
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- ➤ Isobel (2007), Nutrition Education Linking Research Theory & Practice Jones & Barlett Publisher, U.S.A.
- Frank C. Gail (2008), Community Nutrition, Jones & Barlett publisher, U.S.A.
- ➤ Chander Vir Sheela (2011), Public Health Nutrition in Developing Countries, woodhead Publishing India Pvt. Ltd.
- > Susman, Stella, (2001) Nutrition in the Community, Safe Publications.
- Wurzbach Mary Ellen (2004), Community Health Education & Promotion, Jones & Barlett Publication, U.S.A.
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- ➤ Wadhwa, Arvind, Sushma Sharma (2003)., Nutrition in the Community., Elite Publishing House Pvt. Ltd., New Delhi

RECENT ADVANCES IN EXTENSION EDUCATION

Objectives:

This course will enable students to:

- 1. develop awareness and in-depth understanding of issues, concerns and challenges of their area of extension education.
- 2. familiarize and update their knowledge in the field of extension education.
- 3. learn to access library and sharpen their research and review skills.
- 4. enhance understanding about structuring, outlining, presentation of content.

Total Seminars in a semester: FOUR

Schedule for Seminars

Seminar	Topics	Time Frame
First	Book Review	Mid July
Second	Research Proposal of Dissertation	Mid August
Third	Review of Literature of dissertation	End October
Fourth	Dissertation seminar with Methodology and findings	Mid Feb

DISSERTATION

The student shall have to select the topic for dissertation by the end of second semester in consultation with the Head of the Department/Guide. The dissertation has to be completed and submitted at the end of fourth semester. Following schedule has to be maintained by the student while working on the dissertation.

Activity	Time Frame
Proposal for the study	July 15
Finalization of the proposal by the Department	July 30
First draft of Review of Literature	Oct 30
Finalisation of data collection tools	Nov 15
Completion of data collection	Dec 30
Finalization of chapters of introduction & Methodology	Jan 15
Finalization of Results and Discussion	Feb 28
Finalization of Summary and Conclusion	March 15
Approval of final draft of the dissertation	April 1
Submission of dissertation	One week before theory exam
Viva voce	By end of May

INTERNSHIP

Objectives:

Internship will enable the students to:

- 1. Apply knowledge gained during the programme to work situations.
- 2. gain an hands-on experience of working in the field through an organisational interface and become job ready.
- 3. understand organisaitonal, administrative and managerial aspects of extension work.

A student can do internship in any government, non government or corporate organization which is engaged in extension and /or research activities. She may undertake communication, research, training, capacity building, outreach and related tasks. The report of the internship along with the supervisor's evaluation will have to be submitted to the Head of the Department within fifteen days of completion of internship before the final theory examination.