

SNDT WOMEN'S UNIVERSITY, MUMBAI
 CRITERIA - III
 Index of Supporting Documents

METRIC No.3.6.1	Extension activities in the neighbourhood community in terms of impact and sensitising students to social issues and holistic development during the year	
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Extension activities in the neighbourhood community in terms of impact and sensitising students to social issues and holistic development during the last five years

- Department of Social Work has continuously been working with the less privileged over the years. Beneficiaries of their outreach project include ragpickers, remote village populations which are adopted by the institution for public works, as well as areas of female literacy, and inclusion of groups such as CSWs, LGBTQIA+ among others.
- The Department of Psychology raises important issues such as Social stigma of Mental illness, Psychological well-being of young people on campuses and Addiction prevention, and a USP has been involvement of the Masters' students in International projects by the Department focusing on all these important areas.
- Both Undergraduate as well as Postgraduate programs in Food Science and Nutrition serve to create great awareness about immunity, clean and healthy diets, and balanced eating. All the three above Departments joined hands in the pandemic to create, in collaboration with the Maharashtra University of Health Sciences, a unique online course called Jeevan Rakshak, directed at frontline workers and focusing on their medical safety, physical and mental health.
- Students at SNDT Women's University are regularly involved in environmentally sensitive activities such as beach cleaning, using solar power on campuses, green environmental drives, preventing wastage of resources such as water, paper, electricity.
- SNDTWU recognizes the need for support during challenging times of Lock Down. Faculty of Psychology, SNDT Women's University brings to the students of SNDTWU tele-counselling as per the Schedule.

<https://sndt.ac.in/index.php/covid-19/samwaad-tele-counselling-psy-dept-sndtwu>

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