

SNDT Women's University



INTERNSHIP MANUAL

Guidelines and Procedures for the Internship Programme

Department of Food Science and Nutrition

SNDT Women's University

Sir Vithaldas Vidyavihar

Juhu Road

Santacruz (W)

Mumbai 400 049

SNDT Women's University

TABLE OF CONTENTS

Sr. No	Section	Page No
1	About the University	
2	About the Department	
3	Use of the Manual	
4	<p><i>Section I: THE INTERNSHIP PROGRAMME</i></p> <p>What is internship? Who are the Stakeholders? Goals, Objectives and Purpose Benefits and Advantages of Internship</p>	
	<p><i>Section II: INITIATING THE INTERNSHIP PROCESS:</i></p> <p>Planning and Selecting the Agency/Organization Selecting the Agency/Organization Preparing for Internship Objectives of Internship and Experience(s) desired/required by students from internship Preparing the resume and application Preparing for the interview(s) Identification of Agencies /Organizations and Criteria for Approving, Selecting the Agency/Organization Confirming placement for internship Orientation of Students, Agencies/Organization and Supervisors Relationship between the Stakeholders – the Intern, the Agency/Organization and the Department</p>	
	<p><i>Section III: INTERNSHIP PROGRAMME: Ongoing Internship Responsibilities</i></p> <p>Role of Head of Department Role of Faculty Advisor Role of Supervisor Responsibilities/Duties of the Intern</p> <p>Supervision, Reporting and Documentation Supervisory visits by Faculty Advisor - Periodic report, activity log and time log</p>	

	<p>- Weekly report:</p> <p style="padding-left: 40px;">By intern</p> <p style="padding-left: 40px;">By Faculty Advisor</p> <p>Report upon Completion of Internship</p> <p style="padding-left: 40px;">By intern: Documenting Internship Experience</p> <p style="padding-left: 40px;">By Faculty Advisor- evaluation</p> <p style="padding-left: 40px;">By Supervisor/Supervisor-evaluation and feedback</p>	
	Annexures	

About the University

Shreemati Damodar Nathibai Thackersey (S.N.D.T.) Women's University was started by Maharshi Karve in 1916. The University is the first Women's University in India and in SouthAsia.

Today the University offers various programmes at its three campuses, through 43 University Departments more than 200 affiliated colleges. The main campus and the administrative offices are located at New Marine Lines, Mumbai and the branch campuses are located at Sir Vithaldas Vidyavihar, Juhu, Santacruz(W), Mumbai and Karve Vidyavihar at Pune.

The motto of the University is :

Sanskrita Stree Parashakti

“An Enlightened Women is a Source of Infinite Strength”.

Mission and Goals of SNTD Women's University

Mission

SNTD Women's University is committed to the cause of women's empowerment through access to education particularly higher education, through relevant courses in the formal and non-formal streams. Further, SNTD is committed to provide a wide range of professional and vocational courses for women to meet the changing socio-economic needs, with human values and purposeful social responsibility and to achieve excellence with “Quality in Every Activity”

Goals

- To provide for women an access to higher education through formal and non-formal streams including adult and continuing education,
- To provide for women a wide range of professional and vocational courses to meet the socio-economic demands,
- To develop scholarship and research in emerging areas of study particularly with focus on women's perspectives,
- To inculcate among women positive self concept, awareness of women's issues and rights with a rational outlook towards society,
- To enhance purposeful education with “human values’ and “social responsibility by participating in outreach programmes

- To achieve excellence in academic disciplines, research and extension activities through emphasis on “Quality in Every Activity”.

About the Department

The Department of Food Science and Nutrition aims to impart quality education for developing skilled professionals in the field of Food Science and Nutrition with a focus on Public Nutrition, Clinical Nutrition, Medical Nutrition Management, Food Science, Food Processing, Food Safety and Quality, Food Product Development, Functional Foods, Nutraceuticals and Nutrition and Dietetics in Ayurveda, Sports Science and Nutrition, Exercise and Fitness among others.

Our Mission

To participate actively in the process of national development for ensuring good quality of life of the citizens through development of trained and skilled professionals in the areas of Nutrition, Health and Wellness, Medical Nutrition Management, Food Science, Food Processing, Food Safety and quality Control, Food Product Development and serve as a nodal resource centre for higher education, research, training and extension.

Our Goals

- ✓ To train and develop professionals for career development in the areas of Human Nutrition, Food Science, Food Processing, Food Quality and Safety, Food Hygiene and Sanitation, Medical Nutrition Management, Entrepreneurship.
- ✓ To serve as a resource centre in the thrust areas with emphasis on Public Nutrition, Health And Nutrition Of Women, Children & Elderly, Food Quality, Product Development, Functional Food Ingredients, Traditional Medicinal Foods/ Herbs, Clinical Nutrition.
- ✓ To serve as a nodal institution for training , capacity building and consultancy in the thrust areas, to disseminate and extend knowledge to schools, academic institutions of higher education, industries, voluntary/ government/ bilateral organizations including programme planners, administrators and various target groups in community.
- ✓ To undertaken research in the thrust areas and publish research papers, manuals, monographs, books, etc and to work for documentation and development of databases for relevant topics.

Academic Programmes

The academic programmes are aimed at preparing students to fulfil multifarious roles required of a Nutritionist /Medical Nutrition Therapist/Food Scientist/ Entrepreneur/ Researcher in the various professional arenas. The programmes focus on Advances in Nutritional Science, Food Science, Food Safety and Quality Control, Food Processing, Product Development, Clinical Nutrition, Public Nutrition and related areas such as Fitness, Communication and Entrepreneurship.

The programmes prepare the students through theory, practical work, and internship to understand, integrate and apply the knowledge gained in different settings. Experts/professionals from relevant fields are involved in teaching the various courses in addition to the permanent faculty. There is emphasis on independent study, seminar, practicals, project work and extension work. Field and exposure visits are also organized for students. In all academic programmes, research is an important component with a view to develop research skills, students are required to undertake independent or joint projects. Students are trained for seminars, oral presentations and scientific writing. Weekly seminars and discussions are a regular feature of the programmes. The Department regularly organizes seminars, workshops, lectures and value-added courses for capacity building. Students are encouraged to participate in activities organized by professional organizations and present as well publish their research findings.

Programmes Offered

1. PhD in Food Science and Nutrition
2. MSc Food Science and Nutrition
3. MSc in Clinical Nutrition and Dietetics
4. Postgraduate Diploma in Dietetics
5. Postgraduate Diploma in Sports Science Fitness and Nutrition
6. Postgraduate Diploma in Nutrition Food Processing and Technology
7. Certificate Course in Diabetes Education

Use of the Manual

This manual provides guidelines to those individuals who are involved in the internship course offered as part of the degree programmes conducted by this Department. The manual is useful to the student/intern, supervisor/supervisor from the agency/industry as well as to the department faculty.

1. Student: The manual informs the student about:
 - the step by step procedure /activities to be undertaken before the commencement of internship.
 - what is expected from the intern during internship.
 - the role and responsibilities of the intern
 - details of the activities to be done after the completion of internship.

It also provides guidelines for preparation of the final internship report.

2. Agency and Supervisor/Supervisor: The manual provides the supervisor/supervisor information so that she/he can plan a fruitful internship programme for the student(s) as per the course requirements, and supervise as well as evaluate the intern.
 - Gives information about the objectives of academic programme under which the intern has registered.
 - Informs about weightage given to the internship in the programme and the objectives of the internship.
 - Informs about the role of supervisor.
 - Provides guidelines for evaluation.
3. Faculty Advisor: The manual gives detailed information to the Faculty Advisors about the various stages of internship from pre-preparation by the student until evaluation of the internship.

Proforma to be filled by the student, Supervisor and the Faculty Advisor are given in Annexures (pages 27-54)

Section I: THE INTERNSHIP PROGRAMME

Introduction

- ➔ What is internship?
- ➔ Who are the Stakeholders?
- ➔ Goals, Objectives and Purpose
- ➔ Benefits and Advantages of Internship
 - To students
 - To Agency/Organization
 - To Department and University
 - Societal/Community Benefits

Introduction

As part of the degree programme, Master's students are required to undergo internship in Semester IV. A total of 8 credits are allocated for internship. Successful completion of internship is mandatory for every student to obtain the M.Sc degree in their chosen specializations.

Internship can take place in various agencies/organizations/industries such as corporations, banks, hospitals, hospitality industry, research and academic institutions, marketing firms, human service agencies, voluntary agencies, government departments, gymnasiums, fitness and health clubs, speciality clinics etc. Some students may receive remuneration whereas others may not and some others may have to pay for the internship.

Many students may be undergoing internship for the first time and will be venturing outside the University environment. In the agency/organization or industry, students will be expected to work like the other professionals who are employed in the agency. It is important to remember that in some cases, the rules and regulations of the agency where the student is placed are not fully spelt out at the beginning of the internship period. Also rules and regulations differ from one institution/organization to another. Hence, it is important that the student familiarizes herself with the policies, rules and regulations of the agency/organization where she is placed.

Internship is a professional commitment made by the student. The key elements of this commitment are having good work habits, being receptive to supervision and completing assigned work on time.

What is Internship?

Internship is a course that is part of both the Master's degree and Postgraduate Diploma programmes offered by this Department. It is a planned, structure, supportive, monitored and evaluated programme that aims to provide work/service experience. Students engage in learning through relevant experiences at different agencies or organizations, through observation and practice. This experience is the students' off-campus course undertaken towards the end of their academic programme.

It is an intentional learning experience with well-defined goals that facilitates cross-disciplinary learning, development of new skills, integrating knowledge obtained through 'in-class' teaching with a hands-on approach and becoming familiar with "professional practices" and the "world of work". It balances the interns' learning goals with the specific work the agency/organization is interested in. It is a transformative process targeted towards the students' career/future plans, allowing them to assume a responsible role in an agency/organization, develop an understanding of the duties and responsibilities that will enable them to analyze and reflect on what they are gaining throughout the experience. It will also help them to develop meaningful plans for the future. Internship typically involves setting learning objectives, observation, practice, reflection, assessment and evaluation.

Each student will work in an environment that provides professional experience related to her field of interest and study. The student will be jointly supervised by an external non-departmental member (professional referred to as Supervisor/Supervisor) and a Faculty member of the Department.

This cumulative experience when planned well and implemented well can promote academic, career and personal development. Every student would do well to remember that she is a representative, in fact an ambassador of this Department and University. How she performs and behaves in the agency/organization where she is placed will affect the future of other students of this University who may want to do their internship at a later date as well as the reputation of the University, besides affecting her own evaluation and career prospects.

The internship is an 8-credit course. It requires the student to complete 240 clock hours within the internship organization. This is calculated on the basis of 30 hours per credit. The number of work hours per week can be 40 hours and the number of working days will be 30. If the total work hours per week of the agency/organization are less than 40, the number of working days will be accordingly more. However, the minimum number of work hours on site should be 30 hours per week.

The student is required to work under the supervision of a supervisor within the organisation (henceforth referred to as Supervisor). She is expected to observe the work week and hours of the agency/organization. The general rules and regulations that the agency/organization applies to its regular staff, will have to be adhered to by the intern.

The student is expected to develop at least five measurable and realistic learning objectives that she would like to and strive to achieve during her internship. These objectives should be finalized in consultation with Faculty Advisor and the Supervisor, and signed by all three stakeholders.

The student is required to develop a work plan that will help accomplish the objectives identified for her internship experience and help her to practice and develop competencies and ultimately help her in her chosen career path(Annexure 1). She is required to complete tasks and assignments, projects given by the Supervisor/Supervisor as well as reports and presentations regarding the internship experience and issues related to professional development.

She may be required to attend seminars/conferences/meetings during the internship upon approval by the Supervisor and the Faculty Advisor.

She is required to submit to the Faculty Advisor a summary of the week's experience and the weekly log of hours worked (Annexure 2).

At the culmination of the internship, the intern will submit a written report of her experience. She should not only describe the work done but also write how it has contributed towards her professional development and career goals. The report should be read and certified by the Supervisor. Guidelines for preparation of the internship report are given in Annexure 3a .The student should also submit her evaluation of the internship (Annexure 3b).

.

Stakeholders: There are mainly three stakeholders – the Intern, the Department and the Agency/Organization.

Intern

An intern is a student who has completed almost all the required departmental courses prescribed in the structure for the degree/postgraduate diploma programme in which she has enrolled and is undergoing supervised, experiential learning/training in a selected agency/organization.

Agency/Organization

The agency/organization can be an industry/. a research institution / a hospital / a specialized clinic/ a voluntary organization/ a government department/a university or a health centre/fitness centre/gymnasium etc, where the student is planning to undergo internship. This agency/organization has been approved by the Department as being appropriate for providing the necessary or desired learning experiences.

Faculty Advisor

The Faculty Advisor is the faculty member/teacher who is responsible for managing i.e. planning the internship with the student, preparing the student, orienting the

agency/organization, coordinating and liaising with the supervisor /supervisor, and monitoring and evaluating the internship experience of the student.

Supervisor

This is an expert or experienced person from the selected agency/organization/industry to whom the intern will be assigned and will report to. The supervisor will be responsible for supervising, advising and guiding the intern to develop a feasible work plan and schedule that the intern will follow during the internship. In order to help the intern develop professional skills, the supervisor may be required to perform different roles such as teacher, counsellor and consultant. **The supervisor should not be a relative or friend of the student or her family in order to avoid any conflict of interest.**

Goals, Objectives and Purpose of Internship

Goals :

1. To provide students with an environment that facilitates increasing knowledge, enhancing skills/ competencies and
2. To enable students to identify their strengths, identify those skills that need improvement and upgrade them in line with their career goals.
3. To enable students to strengthen their commitment towards becoming responsible well-trained professionals with a code of ethics.

Objectives:

1. To provide opportunities for experiential learning in varied areas of the discipline beyond 'teaching-training' and enhance professional growth of the student.
2. To help students prepare for vocational careers and develop a road map for the same.
3. To train qualified nutritionists/food scientists/medical nutrition therapists/ to enter different professions in public and private sectors including industry.

Purpose

Enable students to:

1. Apply knowledge and skills acquired during academic programme.
2. Gain experience of working outside the Department in a real life situation, under supervision.

3. Transform and become a responsible professional.
4. Develop values, attitudes and ethics that will make them professionals. ‘valued’ for their knowledge and skills, responsibility, productivity, efficiency, accountability and work-life balance.

Benefits and Advantages of Internship:

The internship programme is an arrangement between the intern/student, the department and the agency/organization. Each stakeholder can benefit from an effective internship programme that is well-planned, implemented and monitored.

Some general benefits of internship are:

- ↳ Students have opportunities for new learning experiences and exploring future career choices vis-a-vis their skills and abilities.
- ↳ Students receive guidance and feedback from professionals/experts in specific fields/areas.
- ↳ Organizational facilities can be availed of for specialized training.
- ↳ The agency/organization has an opportunity to actively participate and contribute towards education by helping transform students into professionals.

Benefits/Advantages to Students

Through the internship, the student can gain many benefits that would otherwise have not been available to her in the classroom/laboratory settings. Internship can be challenging and exciting since the student is able to gain specialized learning experiences that cannot be provided within the University’s infrastructure. Several benefits are listed herein:

- ↳ Gives an opportunity to observe professionals fulfilling their job responsibilities.
- ↳ Gives an opportunity to examine firsthand many of the concepts and processes the student had only heard or read about, test theories and techniques learned during the programme.
- ↳ Gives an opportunity to practice, evaluate and improve the skills, techniques and apply principles that she has learned as part of her degree programme.
- ↳ Gives an opportunity to use and enhance her creativity and problem-solving skills.
- ↳ Allows her to develop and work effectively as a contributor to the team’s efforts.
- ↳ Student can develop and demonstrate effective communication skills.
- ↳ Facilitates the student to learn how to work within given time frames and meet professional demands as well as develop coping strategies.
- ↳ Gives an insight into new areas of R&D and can help motivate the intern to undertake research or motivate her for higher education.
- ↳ Enhances the professional growth of the student and helps her gain self-confidence and self esteem.
- ↳ Furthers her understanding and appreciation of the role of the professional.

- ↪ Establishes desirable work habits and attitudes while developing a sense of responsibility.
- ↪ Provides a means for determining student's strengths and weaknesses, how to overcome weakness as well as effectively use the strengths and mature as an individual.

Benefits and Advantages to the Agency/Organization

- ↪ Provides opportunities to train and develop future workforce.
- ↪ Gives opportunities to experts to take an active role in education of prospective employees so the skills and knowledge that are required can be taught.
- ↪ Involves the experts in the development of academic programmes/curricula through feedback.
- ↪ Gives opportunities for collaborative work and action projects, research and other activities in partnership with the academic institution through mutual exchange of information, views and ideas.
- ↪ Gives potential employers an opportunity to identify prospective candidates and evaluate them for later employment.
- ↪ Can help the agency/organization to work in partnership with the Department and University towards fulfilling Corporate Social Responsibility.
- ↪ Supervisors/ supervisors have the opportunity to serve as role models to students.

Benefits to the Department and University

- ↪ Provides an opportunity to evaluate existing programmes and curricula, identify areas for improvement and to improve the degree programme(s) and courses offered to make the students valued professionals so as to meet the changing needs of society.
- ↪ Provides a platform for catering to individual interests, abilities and skills of students.
- ↪ Helps to evaluate students' skills, competencies in professional settings by internal and external experts and to identify the needs of individual students and provide better guidance to students to have realistic career goals.
- ↪ Teaching faculty have opportunities to interact with experts and to utilize and work with equipments/avail of infrastructure facilities that are not available in the University.
- ↪ Experts from the agency/industry/organization who can be involved in the academic programmes and for providing research guidance are identified.
- ↪ Gives opportunities and insights into multi-dimensional nature of various areas to tailor academic programmes accordingly through formal and other channels.
- ↪ Provides opportunities for identifying and undertaking meaningful research that will contribute positively to national productivity and development.

- ↪ The contribution of students and faculty in terms of innovative and creative products/designs/interventions get recognition from industry and society.
- ↪ Enhances the image of the University and facilitates creating awareness about its programmes to different sections of society.
- ↪ Gives opportunities for developing collaborative/multidisciplinary research programmes.

Benefits and Advantages to Community

- ↪ Allows better understanding about the University, its mission and goals, its programmes, contribution and its commitment to social responsibility.
- ↪ Gives opportunities for fresh talent, enthusiasm and creativity of young adults and helps them to face the challenges and meet the needs of a changing society.
- ↪ Helps establish networks and identify opportunities for social entrepreneurship.
- ↪ Through trained manpower, community derives benefits from issue-specific interventions, need-based products.

Section II: INITIATING THE INTERNSHIP PROCESS: Planning and Selecting the Agency/Organization

Introduction

- Selecting the Agency/Organization and Criteria for Approving the Agency/Organization**
- Preparing for Internship**
- Objectives of Internship and Experience(s) desired/required by students from internship**
- Preparing the resume and application**
- Preparing for the interview(s)**
- Confirming placement for internship**
- Orientation of Students, Agencies/Organization and Supervisors**
- Relationship between the Stakeholders – the Intern, the Agency/Organization and the Department**

Introduction

It is important to ensure that the Internship Programme provides a good learning experience. For an internship programme to be effective, the following features must be paid attention to:

- (i) Submission of application to the Head of Department (HOD) by the student regarding her intention to do internship.
- (ii) Preparation of resume and application by student, timely identification of agency/organization, approval by the Department and consent /letter of acceptance of the student as an intern.
- (iii) Meeting of the stakeholders to finalize the expected outcomes from the internship for the student – including responsibilities, work schedule, skills and competencies to be learned, handling problems and coping with stressful situations, leave of absence etc.
- (iv) Preparation including orientation of the student for the internship in accordance with the guidance provided by the Faculty Advisor.
- (v) Detailed work plan developed by student under the guidance of the Faculty Advisor for the learning experiences and career mapping to help the student have a rewarding and meaningful internship.
- (vi) Student should develop the work plan in consultation with the Faculty Advisor and Supervisor. The work plan should focus on developing competencies in decision making, problem solving, team work, meeting expectations of the supervisor and the seniors in the industry.
- (vii) Ensuring that student fully understands the protocol, rules and regulations and work ethics that is required in the place of internship.

- (viii) Ensuring that Faculty Advisor will make periodic visits for monitoring the work of the intern and documentation done by her.
- (ix) Ensuring that supervisor and intern will file weekly reports.
- (x) Ensuring that intern has to document the entire internship experience and submit the report to the Faculty Advisor, duly certified by the supervisor and make a formal presentation in the Department at the completion of internship.
- (xi) Student should be able to demonstrate the following competencies –
 - Basic listening skills
 - Understanding of ethical and legal issues
 - Awareness of how interpersonal and intrapersonal values and beliefs affect professional relationships
 - Advocacy skills (wherever relevant)
 - Understanding and ability to function in interdisciplinary teams
 - Locate and access resources relevant to the situation and need
 - Respond to supervision appropriately

Identification of the Agency/Organization

Before deciding upon a particular agency/organization, it would be worthwhile for the student to first decide what kind of experience she would like to gain from her internship. This can be done by listing the following and discussing them with the Faculty Advisor:

- a) Personal interests, career goals and objectives
- b) The kind of work experience desired
- c) The kind of skills she would like to acquire
- d) What kind of agency/organization and work environment she would like to work in?
- e) What are her strengths and skills, what are her limitations and what contribution can she make to the agency/organization?
- f) Where would she like to do her internship? – Locally, Anywhere in the country or internationally if opportunities are available?

The Faculty Advisor can help the student to decide about the kind of experience that would help her most. Once she has finished this exercise, the next step is to collect information about various agencies/organizations and internship opportunities. The student should:

1. Find out from the Faculty Advisor where students have done internships in the past. If she is not interested in these agencies/organizations, she needs to identify internship opportunities herself.
2. Student should try doing an on-line search.
3. Student should network with faculty, friends, relatives, neighbours, alumni who may know of, or be employed by, agencies/organizations that may have offered internships or are interested in doing so.
4. Before approaching the agency/organization, she should find out information about:

- ✦ Is it a public or private organization?
- ✦ What are its major products or services?
- ✦ What are the agency/organization's goals and objectives?
- ✦ What is its reputation?
- ✦ What is its culture?
- ✦ What are the opportunities for future training?
- ✦ Who would be her supervisor/supervisor?
- ✦ How essential is the department to the organization and her position in the organization?

It may be worthwhile to use the Internet to find out about the agency/organization. Most public and private organizations including voluntary organizations have websites that provide information about their goals and objectives. The agency/organization should be approved by the Faculty Advisor in writing. Typically students can start looking for potential opportunities in Semester III. The student should ensure that she has adequate choices. Therefore, it is worthwhile for the student to select more than one agency/organization so that she is sure that she will be accommodated in at least one of those which can help her to achieve her objectives.

If you have been accepted by more than one agency/organization, each agency/organization should be assessed and a decision made before the formal letter is sent confirming your participation in the agency/organization. Once you have confirmed and committed, it is unprofessional to withdraw because you have a better offer. This can be considered unprofessional.

While selecting the agency/organization it is important to ensure the following:

- The agency/organization has a qualified and experienced professional who can be the student's supervisor.
- The person who will supervise should have sufficient time to supervise the internship.
- Can the student achieve her learning goals at the agency/organization?
- Are the conditions appropriate i.e. is the organisation located in a place where the intern can reach on time, can afford to work there?

i. Orientation

Orientation to the agency/facility should include an introduction to staff and tour of the physical site as well as an overview of policies and procedures including hours of attendance, use of technology (phones, computers, etc.), chain of command, confidentiality, and crisis procedures. Orientation will also incorporate information regarding the history of the agency/facility, funding sources, client populations served, referral sources, client services,

case management procedures, and client eligibility criteria. Orientation can last from a few days to a few weeks.

ii. Pre-Preparation for Internship

Once the agency/organization is selected, the student should formulate expected measurable outcome of the internship experience.

Preparing for Internship:

Once the agency/organization is selected, the student should formulate expected measurable outcome of the intership experience.

Objectives of Internship and Experience(s) desired /required by students from the Internship

a) Writing the Learning Objectives and Learning Outcomes-

A learning objective is a clearly spelt out statement that defines concisely and specifically what a student **wants to learn** from the internship after completing the activities that have been listed in order to meet the objectives. It describes what the student's plans are in terms of gain in knowledge and what she should be able to do/perform (skills and competencies) after completing the internship. She should also list her learning outcomes. The learning outcome should be clear and concise and define what she expects to achieve as a result of the learning experience.

The student should work initially with the Faculty Advisor to develop her learning objectives and the Supervisor/Supervisor in consultation with the Faculty Advisor (once the agency is approved). This will help each student to identify those objectives that will support and help her to achieve her academic and professional goals.

While writing the learning objectives, some of the following questions may be considered :

- What knowledge, skills and competencies would the student like to develop?
- What are the identified needs or gaps in the agency/organization that the intern can help to address?
- What theoretical knowledge would the student like to apply in the field setting?
- What would the student want to specifically accomplish during this internship?
- What does the student feel the need to learn to meet her professional and educational goals?
- What types of professional experience(s) and/or training(s) would the student like to obtain through the internship?

- After being placed in this agency/ organization, in which professional direction(s) does the student want to grow?

When writing the objectives, the focus should be on the following:

- ⊕ Personal growth: How will this help the student to develop and mature?
- ⊕ Career: What are the career goals and how will this internship help her to achieve these goals?
- ⊕ Knowledge: What new knowledge does she hope to learn during the internship?
- ⊕ Professional Skills: What are the skills she already possesses but wants to hone/improve? And what new skills and competencies does she hope to learn, practice and master?

The answers to these questions can be used to formulate the learning objectives. It would be helpful to write clear and specific learning objectives.

The key elements of the objectives are:

- ⊕ **Who** will do (here the student will write I)
- ⊕ **What** : Student should write the outcome(s) she wants to achieve, or what she wants to develop or change
- ⊕ **How much**:
- ⊕ **By when**:

When writing the objectives there should be one objective for each of the following - personal, career, knowledge, professional.

Given in Box 1 are some verbs that can be used to formulate effective learning objectives:

BOX 1

Analyze, apply, assemble, assess, categorize, choose, classify, compile, construct, contrast, critique, define, demonstrate, describe, design, differentiate, distinguish, evaluate, explain, formulate, generate, identify, list, locate, practice, prepare, rate, research, review, search, select, choose, simplify, synthesize, test, assay, write.

Once the learning objectives have been formulated, the corresponding learning activities should be identified. The student should identify learning activities for accomplishing each specific objective. The student must describe the activities, strategies and resources she will use to achieve her learning objectives. In order to achieve an objective, the student may be required to participate in more than one activity. The learning activities should be developed in consultation with the Supervisor/supervisor.

Some examples of learning activities may be:

- Consult or collaborate with professionals and experts
- Attend trainings, meetings, workshops
- Observe a professional engaged in an activity that is associated with the learning objective
- Engage in writing
- Practice a skill of interest
- Read material recommended by Supervisor
- Undertake a project and submit a written report
- Gather information/data and report the findings

Preparing the Resume

It is important that the student's resume tells the important things about herself in terms of her profession and career goals.

The following guidelines can be used:

1. Make sure language, grammar and spellings are all correct
2. Be as brief as possible, restrict the resume to a page or maximum two pages.
3. The resume should be easy to read. Therefore use a font with 10-12 pt size. Make sure that there are margins of 1 to 1 1/2 inches in width. Do not use too many colours, too many fonts or underline or bold too much.
4. Work to make the resume clear, concise and professional.
5. Ensure that these essential elements are included: name, contact number, email id, permanent address. Besides this, the student needs to give information about her education, computer skills, leadership qualities (if any), work experience(if any), previous internship experience (if any), volunteer experience (if any), brief description of her course work, project(s) that she may have participated in, co-curricular activities and awards won. It is advisable that the student go over the typed matter to ensure that there are no mistakes.
6. When listing work and /or internship experience, one should generally write in reverse chronological order i.e, the latest or current will come first going backwards to the first experience you had.
7. Action words to be used.
8. Resume Submission – The student should only submit resumes for companies/internships in which she has a genuine interest. Once submitted, the understanding is that if selected, she will be expected to go for an interview with the company. Conducting company research prior to the resume submission will assist in determining which companies are a possible fit for her.
9. Disclosure of Information – Student must provide accurate information about her academic work, including courses taken, positions held at the University, and duties performed. She should provide accurate information on professional preparation and employment experience. Falsification of information will have serious consequences.

10. Accept an internship in good faith. Once the student accepts an offer she should have every intention of honoring that commitment. Accepting an offer only as a precautionary measure is not only unethical, but is misleading to the employer and will restrict opportunities for others who were interested in the employer.

Writing the Application:

At the beginning of Semester III, the student should submit a written application to the Head of Department indicating her interest in pursuing internship in a specific area. Before writing the application, it would be worthwhile to think about what kind of career you would like, your goals and where you would like to work as a professional in the near future. With the application, the student may choose to submit a brief summary of her professional and educational experiences with focus on how they are related to her current and future goals. Also the attachment can list the strengths and the areas in which additional efforts are needed and how the internship should help her in her professional growth.

Preparing for the Interview

Before the student actually goes for the interview, it would be wise to review what experience she has that has prepared her and enabled her to have a career in her chosen field.

- ↳ What interests her about the specific agency/organization that she has selected?
- ↳ What skills would she like to develop that would enable her to work as a valued professional?

Student's attitude at the time of the interview is important. While it is important to be assertive, one should not be arrogant. Student should make sure that she uses appropriate language, does not use slang and 'cool' words. She should maintain good eye contact without staring and does not use too many hand gestures. One can use one's hands occasionally if one wants to emphasize a point.

She should dress appropriately and wear formal clothes. Student should remember that the interview is a formal interactive process. She should avoid heavy make up, heavy jewellery, very short skirts or very short tops or T-shirts and avoid using perfume.

It is important to be on time for the interview.

Section III: INTERNSHIP PROGRAMME: Ongoing Internship Responsibilities

- ▲ **Role of Head of Department**
- ▲ **Role of Faculty Advisor**
- ▲ **Role of Supervisor/Supervisor**
- ▲ **Responsibilities/Duties of the Intern**
- ▲ **Supervision, Reporting and Documentation**
- ▲ **Supervisory visits by Faculty Advisor**
 - **Periodic report, activity log and time log**
 - **Weekly report:**
 - By intern**
 - By Faculty Advisor**
- ▲ **Report upon Completion of Internship**
 - By intern: Documenting Internship Experience**
 - By Faculty Advisor- evaluation**
 - By Supervisor/Supervisor-evaluation and feedback**
- ▲ **Internship Presentation**

Role of Head of Department

The Head of Department (HOD) will assign individual students to a Faculty Advisor.

The HOD is responsible for orienting the students about the internship process, expectations from internship and evaluation, that students will develop their biodatas within the time limit given.

The Head of Department has the overall responsibility to ensure that students receive individual support and advice from the Faculty Advisor and Supervisor/Supervisor to maximize student's learning opportunities through the internship.

If the student has grievances/problems that cannot be solved by the Faculty Advisor, the HOD should step in and attend to the problem and find a solution on priority basis.

The HOD may interact / contact the Supervisor/Supervisor as well as the Intern any time during the internship.

Role of Faculty Advisor

The Faculty Advisor is the liaison person who provides the link between the Department/University and the agency/industry/organization where the interns will be placed.

The Faculty Advisor is required to work closely with the individual students assigned, supervise the internship and through observation of the practices and activities in various organization/industries, enhance his/her knowledge of professional trends in the workplace.

The Faculty Advisor should guide and suggest and if he/she has personal contacts, facilitate the student to find an appropriate placement.

The Faculty Advisor should:

- Help the students to formulate learning objectives
- If necessary, suggest academic work that supplements the internship experience
- Serve as a support system to the intern during the experience
- Provide a formal evaluation to the intern after the internship is completed
- Be available to the student for consultation to solve problems and answer questions
- Ensure that the learning activities are related to the learning objectives
- Ensure that the student maintains a logbook/record of the work done
- Finalize the work plan in consultation with the supervisor/supervisor
- Monitor the intern's progress and provide feedback to the intern
- Make on-site visits to observe and evaluate the intern's work
- Maintain regular contact and communicate with supervisor/supervisor to monitor the intern.
- At the end of the internship submit a brief written report to the Head of Department about the suitability of the agency/organization and whether students can be placed there in the future.

In consultation with the Supervisor, the Faculty Advisor should finalize the student's work plan including reporting time and place, work hours, dress code, degree of independence, on – the-job supervision, confidentiality and work ethics.

Faculty Advisor should discuss the following with the Supervisor while monitoring the intern:

Does the Student's performance meet the supervisor's and agency's expectations?

Are there major discrepancies between supervisor's and intern's perceptions?

Is the student's behaviour appropriate and professional towards the supervisor, staff and clients if any?

Is the student accepting direction, supervision and constructive criticism?

Are there ways the internship could be improved?

If there are problems and the Faculty Advisor is required to intervene, he/she should gather information separately from the Supervisor and the student. A meeting between the Coordinator, Supervisor and student should be conducted and an acceptable solution should be worked out. If the Coordinator cannot handle the situation, the matter should be referred to the Head of Department, who should mediate and the matter should be sorted out.

Documentation: After the visit, the Advisor must file the report about the visit to the Head of Department. The format for the periodic report is given in Annexure 4. Besides this, the Faculty Advisor is required to give a summative evaluation about the agency/organization (Annexure 5). This must be done at the end of the semester after the internship of the students is completed along with the report. Evaluation report of the student is also to be done in the format provided in Annexure 5.

Role and responsibility of Supervisor

In consultation with the Faculty Advisor, the Supervisor should finalize the student's work plan including reporting time and place, work hours, dress code, degree of independence, on – the-job supervision, confidentiality and work ethics.

The supervisor should ensure that the educational needs of the intern are not superseded by the service needs of the industry/organization. The intern should not be assigned full time to only one program function for the entire internship period and should be assigned a variety of functions, as many as the industry's structure allows and based on the opportunities available.

The supervisor should arrange for the intern to participate in orientation to the industry's operation, and other training programmes organized, if the intern is likely to benefit from them.

At the beginning of the internship, the supervisor should review the learning objectives of the intern, explain her responsibilities and duties, rules and regulations to be followed and criteria for performance evaluation. He/she should also explain the circumstances under which the internship can be terminated prematurely.

Make the necessary physical arrangements in terms of work space, equipment and other appropriate materials for the intern.

Provide opportunities to integrate knowledge and learn and practice new skills

Provide opportunities for interaction with clients, for case studies/client profiles, their recording and reporting

Be a model professional/role model with ethical competence and conduct

Observe the on-the-job performance of the intern.

Regularly review and discuss with the intern her performance (at least once a week) and progress towards accomplishment of the learning objectives and assigned tasks, point out mistakes, evaluate her methods and techniques, identify her strengths and weakness. He/she should give suggestions for improving her performance and competence.

If the internship is not going as per the plan, if the student is not performing satisfactorily, including lack of professional commitment, poor attitude, absenteeism, failure to follow the directions, inappropriate dress- the supervisor should discuss the same with the Faculty Advisor.

The supervisor should ensure that the intern will submit the weekly logbook and report and the final internship report within 10 working days of completing the internship.

With involvement of staff members (if applicable), the member should give a final evaluation report that objectively analyses the intern's performance, using the proforma provided by the University.

Documentation: Supervisor is required to fill three proformas (midterm evaluation after the intern completes 120 hours (Annexure 8, final evaluation after completion of 240 hours of internship (Annexure 9) and feedback about the Academic programme (Annexure 7).

Responsibilities/Duties of the Student/Intern

Each student is required to start the internship process at least one semester prior to the internship. She should interact with the Faculty Advisor as early as is possible.

Undertake a self analysis to identify her own strengths and weaknesses.

The first step is for the intern to submit a written application to the HOD through the Faculty Advisor along with her biodata, the learning objectives for her internship and career goals (Annexure 1).

Identify agencies/organizations that she feels would help her make the internship a fruitful learning experience under guidance of the Faculty Advisor

Finalize the agency/organization for internship with approval of Faculty Advisor and HOD.

Student should meet with Supervisor/Supervisor and Faculty Advisor and finalize the work plan and work schedule vis-à-vis her learning objectives. A student cannot accept an internship or leave the internship without the approval of the Faculty Advisor and the Head of Department. If the student wishes to change the agency/organization or to leave the internship, she should have cogent reasons for doing so. The student should devote her full time to the internship. She should not work part time or undertake anything that will distract her and compromise her ability to fulfil her internship responsibilities unless this has been agreed upon by the Supervisor/Supervisor, Faculty Advisor and Head of Department. She should not use the agency/organization/s resources for personal use or personal benefit. The student should not negotiate changes/alterations in assigned work hours or try to reduce the number of hours, days and weeks that have already been agreed upon. No internship should be completed earlier by working extra or overtime hours.

When the internship starts:

- Become familiar with the formal and informal reporting structures within the organization.
- Understand the organization's policies, regulations and procedures so that she is fully oriented about her work setting. Here student must pay attention to the persons or people in the organization, who are the decision makers, what is the decision-making style, is she going to be supervising others etc.
- Revise with the supervisor/supervisor what are the expectations and work assigned and the time schedule for the same.
- Treat the internship as a professional commitment. In the agency/organization, the student is regarded as any other employee is.
- Keep a detailed record of :
 - o Hours spent
 - o Activities performed
 - o Supervisory meetings
 - o Attendance at conferences, seminars, in-service training programmes
- Report to the Supervisor/ Supervisor and Faculty Advisor regularly about the progress of internship on weekly basis (see Annexure)
- If the student must miss a day(s) at the internship either due to bad weather or illness, she should inform the Supervisor about her absence. If the student misses three or more days, she should inform the Faculty Advisor as well. The time(days) missed should be made up by the intern over, as prescribed by the Supervisor/Supervisor and above the scheduled period
- Have work ethics such as respecting confidentiality, refraining from talking about people, not gossiping, respecting support staff, observing basic social courtesies& skills e.g. wishing your superiors and colleagues, not chewing gum, keeping feet off furniture, adhering to the dress code.
- Always remember that attendance and promptness are expected. If a student enters a class late, there may be no penalty. In the world of work, tardiness and absenteeism may be taken as a sign of disrespect for others' time, and lack of interest in work. Being prompt reflects eagerness, responsibility and respect for others. Reaching the workplace or for seminars/conferences at least five minutes early is important.
- Learn how to make introductions and how to introduce HERrself. First impressions are important.
- Be careful about language and the words used. Speak like a professional.
- Inform the Supervisor/supervisor about work-related difficulties and challenges
- If there are problems, discuss them with the Supervisor/Supervisor at the earliest. If a solution cannot be found, the problem should be discussed with the Faculty Advisor.
- If inappropriate advances are made or there are safety issues, the intern should discuss it with the Faculty Advisor

Orientation

Orientation to the agency/facility should include an introduction to staff and tour of the physical site as well as an overview of policies and procedures including hours of attendance, use of technology (phones, computers, etc.), chain of command, confidentiality, and crisis procedures. Orientation will also incorporate information regarding the history of the agency/facility, funding sources, client populations served, referral sources, client services, case management procedures, and client eligibility criteria. Orientation can last from a few days to a few weeks.

Evaluation/ Assessment of the Internship Presentation -

After completion of internship, student is required to make a presentation about her experience. This will be evaluated by the Advisor, the Supervisor and the Head of Department. The duration of the presentation should not exceed 20 minutes. (Annexure 10)

ANNEXURES

Department of Food Science & Nutrition

SNDT Women's University

Annexure 1

Proposal for Internship

(to be prepared by student with the help of the Faculty Advisor)

1. Letter for Internship to Industry/ Organization from HOD

2 Student are required to prepare the Application for Internship and short Bio data about self. Get the same approved by Faculty Advisor or HOD.

3.Learning Objectives and Corresponding Activities to be Undertaken During Internship

Year:

Period:

Student's name

Specialization name

Agency/Organization

Learning Objectives	Activities Planned to Facilitate Learning
1	
2	
3	
4	
5	

Date

Student's signature

Date

Supervisor's signature

Date

Faculty Advisor's signature

Annexure 2

Weekly Internship Activity Report

(to be submitted by the student)

This report must be submitted in the format given herein. Please document in detail the activities in which you participated. This must be submitted to the Supervisor and the Faculty Advisor.

Name of Student:

Agency/Organization where internship is being done:

Report for the Week: _____ to _____

Date worked	Work site /Department	Activities carried out	Hours
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Total Hours			

Please write briefly about (a) your learning experiences and (b) accomplishments for this week's work

(a) Learning experiences :

(b) Accomplishments:

- (1) What new knowledge or skill did you learn on the internship this week?
- (2) List the pleasant experiences that occurred this week?
- (3) Did you have any unpleasant experiences this week? What were they and how did you handle the situation?

- (4) From the various things that you learned as part of the academic programme, what have you been able to apply during the internship?
Or were you able to apply what your learned during the internship? Describe in brief.
- (5) What value did you add to the agency/organization this week? Describe your contributions.
- (6) This week's experiences was positive:
Agree _____ Somewhat agree _____ Disagree _____

Evaluate your progress towards achieving your objectives that you had listed for your internship:

Objectives	Achieved	Some Progress	No Progress
1			
2			
3			
4			
5			

Date

Student/Intern's signature

Date

Supervisor/Supervisor's signature

Date received on

Faculty Advisor's signature

Internship Cumulative Hours Summary

Week	Total Hours
I : ----- to -----	
II:----- to -----	
III: ----- to -----	
IV:----- to -----	
V:----- to -----	
VI:----- to -----	
VII:----- to -----	
VIII:----- to -----	
Total Hours :	

Date

Intern's signature

Date

Supervisor/Supervisor's signature

Annexure 3a

OUTLINE FOR INTERNSHIP REPORT (to be prepared by student)

A. Introduction

1. Description of Internship Placement, Duties and Responsibilities
 - Overview of Internship Agency/Organization
 - Description of Department(s) and/or position assignment
 - Description of internship activities, duties and responsibilities
 - Description of orientation and training procedures provided by the agency/organization
2. Discussion of Internship Goals and Objectives
3. Identification and Discussion of Supplemental reading assignments

B. Internship Accomplishments and Achievements

1. Description of internship accomplishments, achievements and valuable learning experiences including new knowledge and skills acquired during internship.
2. Relevance of your accomplishments and achievements to the agency/organization's functions and goals.
3. Discussion of your internship accomplishments and achievements relative to your personal internship goals, objectives and your career.

C. Assessment

1. What were the internship activities that were most instrumental in achieving your goals and objectives of internship
2. Did you encounter problems (if any) that constrained you from full realization of your internship goals and objectives? What were the factors that constrained you from not achieving your objectives?
3. Did you allow yourself sufficient time to achieve your objectives? Were your objectives realistic or did you expect too much?
4. Adequacy of the agency/organization's orientation, training, supervision and support for the successful completion of internship
5. Please list your skills that were most useful to the agency/organization
6. Please list the most important improvements (weaknesses) you felt were needed at the start of the internship and to what extent did the internship help you overcome them.
7. Did you benefit from the internship? Identify and discuss three most positive aspects of your internship experience.
8. What would you do differently if you were given the chance to do this internship again?
9. Are you considering a career in this area?

Annexure 3b

Evaluation of Cumulative Internship Experience by Student Upon Completion of Internship

Name :

Date:

Name of Agency/Organization:

Department(s) where internship was done:

Name of Supervisor

1. How do you rate your internship experience?

- a. Excellent
- b. Good
- c. Average
- d. Poor

2. Did the internship experience meet your expectations? Explain

3. Did the internship experience help you identify your career field?

Yes

No

If yes, explain how

If no, explain why

4. What was the most valuable activity you experienced?

5. How can the internship programme be improved?

Date :

Signature:

Annexure 4

Report by Faculty Advisor to HOD after visiting internship agency/organization

Name of Intern :

Name of Agency/Organization:

Date of visit:

Time of visit :

Purpose of visit and meeting

Regular visit:

Specially requested by

Briefly describe the key observations made during the visit

Did you identify any problems?

- a. Yes
- b. No

If yes, describe the problem in brief and the action/possible solutions recommended or taken.

Problem/issue identified	Recommended action/solution

Any suggestions given to intern (list in brief)

- 1.
- 2.
- 3.

Faculty Advisor's signature :

Date:

Annexure 5

Internship Evaluation by Faculty Advisor

Name of Intern:

Name of Agency/Organization:

Dates of Internship: From _____ **to** _____

Please evaluate the intern for the criteria listed below

Criterion	Excellent (5 points)	Very Good (4 points)	Good (3 points)	Average/ Satisfactory (2 points)	Clearly below average/ Unsatisfactory/ Partially completed (1 point)	Unacceptable/ Incomplete or did not submit/ Minimal understanding (0 points)
Preparation for Internship						
Application/ Letter or Intent submitted						
Resume submitted						
Learning Objectives						
Learning Activities						
Identification of Agencies/Organizations						
Selection of Agency vis à vis Learning Objectives						
Weekly Log						
Week wise achievements during internship						
Number of hours completed per week						
Total number of hours completed						

Final Internship Report						
Conceptual and theoretical understanding						
Acquired skills that will help student to become valued professional						
Identified and acquired new skills that were required for professional growth						
Appropriate details of tasks and projects assigned						
Written material is clear						
Grammatically correct						
Structure and spelling						
Adhered to APA style etc wherever applicable						
Concise (not more than 20 typed pages double spaced)						
Well presented						
Has undertaken reflective analysis of internship experience						
Has achieved learning objectives						
Has explained why learning objectives are met partially or remained unmet						

Faculty Advisor's signature:

Date:

Annexure 6

Summative Report about Agency /Organization by Faculty Advisor (to be submitted to HOD)

Name of Agency/Organization:

Name of Faculty Advisor:

Dates of Visits by Faculty Advisor:

Name of Intern(s) :

Type of Organization: Industry/Government/Voluntary Organization/Research Institute/Academic Institution/Consultants or Entrepreneurs

Please tick the appropriate Response - **Yes** ✓ / **No** ✗

Criteria	Yes/No
Intern was given adequate information about organization, its policy and procedures	
Intern was given an orientation/induction	
Professional standards	
Internship program was chalked to help intern meet learning objectives	
Intern received adequate guidance and supervising	
Student's professional growth during training period	
Time spent by supervisor with intern	
Work schedules and work allotted to intern	
Open-mindedness and flexibility	
Intern will be able to apply what was learned to her current studies	
Intern had a positive internship experience	
Department would welcome the opportunity to participate in another internship	

Major strengths of organization:

Limitations or demerits:

Date

Signature of Advisor

Annexure 7

Feedback By Supervisor about the Academic Programme

You are a valuable professional who is contributing substantially to the growth and professional development of our postgraduate students. We are interested in your feedback and recommendations about our curriculum and programme. We will try and use your valuable suggestions/recommendations for improving our academic programmes and help our students to become valued professionals.

Name of Organization

Address

Department

Email id

List the main areas/topics addressed during the students' internship

1. _____
2. _____
3. _____
4. _____
5. _____

Criteria	Highly satisfactory	Satisfactory	Somewhat satisfactory	Unsatisfactory	Highly unsatisfactory
1. Breadth of Theoretical knowledge					
2. Practical application of knowledge					
3. Skills developed					
4. Adequate weightage given to practical					
5. Duration of internship					
6. IT skills					
7. Oral Communication Skills					
8. Written communication skills					
Any other					

Would you recommend inclusion of any courses in the curriculum, please list

- 1.
- 2.
- 3.
- 4.

Could the intern achieve the learning objectives she had outlined prior to working in the agency?

Date:

Signature of Supervisor

Annexure 8

Internship Midterm Evaluation Form

(Midterm evaluation due at approximately 120 hours).

Intern:

Organization:

Internship Supervisor:

Mid-term Rating Date: _____ / ____/____ Final Rating Date _____ /
____/_____

Rating Scale:

- 1 = Major problem; special measures needed to deal with the situation.
- 2 = Below average; intern needs remedial help to achieve an acceptable level of performance.
- 3 = Acceptable; performance/skill will improve with additional practice/supervising.
- 4 = Good performance/skill level; fine tuning will result in excellence.
- 5 = Excellent; no additional work needed.
- NA = Not applicable.

	Mid-term Evaluation
I. Interpersonal skills	
1. Compatibility with co-workers	
2. Relationship with clients	
3. Respect and acceptance of others	
4. Receptivity to feedback/suggestions	
5. Accepting and non-judgmental	
6. Ability to work in groups	
II. Intrapersonal Skills	
1. Self-confidence	
2. Ability to adjust to change	
3. Problem solving skills	
4. Positive attitude/optimistic	
5. Ability to manage stress	
III. Communication Skills	
1. Oral	
2. Written	
3. Listening and responding	
IV. Work Performance	
1. Promptness and dependability	

2.	Enthusiasm	
3.	Projects submitted on time	
4.	Quality of work	
5.	Willingness to assume responsibility	
6.	Planning and organizational skills	
7.	Creativity	
8.	Ability to provide for client needs	
9.	Time management skills	
10.	Self motivation (initiative)	
11.	Dress/appearance	
12.	Personal conduct	
V.	Presentation Skills	
1.	Utilization of effective methodology	
2.	Voice projection/modulation	
3.	Questioning techniques	
4.	Classroom/group management	
5.	Checking for understanding	
6.	Clarity in giving directions and delivering content	
7.	Ability to focus participants at the beginning of the session	
VI.	General over-all rating	

Intern

Supervisor

Date

Annexure 9

Final Internship Assessment by Supervisor

(Final evaluation due after completion of 240 hours.)

Name of Student Intern:
 Name of Supervisor :
 Name of Faculty Advisor:

Date :

NOTE: Please rate your intern's performance in the format given below:

A- Excellent, b=Very Good, C= Average, D=Clearly below average, E=Unacceptable, NA = Not applicable

Item	A	B	C	D	E	F	NA	Comment/Remark
Job attitude								
Is enthusiastic								
Is cooperative								
Is well mannered								
Is culturally respectful								
Initiative								
Is able to work with minimal appropriate supervision								
Completed tasks without being told								
Is eager to improve								
Seeks assistance when needed								
Follows through on suggestions								
Dependability								
Follows direction								
Is prompt								
Is consistent in attendance								

Meets obligations									
Adaptability									
Learns routine quickly									
Can move to new tasks and adapts easily									
Team work									
Works as a team member									
Gets along with others									
Ability to use assistive techniques/device/equipment to meet goal									
Ability to collaborate in providing interdisciplinary interventions and programmes									
Communication Skills									
Demonstrates accuracy and clarity in written and verbal communication									
Writes appropriately for the situation									
Speaks appropriately for the situation									
Uses proper punctuations									
Spells words correctly									
Does not use abbreviations/slang words									
Works with appropriate media									
Organization									
Organizes her time efficiently									
Organizes her workplace efficiently									
Administers resources/funds efficiently									
Punctual									
Group Participation									
Prepares materials for work arising/topic in a group									
Demonstrates personal preparation									

Presents material to meeting/group in a clear and interesting manner								
Participates in small group discussion								
Takes conscious and accurate notes during meeting								
Follows up on agenda								
Stress Management								
Takes appropriate break								
Delegates responsibility wherever appropriate								
Handles conflicts/difficult situations appropriately								
Sets priority, time line and bench marks								
Personal Development								
Displays a positive personal philosophy of health, health education and promotion								
Exhibits confidence in self								
Displays resourcefulness								
Assumes responsibility with enthusiasm								
Demonstrates appropriate level of confidence								
Dresses appropriately and efficiently								
Maintains confidentiality								
Accepts constructive criticism and positive feedback concerning performance								
Shows sensitivity to clients, colleagues and support staff								
Demonstrates knowledge of accepted of ethical conduct								
Alignment with Organizational Expectations								
Synthesis and Application of Knowledge								
Utility value of Project results								
Areas in which intern's knowledge or skills were lacking/ need improvement (No score expected here)								

Please tick the comment given against each criteria. There is no score for these criteria but your feedback will help us to communicate with the student to help her improve

Punctuality	Always on time	Seldom comes late	Needs improvement	Very often tardy	Tardiness affects performance
Appearance (clothing/hygiene/hair)	Always dressed appropriately	Is good in appearance/frequently but not always dressed appropriately	Should make more efforts to improve	Frequently dressed inappropriately	Often neglects appearance/dressed inappropriately most of the time
Professionalism	Consistently demonstrates professionalism	Usually demonstrates professionalism	Occasionally demonstrates professionalism	Rarely demonstrates	Is totally unprofessional
Courtesy	Is very courteous and is very consistent	Is courteous	Usually courteous and consistent	Is not courteous	Very discourteous and inconsiderate
Work Habits	Is industrious, stays on the task till complete	Seldom wastes time, is reliable	Is usually reliable	Frequently wastes time	Work is often incomplete
Accuracy of Work	Does work of a very good quality	Makes few errors	Often makes errors	Is frequently inaccurate and careless	Is extremely careless

Would you hire this intern if there were an appropriate vacancy?

_____ Yes _____ No If no, please give reason.

Summary of strengths:

Suggestions or recommendations for improvement:

Recommended grade for the semester (A, B, C, D or F):

Date:

Signature of Intern

Signature of Supervisor

Annexure 10

Evaluation of Student Internship Presentation

Criterion	Very good	Good	Fair/ Average	Poor	Very Poor
Preparation	Student was ready to present on the scheduled date and time	She had not loaded the presentation on the desktop	She was not completely ready and was putting the final touches while other students were presenting	Student was working on her presentation and it was incomplete	Student had not prepared or it was very shoddy
Presentation					
Introduction	Introduction was clear and concise, audience could understand purpose of presentation	Introduction to topic clear Audience could understand most but not everything about purpose of presentation	Introduction did not clearly describe purpose Audience was confused	Gave a brief introduction but its highly unclear	Did not give an introduction
Confidence	Presented very confidently	Presently fairly confidently	Some hesitation and breaks during presentation	Lacks confidence	Highly inconfident Very hesitant
Description of entire internship Evidence of Practice	Presenter displays complete understanding of internship purpose and can describe and links activities undertaken to goals Did critical self – appraisal and identified areas in which she needs to strengthen	Presenter did not fully understand internship purpose and could describe and link most of the activities undertaken to goals Did critical self – appraisal and identifies areas in which she needs to strengthen Made some efforts to	Presenter displayed partial understanding of internship purpose and can partially describe and links activities undertaken to goals Did a little critical self – appraisal and identified areas in which she needs to strengthen but there is	Presenter did not completely understand purpose of internship and could describe and link activities undertaken to goals Has not attempted to	Very little understanding of internship purpose and could not link activities undertaken to goals Did not do critical self – appraisal and could not identify areas in which she needs

	<p>Made whole hearted efforts to improve knowledge and skills that she did not have adequately</p> <p>Demonstrates student learning during the internship</p>	<p>improve knowledge and skills that she did not have but needs to improve</p>	<p>great scope to improve in this area</p> <p>Made half hearted efforts to improve knowledge and skills that she did not have</p>	<p>do/did not consider it necessary to do critical self – appraisal and identifies areas in which she needs to strengthen</p> <p>Made only a little effort to improve knowledge and skills that she did not have</p>	<p>to strengthen</p> <p>Did not make efforts to improve knowledge and skills that she did not have</p>
Communication skills	<p>Maintains eye contact</p> <p>Excellent communication skills</p>	<p>Does not maintain eye contact throughout presentation</p> <p>Above average communication skills Presentation is very coherent</p>	<p>Needs to improve communication skills</p> <p>Presentation is coherent</p>	<p>Maintains eye contact with some but not all people</p> <p>Needs to improve communication skills considerably Coherence of presentation poor</p>	<p>Reads from slides Does not maintain eye contact at all Ineffective communication skills Presentation is very incoherent</p>
Quality of Presentation	<p>Presentation is eye catching and conveys the focus of the internship immediately</p> <p>Concise but Complete Elements</p>	<p>Graphics are visually appealing and professional</p> <p>Not very concise</p> <p>Logic of arrangement could be better</p>	<p>Too much textual information Graphics not visually appealing</p> <p>Logic of arrangement of elements could be improved</p>	<p>Presentation aesthetics not very satisfactory</p> <p>Number of slides could be reduced</p> <p>Poor logic of</p>	<p>Presentation very poor</p> <p>Logical arrangement of elements very poor</p>

	are logically arranged / presented			arrangement of elements	
Ability to answer questions	<p>Able to answer without third-party support with appropriate and adequate information</p> <p>Understands the question(s) asked</p> <p>Promptly gives correct answers</p> <p>Demonstrates confidence while answering</p>	<p>Needs some time or small amount of prompting</p> <p>Did not understand few questions</p> <p>Took some time to answer few questions</p> <p>Needs to be more confident while answering</p>	<p>Needed fair amount of prompting</p> <p>Did not understand at least one -third of the questions</p> <p>Took some time to answer about one-third of the questions- Needed third party support or prompting</p> <p>Not very confident</p>	<p>Need lot of prompting</p> <p>Did not understand about half of the questions asked</p> <p>Need considerable amount of third party support and prompting</p> <p>Very hesitant and nervous</p>	<p>Does not understand most of the questions asked and is unable to give answers</p>
Accepts others' views, her mistakes and listens to others' suggestions and/or critique	<p>Completely and willingly accepts</p>	<p>Accepts about 75%</p>	<p>Accepts about 50%</p>	<p>Accepts 25-30%</p> <p>Tries to justify</p> <p>Exhibits resistance to accept suggestions</p>	<p>Does not accept and is highly resistant to accepting suggestions</p>
Overall impression left by intern	<p>Outstanding and ranks in the top 10% in the class</p>	<p>Did well and ranks in the top 20% in the class</p>	<p>Has scope for improvement and ranks in top 30%</p>	<p>Has considerable for improvement</p>	<p>Needs considerable improvement</p>

Date

Signature of Supervisor

Signature of Faculty Advisor

Signature of HOD