

Dr. Manjit Kaur Chauhan

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EMPLOYMENT HISTORY

Current Status June 26, 2018 onwards	Professor, Department of Resource Management, SNDT Women's University, Juhu, Mumbai. <ul style="list-style-type: none">▪ NEP 2020 Designing Course Structure & Syllabus▪ To get Research projects/Publication grants for the department▪ To discharge Academic and Administrative duties as assigned by University▪ To collaborate with outside organizations/firms/Institutions/Industries for developing linkages for Internships and placements▪ To enhance the skills among students/Ph.D. Scholars
January 2014- May 2020	Associate Professor, Department of Resource Management, SNDT Women's University, Juhu, Mumbai. <ul style="list-style-type: none">• Job Requirements: Teaching, Guiding Masters and Ph.D. Scholars and conducting researches, writing research papers in reputed UGC Care Journals, writing research proposals for funding▪ Design and Development of Curriculum: Ensuring that curriculum is planned as per the national and international standards, involvement of CBCS courses▪ Support to Students: Providing all types of support, whether teaching learning, writing research articles in journals, sports participation, preparing students for research paper presentation in conferences, participating in seminars, workshops, etc.▪ Building Leadership Qualities: Preparing students for participation in Leadership camps, skill development programmes, classroom presentations, debates, so on.
June 1998 – January 2014	Assistant Professor, Department of Family Resource Management, SVT College of Home Science (Autonomous), SNDT Women's University, Juhu, Mumbai. <ul style="list-style-type: none">▪ Teaching – Undergraduate students, common courses and Specialization subjects▪ Curriculum Development: Part of syllabus design and development▪ Overall Development of Students-through participation in NSS activities, Sports competition, inter-collegiate activities and other competitions▪ Teachers Development Programmes-IQAC Activities for FDP, Teachers training program, refresher course, conducting research and presenting papers in conferences and writing for journals.
May 1991- October 1996	Research Projects Staff <ul style="list-style-type: none">• Research Associate in UGC sponsored DSA Project “Development of a Database for Occupational Workload and Physical Fitness Status of Women” from 1st Aug.1995 – 30th Oct.1996.• Research Assistant in UGC sponsored DSA Project “Development of a database for Occupational Workload and Physical Fitness Status of Indian Women” from 1st Dec. 1991 - 30th July 1995.• Field Assistant in IDRC Project on “Urban Nutrition” from 1st May - 30th Nov. 1991. Consultancy Research Projects undertaken by the Department: <ul style="list-style-type: none">• A Ventilation Study in Philips Glass Factory at Thane, Mumbai, (Year: Nov, 1992).• An Ergonomic Study on Spooler Operators in Johnson & Johnson Ltd., Mulund, Mumbai (Year: Dec, 1992)
Visiting Faculty	Visiting Faculty <ul style="list-style-type: none">• PV Polytechnic, SNDTWU, Juhu, Mumbai.• Dr. BMN College of Home Science, Affiliated to SNDTWU, Mumbai.• Bhagwati Hospital, Borivali, Mumbai.

MEMBERSHIP IN ASSOCIATIONS

- Life Member of National Solid Waste Association of India.(NSWAI)
- Life Member of Indian Society of Ergonomics – (Membership no. L 103)
- Life Member of Home Science Association of India (Membership no. 05/L-3/LF)
- Member of BIS PGD 15 Ergonomics Sectional Committee for developing ISO standards.
- Member of ICC Team for Sexual Harassment in 5 – Star Hotel Novotel, Juhu, Mumbai for 5 years (2014-2019)
- Lifetime Member of SNDTWU & SVT Alumni Association.

MEMBER OF STATUTORY BODIES

- Member of **Academic Council** of SNDT Women's University, Mumbai.
- Member of **Board of Studies** of Department of Resource Management SNDT Women's University, Mumbai.
- Member of **Board of Studies** of Department of Life Long Learning, SNDT Women's University, Juhu, Mumbai.
- **Ex-BOS Member and IQAC Core Committee Member** of SVT College of Home Science, (Autonomous), SNDT Women's University, Juhu, Mumbai.
- Member of **IQAC Committee**, SNDTWU, Mumbai.
- External Subject Expert Member for Board of Studies of F.C.R.M. department, M.S. University, Baroda.(2019-2022)
- Nominated as **Vice Chancellor's Nominee** on Selection Committee for Appointment of Temporary Assistant Professor (TAP) and Reaching Assistant (TTA) in F.C.R.M. department of The Maharaja Sayajirao University of Baroda, Vadodra on 16th Sept, 2016.
- **Member of Advisory Committee** of B.Sc. (ID) Honors Degree Programme in the Department of Family and Community Resource Management, Faculty of Family and Community Sciences, The Maharaja Sayajirao University of Baroda, Vadodra on 16th September, 2016.
- **Member of Board of Examiners for Ph.D Examination for Patna University** under Faculty of Social Sciences, on 7th June, 2016.
- **Executive Board Member** of National Solid Waste Association of India (2015-2018)

UNIVERSITY POSITIONS HELD

- Chairperson of BOS of subject board of Resource Management, SNDTWU, Mumbai.
- Head of the Department of Resource Management, SNDTWU, Juhu, Mumbai (Since June 2022)
- IQAC - NAAC Criteria V Head.
- Juhu Campus Coordinator, SNDTWU, Juhu, Mumbai. (April 2022-August, 2023)

RELEVANT RESEARCH EXPERIENCE AND ACCOMPLISHMENTS

Reviewer for Research Journal

- Previously on **Editorial Board** and now Reviewer for Research Reach Journal (ISSN 0974 – 617X) published by Nirmala Niketan, Mumbai.
- **Referee for Journal** of Scientific & Industrial Research, National Institute of Science Communication & Information Resources, ISSN:0022-4456, Dr. K. S. Krishnan Marg, New Delhi.
- **Referee for Journal** of Human Ecology (Peer-reviewed Scientific and Research International Journal) ISSN 1074-4827.

PUBLICATIONS

Book / Manual Published:

- Chauhan M.K. (2015). Compiled and Edited: **Ergonomics: Practical Manual for Beginners**. Published by Authorspress. ISBN:978-81-7273-729-0. New Delhi, India.

Research Papers Published:

- 1) Murarka P & Chauhan MK., (2022). Ergonomic Intervention in Pharmaceutical Distribution Work in India using the principles of Anthropometry. AHFE International Journal. Social and Occupational Ergonomics, Vol. 65, 2022, 204–212. WOS. ISBN: 1958651419, 9781958651414. <https://doi.org/10.54941/ahfe1002677>.
- 2) Chauhan MK., & Nair M., (2022). **Designing of Third Places with Special Reference to Exhibition Centers**. Book chapter 40: Innovation and Incubation Opportunities through Home Science authored by Sitara Balan et al., published by Romanson Printing & Publishing House Pvt. Ltd., Thiruvananthapuram. ISBN: 978-93-93876-52-2.
- 3) Chauhan MK., Sarma D & Patel P., (2022). **Bell Metal Industry Workers in Assam Using Hand Tool-Hammer: An Intervention Study**. Journal of Engineering Technology and Innovative Research. Vol. 9., Issue 5. May 2022. Peer-reviewed, UGC Approved. ISSN: 2349-5162. Doi Member: 10.6084/m9.jetir.

- 4) Malhotra H., Chauhan MK., (2022). **Working Posture Analysis of Female Residential Building Sweepers Using OWAS Method.** In Book: Chapter 43. NK Rana et al. (eds.) Technology Enabled Ergonomic Design, Design Science and Innovation, Pp. 483-491. Springer Nature Singapore Pte Ltd. https://doi.org/10.1007/978-981-16-6982-8_43.
- 5) Murarka P, Chauhan MK., (2022). **Relationship of Pain in the Lower Back and Knee with Gender, age and BMI of the Pharmaceutical Supply Chain Workers.** In Book: Chapter 41. NK Rana et al. (eds.) Technology Enabled Ergonomic Design, Design Science and Innovation, Pp. 459-467. Springer Nature Singapore Pte Ltd. https://doi.org/10.1007/978-981-16-6982-8_41.
- 6) Bagra P, Chauhan MK, Patel P (2021). **Occupational Health Problems among Handicraft Workers in Arunachal Pradesh.** In Book: Mohammad Muzammil et al., Ergonomics for Improved Productivity. Design Science and Innovation book series. Chapter 34, Volume 2. https://doi.org/10.1007/978-981-16-2229-8_34.
- 7) Basant P., Chauhan M.K.(2021). **Ergonomic Design Assessment of Garment Retail Stores in Malls.** In Book: Mohammad Muzammil et al., Ergonomics for Improved Productivity. Design Science and Innovation book series. Chapter 35, Volume 2. https://doi.org/10.1007/978-981-16-2229-8_35.
- 8) Murarka P, Chauhan MK (2021). **Assessment of Work Posture of CFA Workers and Designing a New Workstation. Advances in Industrial Design.** AHFE 2021. Lecture Notes in Networks and Systems, Vol 260. Springer, Cham, Switzerland. https://doi.org/10.1007/978-3-030-80829-7_14.
- 9) Chauhan MK, Singh P, Patel P (2021). **Analysis of Posture and Workplace of Female Students Using Laptop in Hostel.** In: Muzammil M., Khan A.A., Hasan F. (eds) Ergonomics for Improved Productivity. Design Science and Innovation. Vol. 1. Springer, Singapore. https://doi.org/10.1007/978-981-15-9054-2_109.
- 10) Murarka P, Chauhan MK (2021). **Assessment of Prevalence of Musculoskeletal Disorders among Packing Workers in Pharmaceutical Industry.** In: Muzammil M., Khan A.A., Hasan F. (eds) Ergonomics for Improved Productivity. Design Science and Innovation. Springer, Singapore. https://doi.org/10.1007/978-981-15-9054-2_110.
- 11) Murarka P, Chauhan MK (2021). **Posture Analysis of “CFA: pharmaceutical distribution,” workers using OWAS.** International Journal of Interdisciplinary Research and Innovations, Vol. 9 (1), pp. 16-23.
- 12) Murarka P, Chauhan MK (2021). **Assessment of Prevalence of Musculoskeletal Disorders Among Pharmaceutical Supply Chain Workers and Its Dependence on their Age and Years of Work.** Indian Journal of Applied Research, Vol. 11 (1), pp. 19-20.
- 13) Chauhan MK, Sarma N, Patel P (2020). **Effects of COVID 19 Pandemic on Changes In Lifestyle And Physical Activities Of The Female College Students In India.** E-Conference Proceeding-Socioeconomic and Health Challenges due to Covid-19 and Mitigation Strategies (SEHCM 2020).
- 14) Chauhan MK, Sondhi A (2020). **Posture-Related Musculoskeletal Problems among Hotel Receptionists in Mumbai: A Cross-Sectional Study.** Indian Journal of Occupational and Environmental Medicine, Vol. 24 (3), pp. 157-162.
- 15) Malhotra H, Chauhan MK (2020). **Prevalence of Musculoskeletal Disorders among Building Sweepers.** International Journal of Health Sciences and Research, IJHSR, Vol. 10, Issue 3.
- 16) Murarka P, Chauhan MK (2020). **Musculoskeletal disorders and work assessment in pharmaceutical distribution units: A case study.** International Journal of Home Science 2020; 6(3): 522-526.
- 17) Chandwani A., Chauhan MK., and Bhatnagar A. (2019). **Ergonomic Assessment of Office Desk Workers Working in Corporate Offices.** International Journal of Health Sciences and Research; Vol. 9; Issue 8; 367-375. <https://www.ijhsr.org>.
- 18) Malhotra H., Bhatnagar A., & Chauhan M.K. (2018). **Workstation Assessment for Packaging Department: A Case Study.** International Journal of Home science, IJHS 2018; 4(1): 227-235, © 2018 IJHS, ISSN: 2395-7476. www.homesciencejournal.com
- 19) P. Shivalkar and M.K. Chauhan (2018). **Designing Washroom for Wheelchair Users in Vocational Training Schools.** Ergonomics in Caring for People Proceedings of the International Conference on Humanizing Work and Work Environment 2015. Springer Nature Singapore Pte Ltd. 2018. pp. 215-221. ISBN 978-981-10-4979-8 ISBN 978-981-10-4980-4 (eBook). <https://doi.org/10.1007/978-981-10-4980-4>.
- 20) P. Patel, Rauf Iqbal, H. Bhasin, A. Bhatnagar and M.K. Chauhan (2018). **General Health-Related Physical Fitness Levels of College-Going Girls from Maharashtra.** Ergonomics in Caring for People Proceedings of the International Conference on Humanizing Work and Work Environment 2015. Springer Nature Singapore Pte Ltd. 2018. pp. 97-103. ISBN 978-981-10-4979-8 ISBN 978-981-10-4980-4 (eBook). <https://doi.org/10.1007/978-981-10-4980-4>.
- 21) Malhotra H., & Chauhan M.K. (2015). **“Consumers’ Behaviour Towards Online Purchases”.** International Journal of English Language, Literature & Humanities, Volume II, Issue IX, ISSN 2321-7065 (Online) SJIF Impact Factor 2.317, pp. 387-400. <http://www.ijellh.com>.
- 22) Patel P., Bhatnagar A., & Chauhan M. K. (2015). **“Postural Assessment of Primary School Children Working on Computers and the Associated Risk”.** International Journal of English Language, Literature & Humanities, Volume III, Issue III, ISSN 2321-7065 (Online), SJIF Impact Factor 2.317, pp. 387-400. <http://www.ijellh.com>.
- 23) Chauhan M.K., & Patel P.: (2015): **“Work Related Musculoskeletal Problems Faced by the Washroom Workers working in Malls”.** International Journal of Healthcare Sciences, ISSN 2348-5728 (Online), Vol. 3, Issue 1, pp: 292-299. Available at: www.researchpublish.com.
- 24) Chauhan M.K., (2014): **“Home Science in India: Challenges and Opportunities”.** In edited book entitled “Higher Education for Women through Open University: Issues and Strategies”, ISBN No. 978-81-86400-279-6. pp. 86-102.

- 25) Chauhan M.K., (2011): **“Musculo-Skeletal Problems in Interior Designing Students”** in the book “Ergonomics Research Techniques”. Wisdom Publication, ISBN. No. 978-81-89547-97-4, Delhi, pp. 16 – 26.
- 26) Chauhan M.K., (2009): **“Prevalence of Musculo-Skeletal Disorders among students engaged in Interior Designing and Architecture Courses”** published in the book “Developments in Agricultural and Industrial Ergonomics”, Vol. I: General Studies, Allied Publishers Pvt Ltd., ISBN: 978-81-8424-448-9, New Delhi, pp. 334 – 342.
- 27) Dutta A., Bhalerao M. and Chauhan M.K., (2008). **“Emergence and Growth of Hospitality Management Specialization in Home Science”** published in the Book “Excellence in Home Science – Contemporary Issues and Concerns”. Academic Excellence Publisher, ISBN: 978-81-89901-40-0, Delhi, pp. 484 – 490.
- 28) Chauhan M.K. and Varghese M.A. (2000 - 2001). **“Physiological Workload of Basket Makers”** Paper published in “University Research Journal Golden Jubilee Statutory University Issue, Vol. XII, SNDT Women’s University, Mumbai, pp. 76 – 84.
- 29) Chauhan M.K. and Varghese M.A. (1994). **“A Postural Study on Female Basket Makers”**. Paper published in “Current Research in Family & Community Sciences”, Vol. II, No. 1, Department of Post Graduate Studies and Research in Home Science, SNDT Women’s University, Mumbai, pp. 1 – 3.

RESEARCH PAPERS PRESENTED

Research Papers Presented:

- 1) Paper presentation in National Biennial Conference, Home Science Association of India (HSAI-2022) Kerala Chapter from December 15-17, 2022. The title for paper presentation was **“Designing of Third Places with special reference to Exhibition centers in Mumbai”**.
- 2) Presented research paper as a Lead Speaker and chaired the session in International Conference Humanizing Work and Work Environment 2022 (HWWE -2022) at Punjabi University, Patiala, Punjab from November 24-26, 2022. The Theme for the conference was **Ergonomics of New Normal. The title for presentation was “Utilization of Spaces under Flyovers in Mumbai City”**.
- 3) Presented research paper as a Lead Speaker in International Conference “E-Conference Proceeding-Socioeconomic and Health Challenges due to Covid-19 and Mitigation Strategies (SEHCM 2020)” at NIT, Jalandhar. The topic for presentation was **“Effects of COVID 19 Pandemic on Changes in Lifestyle and Physical Activities of The Female College Students in India”**.
- 4) Presented research paper as a Lead Speaker in International Conference Humanizing Work and Work Environment 2020 (HWWE -2020) at Theem College of Engineering, Boisar, Mumbai. The Theme for the conference was **Technology Enabled Ergonomic Design. The title of topic for presentation was “Intervention Study on Design of Hand Tool-Hammer used in Bell Metal Industry in Assam”**.
- 5) Presented research paper as a Lead Speaker in International Conference HWWE -2019 on November 8-10, 2019 at NIT, Punjab University, Jalandhar, Punjab. The Theme for the conference was **Productivity with Health Safety and Environment** and title of topic for presentation was **“Physical Activity Levels among the Undergraduate and Postgraduate Female Students staying in Hostel, Mumbai, India”**.
- 6) Presented research paper in International Conference HWWE -2019 on November 8-10, 2019 at NIT, Punjab University, Jalandhar, Punjab. The Theme for the conference was **Productivity with Health Safety and Environment** and title of topic for presentation was **“Ergonomic Assessment of Peons-Cum-Laboratory Attendants in Colleges”**.
- 7) Presented research paper as a Lead Speaker in International Conference HWWE -2017 at Aligarh Muslim University, Aligarh, UP. The Theme for the conference was **Ergonomics for Improved Productivity** and title of topic for presentation was **“Analysis of Posture and Workplace of Female Students Using Laptop in Hostel”**.
- 8) Presented research paper as a Lead Speaker in International Conference HWWE -2015 at IIT, Powai. The Theme for the conference was **Caring for People** and title of topic for presentation was **Involvement of Elderly in Physical and Leisure Activities: Barriers and Challenges**.
- 9) Presented paper in International Ergonomics Conference Humanizing Work and Work Environment - “Ergo 2012: Safety for All”, at College of Home Science, G.B. Pant University of Agriculture and Technology, Pantnagar, Uttarakhand, from 6th - 8th Dec, 2012. The paper titled **“Activities of Daily Living, Musculoskeletal Disability and other Health Problems among Elderly”**.
- 10) Paper presentation in National Conference – “Ergonomics Research Techniques’ held on 11th-12th Feb. 2010, at The M.S. University of Baroda, Vadodara, Gujarat. The title of the paper presented was **“Musculoskeletal Problems in Interior Designing Students”**.
- 11) Poster Paper presentation in UGC – CPE sponsored International Conference – “Multidisciplinary Approach to Healthy & Participatory Aging”. Co-Author to Poster presentation of Paper titled **“Human Factors Involved in Designing Mobile Phones for Elderly”**. The Conference was organized by SVT College of Home Science, SNDT Women’s University, Mumbai from 22nd - 24th Jan. 2009.

- 12) Presented paper in International Ergonomics Conference 'Humanizing Work and Work Environment – 2007', organized by Central Institute of Agricultural Engineering, Bhopal, from 9th – 12th Dec. 2007. The paper titled **“Prevalence of Musculo-Skeletal Disorders among students engaged in Interior Designing and Architecture Courses”**.
- 13) Presented Paper in the National Conference – Humanizing Work and Work Environment – 2004 held on 22nd – 24th Apr. 2004, at NITIE, Vihar Lake, Mumbai. The title of the paper was **“Acceptable Limits of Physiological Workload for Physically Active Women”**.
- 14) Presented Paper **“Workload and Women Employed in Different Occupations”** in National Workshop on “Advanced Training Programme in Ergonomics for FRM scientists from AICRP and ICAR” organized by the FRM Department of Post Graduate Studies and Research in Home Science, SNDT Women’s University, Juhu, Mumbai, on 23rd Feb.1999.
- 15) Presented Paper in National Seminar on **“Women’s Work Participation”** at M.S. University, Baroda organized by Department of Home Management, from 1st – 2nd Feb.1999. The topic for presentation was **“Workload and Health Problems in Some Occupational Activities”**.
- 16) Participated in Poster Presentation of the Research Paper **“Occupational Workload of Women Basket Makers”** in XXI Biennial Conference, organized by the Home Science Association of India, from 20th – 22nd Dec. 1995, at Baroda.

ACCOMPLISHMENTS

Chairperson / Resource Person for International, National and State Level Conferences:

- 1) **Co-Chairperson for Proceedings Committee of UGC – CPE sponsored International Conference** – “Multidisciplinary Approach to Healthy & Participatory Aging” organized by SVT College of Home Science (Autonomous), SNDT Women’s University, Juhu, Mumbai in 2008.
- 2) **Chairperson for the session “Best Paper Presentation in Ph.D. category research** at International Conference HWWE - 2012 at College of Home Science, G.B. Pant University of Agriculture and Technology, Pantnagar, Uttarakhand, from 6th - 8th Dec, 2012.
- 3) **Chaired the Session** in International Conference HWWE -2015 at IIT, Powai. The Theme for the conference was Caring for People and title of topic for presentation was Involvement of Elderly in Physical and Leisure Activities: Barriers and Challenges.
- 4) **Chaired the Session** in International Conference HWWE-2017 at Aligarh Muslim University, Aligarh, U.P. organized from 8th – 10th December, 2017. The Theme for the conference was Ergonomics for Improved Productivity.
- 5) **Chaired the Session** in International Conference HWWE-2019 at NIT, Punjab University, Jalandhar organized from 8th – 10th December, 2019. The Theme for the conference was Productivity with Health, Safety and Environment.
- 6) Resource Person for National Seminar on Enhanced Ergonomics: Emerging Trends in Community Health
- 7) Invited as **Resource Person** to talk on **“Ergonomics in Interior Designing”** for State Level Conference **“Latest Trends in Interior Design”**, organized by SMRK BK Mahilavidyalaya, College of Home Science, Nashik on 20th September, 2014.
- 8) Invited as **Resource Person** in State Level Seminar on “Curriculum Restructuring for Enhance Career Opportunities in Ergonomics” held on 21st December, 2010, organized by College of Home Science Nirmala Niketan, Mumbai University, Churchgate. The topics for presentation were “Designing in Ergonomics” and “Cognitive Ergonomics”.
- 9) Invited as **Resource Person** in State Level Workshop “Enhancing Effectiveness” organized by Shri. M.D.Shah Mahila College of Arts & Commerce, Mumbai. Delivered lecture – cum – demonstration on topic “Workstation Design and Stress Relieving Strategies” for Administrative and Support Staff from various colleges in the state of Maharashtra. The workshop was conducted on 15th Feb. 2008.
- 10) **Resource Person** in “A National Workshop on Methodologies for Fitness Assessment” organized by Department of Food Science and Nutrition, Department of Post Graduate Studies and Research in Home Science, sponsored by Nutrition Society of India – Mumbai Chapter. Topic “Muscular Endurance & Flexibility” along with Dr. Bhakhtiar Choudhary on 15th & 16th September, 2006.
- 11) **Resource Person** for UGC sponsored 3-days National Workshop on “Pottery – Art & Decoration”. The workshop was organized from 5th – 7th March, 2012 by Department of Home Science, Government Mankunwarbai Arts & Commerce Autonomous College for Women, Jabalpur, M.P.

Certification / Letter of Appreciation

- Certified as “Training the Trainers” under SwaDisha, Talerang, Skill Development Programme, a Maharashtra Government initiative.
- Letter of Appreciation from Vice-Chancellor and Organizing Secretary Ms. Linda Dennis for contribution in Ashwamedh-2002 Meet for being the member of the Scientific Committee for Assessment of Physical Fitness Status of the sports persons participating in the meet.
- Felicitated on International Women’s day, March 8, 2023 by Santacruz Police Station in the International Women’s Day Function.
- Felicitated by NGO FemSakhi for contribution in Financial Literacy Programme for Women.

PARTICIPATION IN TRAINING PROGRAMMES AND WORKSHOPS:

Training Programmes

- Participated In National Training Programme on “**Advanced Instrumentation in Ergonomics For Occupational Health Research**” organized by National Institute of Occupational Health, Ahmedabad from 8th – 10th November, 2017
- Attended Training Programme on “**SNDTWU Digital Portal Training**” organized by SNDT Women’s University, Churchgate, Mumbai on 5th February, 2016.
- Attended Training Programme organized by Examination Department Pariksha Bhavan on “**Exam Bar Code system**” on 8th October, 2015.
- Participated in Three Days National Training Program on “**Capacity Building for Researchers in Consumer Protection & Consumer Welfare**” organized by Department of Faculty and Community Resource Management, Faculty of Family and Community Sciences, The M.S. University of Baroda, Vadodara, Gujarat in collaboration with Indian Institute of Public Administration, New Delhi from 26th – 28th December, 2012.
- Participated in Five Day Training Programme in Ergonomics “**Industrial Ergonomics and its Application for Augmenting Safety, Health and Productivity at Work**” organized by Central Labour Institute, Sion, Mumbai, from 4th – 8th Sept. 2000.

Workshops

- One Week Online National Workshop on “**ICT Tools for Online Learning**” from April 20-28, 2020 under PMMMNMTT – MHRD in Collaboration with IQAC, SNDT Women’s University, Mumbai.
- National Workshop on **Online eAssessment: Process and Tools** June-20-25, 2018 under PMMMNMTT – MHRD
- Participated in Three Day Workshop on “**Capacity Building for Technology Enhanced Learning**” organized by SNDT Women’s University in Collaboration with Commonwealth of Learning, Canada on June 22-24, 2016.
- Participated in the Workshop on “**Orientation Program for Research Projects to Ethics Committee**” by ISBEC. The program was organized by University Department of Food Science and Nutrition on 6th December, 2014.
- Participated in the Workshop on “**Planning 4 – Credit Course**” organized by SNDTWU, Churchgate, Mumbai. Honorable Vice Chancellor, SNDTWU, Prof. Vasudha Kamat presided the session on 10th July, 2014 at Juhu Campus.
- Participated in Workshop on “**Industrial Safety & Human Factors – Challenges & Opportunities**” on 10th March, 2014, organized by Ergonomics Department, NITIE, Vihar Lake, Powai, Mumbai.
- Participated in 7- days workshop under “**Teachers Enrichment Programme Series**” organized by IQAC Committee of SVT College of Home Science (Autonomous), SNDT Women’s University, Juhu, Mumbai in the year – 2013.
- Participated in two days’ Workshop on “**Ergonomic Workplace Analysis**” organized by RECOUP Neuromusculoskeletal Rehabilitation Centre, Bangalore, held on 27th and 28th September, 2009.
- Participated in 3-day workshop on “**Ergonomics – Methods, Guidelines & Standards**”, from 26th – 28th Sept., 2005, organized by Ergonomics Department, NITIE, Vihar Lake, Powai, Mumbai.

ERGONOMICS TRAINING PROGRAMMES, WORKSHOPS AND SEMINARS ORGANIZED:

- Series of Training Programmes for students of Various Colleges from Maharashtra on “**Methodologies in Ergonomics**” for Academic years 2015-20.
- **Physical Fitness Tests** for Intercollegiate Best Student Contest “TEJASWINI” since 2015 under the Department of Students Welfare, SNDT women’s University, Mumbai.
- One day Seminar on “**Ergonomics & Design**” by Department of Family Resource Management, SVT College of Home Science (Autonomous), SNDT Women’s University, Juhu, Mumbai on 18th September, 2010.
- One day Seminar on “**Ergonomics & Workplace Design**” by Department of Family Resource Management, SVT College of Home Science (Autonomous), SNDT Women’s University, Juhu, Mumbai on 22nd September, 2007.
- One day Seminar on “**Ergonomics, Health & Safety**” by Department of Family Resource Management, SVT College of Home Science (Autonomous), SNDT Women’s University, Juhu, Mumbai on 9th Sept. 2006.
- Seminar on “**Ergonomics, Performance & Physical Fitness**” by Department of Family Resource Management, SVT College of Home Science (Autonomous), SNDT Women’s University, Juhu, Mumbai on 10th March, 2006.
- **Practical Laboratory Training** on “Workload and Physical Fitness” in the “Advanced Training Programme in Ergonomics” organized by FRM Department of Post Graduate Studies and Research in Home Science, 22 - 27th Feb.1999. The Training was given to the FRM Scientists of AICRP and ICAR.

OTHER SKILLS AND COMPETENCIES

- Highly passionate teacher and motivator
- Excellent interpersonal skills and soft skills
- Work effectively and collaborate with others to achieve common goals.
- Good Leadership Qualities and maintain long-term professional relationships
- Competent researcher in area of Ergonomics, design and resource management
- Good in written and verbal communication skills
- Proficient in IT – excellent knowledge of MS Office
- Fluent in English and Hindi and basic knowledge of Punjabi, Marathi and Gujarati

EDUCATION

- **Ph.D (1997) in Ergonomics (FRM Department)**
- **Master's Degree** in Family Resource Management, Department of Post Graduate Studies and Research in Home Science, SNDT University, Mumbai, India (1991).

PERSONAL DETAILS

Date of birth : April 24, 1966
Nationality : Indian
Sex : Female

Manjit Kaur Chauhan

February, 2024 – Last Updated