



An Enlightened Woman

संस्कृता



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**SNDTWU Ranks 23rd in India in
The Week-Hansa Research Survey 2025**

It is a moment of great pride and joy for all of us at SNDT Women's University, Mumbai, as we have been ranked 23rd across India and 3rd among Multidisciplinary Universities in the West Zone in the India's Best Universities Survey 2025 conducted by The Week-Hansa Research. Scoring 454 out of 1000 points, this recognition is a testament to our unwavering commitment to academic excellence, holistic education, and the empowerment of women through knowledge. I extend my heartfelt congratulations to our dedicated faculty, diligent students, committed non-teaching staff, alumni, and all stakeholders who have contributed to this achievement. Let this recognition inspire us to reach even greater heights as we move toward the vision of Vikasit Bharat @2047.



Prof. Ujwala Chakradeo
Vice Chancellor
SNDT Women's University



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Redefining Quality Education: The Rise of Women-Led Institutions in Bharat

As Bharat strides confidently toward the vision of Vikasit Bharat @2047, one of the most transformative forces shaping its educational future is the growing leadership of women in academic institutions. Across the nation, women-led schools, colleges, universities, and grassroots education movements are redefining the contours of quality education—not merely as a goal, but as a lived, inclusive, and dynamic process. These institutions are not only driving academic excellence but are also embedding values of empathy, equity, and innovation at their core.

In alignment with the National Education Policy (NEP) 2020, which emphasizes holistic, multidisciplinary, and learner-centric education, women educators are emerging as torchbearers of this new paradigm. Their leadership styles often reflect collaboration, sensitivity to local contexts, and a strong emphasis on nurturing the whole individual—traits essential to NEP's envisioned transformation.

Take, for instance, the emphasis on inclusivity in women-led institutions. These institutions are crafting a new narrative of empowerment, innovation, and nation-building, with institutions like SNDT Women's University standing as shining examples. It has been a torchbearer of this transformative ethos. For over a century, SNDT has empowered generations of women with education that is not only academically rigorous but also socially relevant. Its commitment to providing quality education to women from diverse backgrounds directly supports NEP's goal of inclusive and equitable learning.

SNDT's educational philosophy is deeply rooted in Bharatiya values, yet forward-looking in execution. It embraces technology, interdisciplinarity, and research, while reinforcing principles of compassion, sustainability, and social justice. In doing so, it contributes significantly to shaping a generation of women who are not just degree-holders, but nation-builders.

In terms of skill development, SNDT has consistently led the way. Long before skill-based education became a national focus, SNDT was offering vocational training, life skills modules, and industry-linked programs. Today, it integrates entrepreneurship, digital literacy, and environmental awareness into its curriculum—preparing women not only to seek jobs but to create opportunities and drive innovation in their communities.

SNDT's role in nurturing women's leadership is equally important. Its alumni include trailblazing educators, entrepreneurs, social workers, scientists, and artists. Through mentorship programs, leadership workshops, and social outreach initiatives, SNDT instills confidence, critical thinking, and civic

responsibility among students—qualities emphasized by the NEP as essential for democratic citizenship in the 21st century.

Women-led institutions are also crucial in transforming the social fabric of Bharat. By prioritizing education for the marginalized—especially girls in rural and underserved communities—they are directly contributing to national development. Their inclusive policies, gender-sensitive pedagogy, and strong mentorship cultures ensure that no learner is left behind. The result is not just higher enrollment, but meaningful participation. Through the integration of life skills, digital literacy, and socio-emotional learning, women educators are bridging the gap between the classroom and real-world challenges.

Equally noteworthy is the innovation being nurtured within these institutions. From eco-conscious campus designs and experiential pedagogy to the use of local languages and community resources, women leaders are infusing fresh perspectives into educational ecosystems. Many of them are pioneering vocational training programs aligned with local economies, fostering entrepreneurship among students, and instilling a sense of pride in India's cultural and intellectual heritage. This resonates powerfully with NEP's call for rootedness in Bharatiya knowledge systems and global competitiveness.

Moreover, these women are not just reformers—they are narrative-changers. By ascending to positions of authority in a traditionally male-dominated sector, they are redefining what leadership looks like. Their presence inspires not only students but also the next generation of educators. It sends a powerful message: that quality education is not only about curriculum or infrastructure, but also about who leads, who teaches, and who envisions the future.

As we move toward 2047, the centenary of India's independence, the role of women in shaping the nation's intellectual and moral fabric cannot be overstated. Investing in women-led educational institutions is not just a gender commitment—it is a nation-building imperative.

These leaders are cultivating citizens who are informed, empathetic, confident, and rooted in Bharatiya values, ready to participate in and shape a just and developed India.

In celebrating the achievements of women-led educational institutions, we also renew our collective resolve to create systems that support, amplify, and learn from their work. Their journey is not just a success story; it is the roadmap to the Amrit Kaal of education in Bharat.

✿ दीम संस्कृता

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National Service Scheme (NSS) Skill Enhancement Course

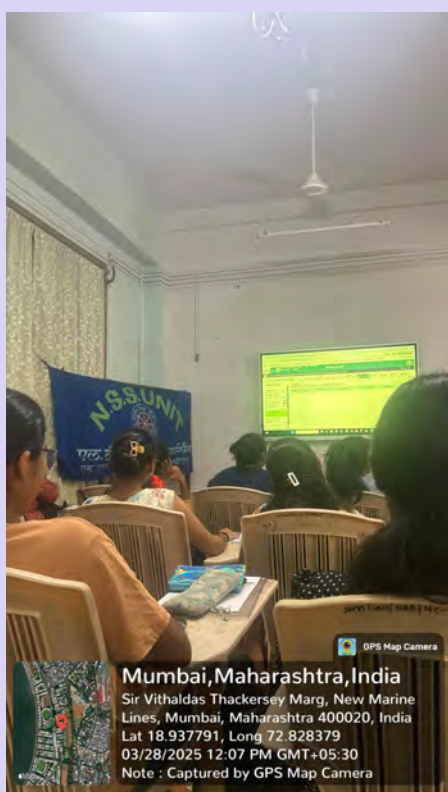
The NSS Unit of **Leelabai Thackersey College of Nursing, SNDT Women's University**, successfully organized a **Skill Enhancement Course** for 46 First-Year B.Sc. Nursing students. This initiative aimed to equip students with essential practical skills and knowledge, enhancing their professional competencies and employability in the field of nursing.

The session was conducted by **Mr. Gaurav Bhatia**, a distinguished expert in nursing, who provided valuable insights and hands-on training on key topics, including **patient assessment, vital signs measurement, wound care, and basic life support**. The interactive nature of the session encouraged active participation, enabling students to develop crucial clinical skills.

Additionally, students were introduced to the **Nursing Informatics Portal**, an advanced digital platform designed to enhance learning and clinical decision-making. The portal offers access to **electronic health records, evidence-based nursing practices, patient management tools, and real-time clinical updates**. This initiative aims to familiarize students with **technology-driven healthcare solutions**, reinforcing the importance of informatics in modern nursing practice.

The program concluded with a **vote of thanks** delivered by **Ms. Irene Biju and Ms. Achsah Laiju**, who expressed gratitude to **Mr. Gaurav Bhatia**, the organizers, and the participants for their contributions to the event's success.

The **Skill Enhancement Course** was highly impactful, empowering students with **practical expertise and technological proficiency**, further strengthening the **NSS unit's commitment** to skill development and innovation in nursing education.



Leading with Heart, Mind, Purpose and Empowered Leadership

In today's fast-changing world, the place of women in society has never been more pivotal. Sanskrita embodies the spirit of power, intelligence, and forward-thinking, challenging young girls to be the masters of life with good education and define the future. Leadership is not authority—it is responsibility, inspiration, and effecting positive change. Women have been the pillars of society in the past, but today they need to be the movers and shakers in all fields, from education to politics, business, and social change.

Girls Should Lead: A Call to Action

Women have played pivotal roles throughout history in forming societies, yet their efforts have been marginalized. The reason likely has to do with the social order that continues to be dominated by patriarchal system. But history has witnessed encouraging personalities such as Kiran Bedi, the first woman IPS officer of India, who brought about a change in Tihar Jail. Now, women such as Falguni Nayar, founder of Nykaa, are transforming India's corporate world. It's time for girls to take a step forward and occupy their rightful space. Quality education is not limited to placements alone; it is about initiative, bringing about positive change, and being resilient in the midst of adversity.

Affection and Emotion: The Power of Empathy in women

Real wisdom is a mix of strategy and emotional intelligence. Empathy is something women possess naturally, and it is one of the key qualities a leader must possess. This has been demonstrated by Prof Ela Bhat, the founder of SEWA who has given opportunities to down trodden women and empowered them economically through SHGs. Empathy in leadership promotes collaboration, strengthens teams, and develops workplace culture as a source of inclusivity and well-being.

Listen to Your Soul: Self-Awareness as a Leadership Tool

Real empowerment starts with knowing oneself. Each one has a special purpose in life, and the capacity to listen to one's inner voice is essential in choosing the right path. Malala Yousafzai, in the midst of conflict, remained steadfast in her cause of promoting the education of girls. Her strong belief resulted in the creation of the Malala Fund, empowering girls from all over the world. Amidst the din of social pressures, it is important for young women to step back, look within, and pursue their own calling.

Creativity is Your Core: Innovation as a Driving Force

Innovation is not about business or technology; it's about breaking through traditional norms and coming up with innovative solutions. All girls need to harness their creative potential, whether in leadership, the arts, or in STEM, as creativity allows one to stand out and make an impact in society.

Be Empowered: Creating Opportunities Instead of Waiting for Them

Empowerment is not only about acquiring education or economic independence—it is about having the belief to make choices and take risks. Women entrepreneurs such as Kalpana Saroj (kamani industry, Mumbai) who has never gone to school, have shown the strength of self-reliance by having successfully managed the business. That proves, we need not wait for opportunities; but need to generate them. Empowerment is having the strength to raise voice, take decisions, and mould one's future.

Apply Multidimensional Skills to Enhance Efficiency

With today's fast pace of life, there is no room for inefficiency or rigidity. Success demands flexibility and resourcefulness. Nirmala Sitharaman, India's Finance Minister, is an excellent example of how strategic use of financial acumen, policymaking, and communication can bring about economic development. A holistic approach involving leadership, problem-solving, and cyber literacy skills must be pursued for excellence. The girls must develop a mind set of lifelong learning to continue being effective in their domains.

Lead for Vikasit Bharat: Women in Nation-Building

India is moving towards becoming a global superpower, and the contribution of women to this process is paramount. A real Vikasit Bharat (Developed India) is one where women lead from the front, making policies, propelling economic growth, and bringing social change. Women such as Tessy Thomas, the 'Missile Woman of India,' or Ms Saroj Kanekar, Fire woman, who holds top position at ONGC, have broken stereotypes in science and defense, demonstrating that women's contribution is part of national progress. Mission Mars was headed by women scientist, which is pointing towards the forward-looking role of women in achieving vikasit Bharat.

Conclusion

Sanskrita represents this vision—a world in which every girl is self-assured, empowered, and fearless. The future is for those who have the courage to dream, lead with empathy, and work tirelessly towards creating a society that celebrates inclusivity, creativity, and empowerment. Let every girl adopt Sanskrita as a way of life—leading with wisdom, strength, and purpose towards a brighter tomorrow.

Prof. Medha Tapiawala, Dean, Humanities

भारतीय सामाजिक विज्ञान अनुसंधान परिषद दिल्ली
(आयसीएसएसआर) यांनी अनुदानित केलेल्या दहा दिवसीय रिसर्च
मेथोडोलॉजी कार्यशाळा पुणे येथे संपन्न

भारतीय सामाजिक विज्ञान अनुसंधान परिषद दिल्ली (आयसीएसएसआर) यांनी अनुदानित केलेल्या दहा दिवसीय रिसर्च मेथोडोलॉजी कार्यशाळेचे उद्घाटन ६ मे २०२५ रोजी झाले. या दहा दिवसीय कार्यशाळेचे उद्घाटन एसएनडीटी महिला विद्यापीठाच्या कुलगुरु डॉ. प्रा. उज्वला चक्रदेव आणि प्रा. विजय खरे संचालक आंतरराष्ट्रीय कक्ष सावित्रीबाई फुले पुणे विद्यापीठ यांच्या हस्ते झाले.

प्रा. विजय खरे, हे मुख्य अतिथी म्हणून निमंत्रित केले गेले होते त्यांच्या भाषणात त्यांनी समाजशास्त्रांमध्ये संशोधन करण्याची गरज आहे यावर भर दिला शिवाय जे संशोधन समाजासाठी उपयोगी पडेल असे संशोधन करावे असे आवाहनही केले.

विद्यापीठाच्या कुलगुरु प्रा. चक्रदेव यांनी त्यांच्या अध्यक्षीय भाषणात संशोधन करताना चिकाटी आणि सातत्य लागते शिवाय आपण समाजाचे काहीतरी देणे लागतो यासाठी समाज उपयोगी संशोधन करावे असे सांगितले.

या वर्कशॉप साठी एकूण ३१ संशोधक सहभागी झाले आहेत. त्यामध्ये महाराष्ट्र बाहेरून दहा महाराष्ट्रातील दहा आणि पुण्यातून ११ निवडले आहेत.

या उद्घाटना प्रसंगी एसएनडीटी कला व वाणिज्य महिला महाविद्यालय पुणे यांचे प्राचार्य प्रो. भरत व्हनकटे, एस एन डी टी गृह विज्ञान महाविद्यालयाचे प्राचार्य डॉ. गणेश चव्हाण आणि पदवीधर विभागाच्या समन्वयक आणि पुणे परिसर प्रमुख प्रो. डॉ. शितल मोरे उपस्थित होत्या. ही कार्यशाळा आयोजित करण्यासाठी प्रा. डॉ. वृषाली नगराळे, एसएनडीटी गृह विज्ञान महाविद्यालय पुणे आणि प्रा. डॉ. मृणालिनी घाटगे, एसएनडीटी कला व वाणिज्य महिला महाविद्यालय पुणे यांनी जबाबदारी घेतली आहे.



One-Day Multidisciplinary National Conference on “Teacher Education and Professional Development under NEP 2020”

Introduction

A One-Day Multidisciplinary National Conference on “Teacher Education and Professional Development under NEP 2020” was successfully organized on Saturday, 22 March 2025, at Late Chhabubai Dahake Women College of Education, Ansing, Washim, in collaboration with Dr. Ambedkar Chair, SNMT Women's University, Mumbai. The conference aimed to provide a platform for academicians, researchers, and students to explore various aspects of teacher education and professional development in alignment with the National Education Policy (NEP) 2020.

Objectives of the Conference

- To discuss the role of teacher education and professional development in light of NEP 2020.
- To explore multidisciplinary approaches in teacher training.
- To examine competency-based education and the use of technology in teacher education.
- To identify challenges and solutions for bridging the urban-rural gap in teacher training.
- To analyze the relevance of Dr. B.R. Ambedkar's vision in promoting inclusive education and social justice.

Conference Leadership and Keynote Address

The conference was patroned by Prof. Ujjwala Chakradeo, Hon'ble Vice-Chancellor, SNMT Women's University, Mumbai. It was led by:

- Prakash Sawalkar, President, Adarsh Shikshan Sanstha, Wai, Karanja Lad Smt. Niranjana P. Sawalkar, Secretary, Adarsh Shikshan Sanstha, Wai, Karanja Lad
- The Directors of the Conference were:

- Dr. P. N. Kathole, Principal, Late Chhabubai Dahake Women College of Education
- Dr. Sanjay Shedmake, Director (I/C), Dr. Babasaheb Ambedkar Chair, SNMT Women's University

The Keynote Address was delivered by Dr. Sanjay Shedmake, who emphasized the importance of teacher education and professional development under NEP 2020. He highlighted the need for continuous professional development, competency-based education, and the role of technology in teaching-learning processes. He also expressed gratitude to Hon'ble Vice-Chancellor Prof. Ujjwala Chakradeo for granting permission to organize this prestigious seminar.

Key Themes and Discussions
The conference covered various sub-themes related to teacher education and NEP 2020, including:

- Continuous Professional Development (CPD): A lifelong learning approach for teachers.
- Competency-Based Education: Enhancing skills and knowledge in teachers.
- Role of Technology in Teacher Education: Digital tools and online learning methods.
- Bridging the Urban-Rural Gap in Teacher Training: Addressing disparities in education.

- Social Justice in Education: Dr. Babasaheb Ambedkar's vision for inclusive and equitable education.

- Transforming Assessment Practices in Teacher Education: New methods for evaluating teachers and students.

Special Sessions and Paper Presentations

A special session was chaired by Dr. Rakesh Ramraje, where scholars and researchers presented their papers on various aspects of teacher education. The discussions focused on:

- Innovative teaching methodologies and their impact on learning outcomes.
- The role of multidisciplinary approaches in teacher training.
- The challenges and opportunities in implementing NEP 2020.

The conference also included a Call for Papers, inviting submissions in English, Hindi, and Marathi. Selected papers will be published in a Peer-Reviewed International Refereed Research Journal.

Program Coordination and Execution

The smooth execution of the conference was made possible by the dedicated efforts of:

- Mr. Abhijit Sawalkar
- Mr. Gopal Pawar

They played a crucial role in coordinating the logistics, paper presentations, and participant engagement, ensuring the success of the event.

Outcomes of the Conference

1. Enhanced Understanding: Participants gained deeper insights into the implications of NEP 2020 on teacher education and professional development.

2. Academic Collaboration: The conference facilitated meaningful exchanges between educators, policymakers, and researchers.

3. Practical Recommendations: Key suggestions were made for improving teacher training, technology integration, and competency-based learning.

4. Publication of Research Papers: High-quality research contributions will be published in a reputed journal, promoting further academic discourse.

5. Policy Advocacy: The discussions provided valuable recommendations for policymakers to improve teacher education programs.

Conclusion
The One-Day Multidisciplinary National Conference on “Teacher Education and Professional Development under NEP 2020” was a significant academic event, bringing together experts, researchers, and educators to discuss crucial aspects of teacher training and education reforms. The conference successfully achieved its objectives and contributed to the ongoing discourse on improving teacher education in India. This event marked an important step towards aligning teacher education with NEP 2020, ensuring that teachers are well-equipped to meet the changing educational needs of the 21st century.



Celebrating Maharashtra Day across SNDD Women's University Campuses!

On 1st May 2025, SNDD Women's University proudly celebrated Maharashtra Day across all its campuses with patriotic fervor and institutional pride.

Churchgate Campus:

The celebration was presided over by Prof. Ruby Ojha, Pro-Vice Chancellor, along with Dr. Sanjay Phad, Campus Coordinator, Dr. Subhash Chavan, Director BMK-KRC, Dr. Sanjay Shedmake, Principal I/C PVDT, and Dr. Shobha Gaikwad, Principal I/C LT

Nursing. Teaching and non-teaching staff and spirited NCC cadets participated enthusiastically.

Juhu Campus:

Presided by Dr. Vilas Nandavadekar, Registrar, the event saw the presence of Prof. Jayashree Shinde, Dean A/C Interdisciplinary Studies, Mr. Dinesh Girap, Principal I/C of PV Polytechnic, Mr. Vikas Desai, Finance & Accounts Officer, and Mr. Rajesh Wankhede, Principal I/C Law School.

Pune Campus:

Presided by Dr. Himmat Jadhav, Dean, Science and Technology, the event was graced by Dr. Purnima Mehta, Governor Nominee & Management Council Member, Dr. Sangeeta Shirode, Principal I/C B.Ed College, Dr. Mahesh Koltame, CHETNA Coordinator, and Dr. Sheetal More, Campus Coordinator and other staff members were present.

Chandrapur Campus:

Led by Prof. Prabhakar Chavan,



Director, Lifelong Learning and Extension, with Dr. Rajesh Ingole, Director of Chandrapur Campus, Dr. Balu Rathod, Asst. Registrar, and Dr. Vedanand Almast, Campus Coordinator, the campus echoed with patriotic sentiments.

Shriwardhan Campus:

The event was presided over by Prof. Nilesh Thakre, Dean Humanities A/C, and Dr. D.P. Rane, Principal of Shriwardhan Model College, along with the committed team of faculty and staff. A heartfelt tribute to the spirit,

culture, and progress of Maharashtra!



SNDT Women's University – Chandrapur Campus Review Meeting

A significant review meeting was conducted today at SNDT Women's University, Mumbai, under the insightful leadership of Hon'ble Vice Chancellor Prof. Ujwala Chakradeo to assess the progress of the upcoming SNDT Chandrapur Campus.

The session focused on key aspects such as:
Infrastructure development
Required funding, Appointment of academic & non-teaching staff
Future facilities for students

We were honored by the presence and valuable guidance of Hon'ble MLA of Ballarpur Shri Sudhir Mungantiwar, whose vision and efforts have been instrumental in making the Chandrapur campus a reality.

From University, Prof. Ruby Ojha, Pro-Vice Chancellor, Mr. Rakesh Valvi, Registrar Addl. Charge, Mr. Vikas Desai, Finance & Accounts Officer were present.

Together, we are taking strong strides towards expanding access to quality women's education in Vidarbha, aligned with the spirit of Vikasit Bharat @2047.



Career Guidance Workshop at SNDT Women's University – Empowering Futures!

On 16th May, SNDT Women's University, in collaboration with Maharashtra Times, successfully organised a Career Guidance Workshop at the Churchgate campus on the theme:

"Career Opportunities after 12th"

The session was graced by:

1. Prof. H.T. Jadhav, Dean, Science and Technology
2. Prof. Aditi Sawant, Principal, SNDT College of

Arts & SCB College of Commerce and Science, Churchgate

The workshop witnessed an enthusiastic response from students, including participants from Nepal, reflecting its wide impact and relevance.

Students gained valuable insights into diverse career paths and were inspired to explore opportunities aligned with their passions and strengths.



Three-Day State-Level Training Program on Data Analysis Using SPSS

The Department of Economics, SNDT Women's University, successfully organized a **Three-Day State-Level Training Program on Data Analysis Using SPSS** from **March 5-7, 2025**, at the PG IT Lab. The program saw the participation of **60 students, faculty members, and research scholars from various institutions**.

The event began with an inaugural ceremony by **Dr. Vilas Nandavadekar, Registrar of SNDT Women's University**, followed by an address from **Dr. Sanjaykumar Phad, Head of the Department of Economics**, emphasizing the significance of SPSS in research.

Ms. Shobhana Nadar, Assistant Professor & Statistician at Guru Nanak Khalsa College of Arts, Science & Commerce, conducted engaging hands-on sessions on data analysis, hypothesis testing, regression, and data visualization using SPSS. Participants actively explored statistical techniques through practical applications.

The program concluded with a certificate distribution ceremony, where **Dr. Subhash Chavan, Director of BMK Knowledge Resource Centre**, awarded certificates to participants for successfully completing the training.

The event received excellent feedback, with participants appreciating the interactive learning experience and real-world application of SPSS. A sincere thank you to all attendees, organizers, and the resource person for making this event a resounding success!



देशभक्ती सप्ताहाची सुरुवात पुणे परिसरात उत्साहात!

श्रीमती नाथीबाई दामोदर ठाकरसी विद्यापीठामध्ये देशभक्ती सप्ताह (१० ते १७ मे २०२५) उत्साहात साजरा होत आहे. या सप्ताहाचा प्रारंभ दिनांक १० मे रोजी विद्यापीठाच्या पुणे परिसरात करण्यात आला.

या विशेष प्रसंगी विद्यापीठाचे कुलसचिव प्रा. विलास नांदवडेकर आणि आवार प्रमुख डॉ. शीतल मोरे यांच्या उपस्थितीत कार्यक्रम पार पडला. भारतीय सैन्य दलातील निवृत्त अधिकारी ब्रिगेडियर संजय होले (विशेष सेवा पदक - मराठा लाईट इन्फंट्री) यांचे प्रेरणादायी मार्गदर्शन लाभले.

खरी देशभक्ती म्हणजे केवळ सीमारेषेवर लढणे नव्हे, तर दैनंदिन जीवनात जबाबदारी स्वीकारून अन्न वाचवणे, रक्तदान करणे, पेट्रोलचा काटकसरीने वापर करणे - हे देखील देशसेवाच! असा महत्त्वपूर्ण संदेश त्यांनी विद्यार्थ्यांना दिला.

कार्यक्रमात विद्यापीठातील प्राचार्य, विभागप्रमुख, संचालक, NCC कॅडेट्स, विद्यार्थी, शिक्षक व शिक्षकेतर कर्मचारी मोठ्या संख्येने सहभागी झाले होते. तसेच ICSSR अंतर्गत सुरू असलेल्या कार्यशाळेतील देशभरातून आलेले विद्यार्थीदेखील उपस्थित होते.

या उपक्रमाची संकल्पना व प्रेरणा आदरणीय कुलगुरु प्रा. उज्वला चक्रदेव यांच्या मार्गदर्शनाखाली साकार झाली. त्यांचे मनःपूर्वक आभार!



VARIOUS ACTIVITIES OF HISTORY DEPARTMENT

Flavours of India: A Cultural Food Festival Exhibition - The Department of History organized a food exhibition on titled 'Flavours of India - A Cultural Food Festival Exhibition' on 28th February 2025. The Chief Guest for the programme was Prof. Dr. Ruby Ojha, Honourable Pro Vice Chancellor, SNDT Women's University. Professor Dr. Meherjyoti Sangle, Convener of the food Exhibition & Head of Department of History, SNDT Women's university, Mumbai welcomed all and delivered her address on the importance and linkage of History and Culinary traditions in India. It was conducted in Classroom 611. The Judges for programme were Dr. Sagar Karkhanis and Ms. Riddhi Joshi who are enthusiasts and experts in the fields of the History of food and Culinary traditions of India. 15 students from MA Part I and II participated in the exhibition and prepared traditional food from different parts of India for exhibiting it here. Ms. Pooja Jha won the first prize, Ms. Nupur Vaishnav won the second prize, and Ms. Pooja Shergokar and Ms. Saniya Ansari won the third prize. The exhibition not only highlighted the traditional food of India but also garnered interest in the history and sociology of various food traditions of India.

Smt. Shanta Gambhir Memorial Lecture 2025 - The Department of History organized the yearly Smt. Shanta Gambhir Memorial Lecture titled 'Encapsulating the Position of Women at Vijayanagara from 1336-1565' by Dr. Lata Pujari, Coordinator, Sophia Irene Heredia Center for Women's Studies and Development, Sophia College for Women (Empowered Autonomous), Mumbai and the lecture was chaired by Dr. Mohsina Mukadam, Associate Professor and Head (Retd.), Ramanarain Ruia Autonomous College, Mumbai. The lecture was conducted on March 6, 2025 in classroom 601. Around 25 students attended it. The welcome speech was given Prof. Dr. Meherjyoti Sangle, Professor and Head, Department of History and both the speaker and chair were introduced by Ms. Shalaka Torane, Assistant Professor (Consolidated), Department of History. The lecture discussed the life of women at Vijayanagara during the period from 1336 to 1565, and their contribution to the Vijayanagara society.

Professor Dr. Meherjyoti Sangle's research has been acknowledged by AD-Scientists Ranking in World wide, Asia and Indian Universities ranking in 2025. I'm in the 11th rank out of 253 in India in History and Social Sciences in January 2025. It is based on the publication of my research papers in last 6 years and it's in H-index(17), I-Index (28), and highly citations (1132).

STUDENTS ACHIEVEMENTS OF DEPARTMENT OF HISTORY

MA History students in Quiz Competition - The Department of History of SNDT Arts and SCN College of Commerce and Science had organized a two-days competition for students on the theme of History on February 4, 2025. 4 students of our department participated in the event. A Quiz Competition was organized as a part of the programme in which students were asked various questions related to the different periods of History. Ms. Pooja Jha (MA History, Part II) won the first prize in this competition demonstrating exceptional knowledge and skill. She successfully answered challenging questions, securing a well-deserved prize.

MA History students in Sports Competition - The students of MA, Department of History participated in the Inter-Collegiate Sports Competition organized by the Department of Sports and Physical Education, SNDT Women's University, Mumbai titled 'Intra Campus Sports Fest 2025' on January 30, 2025. The competition featured a series of exciting events, with students competing fiercely and displaying excellent teamwork and sportsmanship. 6 students of Department of History participated in various sports organized during the fest. 4 students of MA Part I, Ms. Nupur Vaishnav, Ms. Ritika Chauhan, Ms. Pooja Shergokar, and Ms. Sachi Karande won silver in the Badminton Competition showcasing their skills and sportsmanship during the game.

MA History student Ms. Pooja Jha (MA History, Part II) has been selected FOR Recreation Section in Abhivyakti Munch 2024 of SNDT Women's University, Mumbai on February 15, 2025.

COMMUNITY ENGAGEMENT REPORT

When I started my hostel life, like every new student in the hostel, it took me a few weeks to emotionally settle in and adapt to the new environment. This was my first time living in a hostel. However, soon I got used to the new place and made many friends. Three years ago, before joining the hostel, I was very shy and reserved. I used to depend on my parents for every small need and had never been used to staying away from home. I am very attached to my parents, and they love me dearly, fulfilling all my needs.

Our hostel provides spacious, well-ventilated rooms, unlimited Wi-Fi, a medical room, 24-hour water supply, two-time breakfast, and two-time meals, so I never faced any issues. SNTD Women's University Hostel is always committed to ensuring the safety and security of its students, and I never faced any trouble regarding that.

Samiksha Gajbiye
(5 th Year BBA LLB Law School)

My hostel experience was a mix of challenges and growth. The facilities were decent, with furnished rooms, regular meals, and cleanliness maintained by housekeeping. Security was ensured through CCTV and wardens, while Wi-Fi and study spaces supported academics. Recreational activities provided relaxation, though homesickness and adjusting to roommates were initial challenges. Over time, I adapted, made new friends, and became more independent. Overall, hostel life taught me valuable lessons and created unforgettable memories.

Vaidehi Sapte, TYBSC Nursing Department
LTCN, SNTDWU

Living in a women's hostel has been one of the most memorable experiences of my life. It was not just a place to stay but a home filled with friendship, learning, and personal growth. From late-night studies and endless gossip sessions to celebrating festivals together, every moment was special. I learned the value of sharing, understanding different perspectives, and supporting each other through ups and downs. I will always cherish these memories and the strong friendships I've made. Thank you all for being part of this journey!

Hindvi Naiik, PVDT

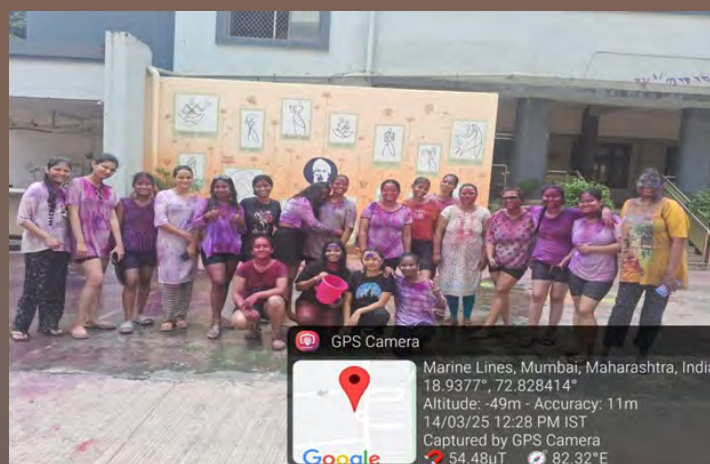
Living in my hostel has been a comfortable and secure experience, thanks to its well-maintained facilities. The washrooms are kept clean, ensuring hygiene, while filtered water is always available for safe drinking. The mess provides good food with effective management, making meals hassle-free. Safety is a priority with camera surveillance and security around the premises. The hostel also offers a visitors' room, a medical room for emergencies, and recreational spaces like a game room. A dedicated study room provides a quiet environment for learning. Overall, the hostel ensures a balanced lifestyle with comfort, security, and necessary amenities for students.

Pheba Mathew
TYBSc Nursing Department
LT College of Nursing SNTDWU

Living in a hostel for the past three months has been an eye-opening experience. Adjusting to a

new environment, meeting people from different backgrounds, and managing responsibilities independently have all contributed to personal growth. Our hostel is equipped with modern facilities to provide a comfortable and secure living environment. Spacious rooms with proper furniture, clean washrooms, and regular housekeeping services helps to ensure hygiene and convenience. The hostel has a good mess area offering nutritious meals, a study area for focussed learning, and recreational spaces like game room ,tv room for relaxation. High-speed Wi-Fi, and proper security . With these facilities it helps to create a home-like atmosphere . Hostel facilities from well-maintained rooms to a supportive community, have made the transition smoother. While challenges like adapting to routines and sharing spaces exist, the friendships and experiences gained make it all worthwhile. Hostel life is not just about accommodation—it's about learning, bonding, and creating memories that last a lifetime.

- Rutuja Dhande
M pharm 1st yr
C U Shah College of Pharmacy



SNDT Women's University Shines at National Rifle Shooting Championships!

We are proud to announce that Ms. Komal Waghmare, a student from our Department of Psychology, has won the Silver Medal in the 10 Meter Air Rifle – Deaf Women category at the prestigious National Shooting Championship (KSS Delhi)!

Hon'ble Vice Chancellor Prof. Ujwala Chakradeo congratulated Komal on her outstanding achievement, along with Dr. Kavita Kholgade, Director of Physical Education and Sports, and Prof. Nilesh Thakre, Dean I/C Humanities. Heartiest congratulations to Komal and her mentors for this remarkable feat! Your dedication and excellence have brought pride to SNTD Women's University.

