

S.N.D.T WOMEN'S UNIVERSITY
DEPARTMENT OF PHYSICAL EDUCATION
SPORTS CALENDAR 2014-15
REVISED CHANGE OF DATES

D) INTER COLLEGIATE SPORTS COMPETITIONS :

<u>Events</u>	<u>Dates</u>	<u>Host</u>
1. Sr. Inter Collegiate Table Tennis, Badminton ,Chess, Yoga , Judo & Essay Competitions	Aug 8 - 9 , 2014 (Fri - Sat)	P.T. Mahila College of H.Sc & Arts , Surat
2. Sr. Inter Collegiate Basketball, Taekwondo, Fencing, Boxing, Rope Mallkhamb, Wrestling & Quiz Competitions	Sept 16 - 17 , 2014 (Tues - Wed)	S.V.T College of Home Science, Juhu
3. Sr. Inter Collegiate Kabaddi ,Kho-Kho, Carrom,Tug-of-War , Volleyball & Elocution Competitions	Sept 23 – 24 , 2014 (Tue - Wed)	S.N.D.T. Arts & Commerce College, Pune
4. Sr. Inter Collegiate Cricket, Langadi, Athletic Meet , Road Race & Softball Competitions	Nov 13 - 14, 2014 (Thurs - Fri)	Women's College for BCA & H.Sc, Loni.
5. Jr. Inter Collegiate Sports Competitions (18 games)	Dec 10- 11 – 12, 2014 (Wed - Thurs - Fri)	S.T. Mehta College, Ghatkopar
6. Inter Collegiate Games Competitions for B.Ed / M.Ed Colleges.	Jan first fortnight ,2015	Saraswati B.Ed College, Dombivali
7. Inter Collegiate Games Competitions for Post Graduate Departments / Colleges	Jan Third fortnight , 2015	Maniben Nanavati College, Vile Parle

:2:

II) WORKSHOPS, SEMINARS, CONFERENCES :

- | | | |
|--|--------------------------------------|----------------------------------|
| 1) Sports Leadership Workshop for students | July 2 nd fortnight, 2014 | Mumbai , Pune , Kolhapur, Akhuj |
| 2) Workshop on First Aid for teachers & students | August, 2014 | St. John Ambulance, Mumbai |
| 3) State Level Rhythmic Gymnastics Orientation Course | November , 2014 | Department of Physical Education |
| 4) Workshop on Leadership through Sports | August 14-15-16 , 2014 | Leslie Sawhny Centre, Devlali |
| 5) National Conference of Sports Management for Teachers & Coaches | August 27, 2014 | S.M.R.K College Nashik. |
| 6) Self Empowerment Workshops through Sports | Sept , 2014 | Churchgate, Juhu & Pune Campus |
| 7) State Level Games Workshop For Teachers & Coaches | October 4, 2014 | Shri M.D.Shah College , Malad |
| 8) AIDS Awareness Workshops through Sports . (during Ashwamedh Camp) | Nov 22-23 , 2014 | Churchgate Campus, Sangli, Loni |

III) INTER UNIVERSITY COMPETITIONS :

- | | | |
|---|----------------------------|----------------|
| Zonal & All India Inter University National Sports Competitions | October 2014 to March 2015 | 16 to 20 games |
|---|----------------------------|----------------|

IV) COACHING CAMPS :

- | | | |
|---|------------------------|--|
| 1. Off season Sports Coaching Camps (to enhance the fitness and games skills) | August , 2014 (7 days) | 7 zones (Churchgate, Juhu, Pune Campus, Sangli, Loni, Surat, Nashik) |
|---|------------------------|--|

- | | | |
|---|---------------|--|
| 2. University Sports Coaching Camps
(prior to every Inter University
Sports Competitions) | 12 to 15 days | 18 to 20 games
(Advance Sports
Competitive skills) |
|---|---------------|--|

:3:

V) KRIDA MAHOSTAV ASHWAMEDH SPORTS MEET - 2014 :

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad	November 27 to December 1, 2014	Basketball, Volleyball, Kabaddi, Kho- Kho , Athletics
--	------------------------------------	---

VI) SWAYAMSIDHA SELF DEFENCE CAMPS :

- | | | |
|---|-----------------|---|
| • Swayamsidha Self Defence Camps | September, 2014 | 7 zones |
| • Swayamsidha Self Defence Camp | One month | for II year students of
all faculties. |
| • Swayamsidha Self Defence Training
Course | One Month | Students, Housewives
& Working Women |

VII) HARMONY GAMES :

- | | | |
|--|--------------------|--|
| 1. Harmony Games for Hostel students | August , 2014. | Churchgate, Juhu &
Pune Campus |
| 2. Harmony Games (Zonal Level)
(Non Teaching Staff) | Januray ,2015 | Churchgate Campus,
Juhu Campus &
Pune Campus |
| 3. Inter Zonal Harmony Games
cum Prize Distribution | January 25/26,2015 | Juhu Campus |

VIII) HIKING , TREKKING, ADVENTURE CAMPS:

- | | |
|---------------------|--------------------------------|
| • Hiking & Trekking | Once a month on any given day. |
|---------------------|--------------------------------|

- Adventure Camps
Rainy Camp – (2 days).
Diwali Vacation Camp – (3 days).
Christmas Vacation Camp – (3 days).
Summer Vacation Camp – (5 days).

:4:

- Basic Adventure Sports Camp November 1-2 -3 , 2014 , Ratnagiri. (3 days)
- Basic Jungle Sports Camp October 29-30-31, 2014 (Loni)
- Basic Mountaineering Camp December 20 to January 3, 2015 , Darjeeling. (15 days)
- Adventure Training Camp Juhu / Pune Campus - (once a month) .
- Rock Climbing Wall Training Sessions Juhu Campus – weekends
Pune Campus – weekends.

IX) GYM FITNESS TRAINING CAMPS AT FITNESS CENTRES :

- | | |
|---|---------------------------|
| Basic Fitness Training Camps
(to become trained Fitness Instructors
and develop overall fitness). | Juhu Campus & Pune Campus |
|---|---------------------------|

X) SNTD YOGA COURSES JOINTLY WITH YOGA INSTITUTE KAIVALYADHAMA S.M.Y.M. SAMITI, LONVALA :

- Foundation Course in Yoga (one month). students, staff, housewives,
working women
- Certificate Course in Yoga (four months). For interested participants
(Instructor's Yoga centre)
- P.G Diploma Course in Yoga Teaching (9 months). For interested participants
(Teacher's Training Yoga Course)

XI) COLLEGE / UNIVERSITY SPORTS WEEK /DAY :

- College Sports week
(Colleges to organise sports programmes,
workshops, get-to-gether, talks & fitness session etc.) December 9 to 17, 2014
- University Sports Day
(All College students to assemble at Juhu
Campus for University Sports Day Celebration). December 18, 2014.

:5:

XII) TORCH RALLY PROGRAMME :

On the occasion of International Women's Day

March 8, 2015

XIII) SNDT MINI MARATHON :

For students of the University

December, 2014

