S.N.D.T WOMEN'S UNIVERSITY DEPARTMENT OF PHYSICAL EDUCATION SPORTS CALENDAR 2022-23

I) INTER COLLEGIATE SPORTS COMPETITIONS:

| Sr. No. | Events | Dates | Host |
|------------|---|--------------------------------|---|
| 1 | B.ed Inter Collegiate Tournament | July 2022 | PVDT College, Churchgate |
| 2 | Sr. Inter Collegiate Kabaddi, Kho – Kho, Volleyball, Athletics, Baseball, Tug – of – War, | September 2022 | Sangli College / Akluj College / Aurangabad College |
| 3 | Sr. Inter Collegiate Cricket, Judo, Yoga, Mallakhamb, Fencing, Boxing, Taekwondo, Badminton, Table – Tennis, Wrestling, Handball, Basketball, Road Race, Football & Chess. | August 2022 to January 2023 | Department of Physical Education |
| 4 | Inter Collegiate Sports Festival (18 games) | December 2022 | Department of Physical Education |
| 5 | Minithon Road Race | January 2023 | Department of Physical Education |
| 6 | P. G. Department Inter Collegiate Tournament Badminton, Table – Tennis, Chess, Carrom & Throwball. | February 2023 | Department of Physical Education |

II) MEETING, WORKSHOPS, SEMINARS, CONFERENCES:

| Annual Sports Meeting cum Prize Distribution for Sports Teachers & Teachers Incharge of Sports | July 2022 | Committee Room, Churchgate Campus |
|--|-------------------------------------|---|
| Workshop on Fitness Enhancement for students | July 2022 July 2022 July 2022 | Churchgate Campus Juhu Campus Pune Campus |
| Workshop on Leadership through Sports for student leaders | August 2022 | Shantiwan, Panvel |
| National Sports Day Celebration | August 29, 2022 | B. M. Ruia College, Gamdevi |

III) INTER UNIVERSITY COMPETITIONS:

Zonal & All India Inter University National Sports Competitions October 2022 to March 2023 20 to 24 games

IV) COACHING CAMPS:

| Off season Sports Coaching Camps (to enhance the fitness and specialized games skills) | | |
|--|----------------------------|---|
| Boxing, Yoga & Chess | July 2022 | Churchgate Campus |
| Taekwondo, Judo & Wrestling | July 2022 | Pune Campus |
| University Sports Coaching Camps (prior to every Inter University Sports Competitions) | 12 to 15 days | 18 to 20 games (Advance Sports Competitive skills) |
| University Ashwamedh Sports Coaching Camp | November 15 to 25, 2022 | Juhu Campus / Pune Campus / Sangli Campus |

V) KRIDA MAHOSTAV ASHWAMEDH SPORTS MEET - 2022:

Dr. Babasaheb Marathwada , November 27 to Basketball, University, Aurangabad. December 1, 2022 Kabaddi, Kho- Kho

Athletics.

VI) SWAYAMSIDHA SELF DEFENCE & YOGA CAMPS:

Swayamsidha Self Defence & Yoga January 2023 Churchgate, Juhu & Pune Campus (for final year students) Shrivardhan Campus

Dhule College, Vajreshwari

VII) HARMONY GAMES:

| Harmony Games for Hostel students | January 2023 | Churchgate Campus |
|-----------------------------------|--------------|-------------------|
| | January 2023 | Juhu Campus |
| | January 2023 | Pune Campus |
| | | |

VIII) HIKING, TREKKING, ADVENTURE CAMPS:

| Hiking & Trekking | Rainy hike – Padsdhari | July 2022 |
|-----------------------------|---------------------------|---------------|
| Basic Adventure Sports Camp | Pune. | December 2022 |
| Basic Trekking Sports Camp | Bhimashankar | January 2023 |
| Jungle Sports Trek | Shrivardhan Campus | Feb. 2022 |

IX) INTERNATIONAL YOGA DAY CELEBRTION CUM WORKSHOP:

International Yoga Day Celebration cum Workshop (for students & staff)

June 17 to

Churchgate, Juhu, Pune, Shrivardhan Campuses, Byculla, Vajreshwari, &

Marine Drive

June 28, 2022

X) COLLEGE / UNIVERSITY SPORTS WEEK /DAY :

College Sports Week December 2022

(Colleges to organise sports programmes, workshops, get-to-gethers, talks & fitness session etc.)

December 2022 University Sports Day

(All College students to assemble at Juhu Campus for University Sports Day Celebration)

XI) <u>INTERNATIONAL WOMEN'S DAY CELEBRATION</u>:

March 8, 2019 Churchgate Campus

March 9, 2019 Juhu Campus

March 10, 2019 Pune Campus

XII) ADVANCE SPORTS COACHING CAMPS:

Advance Sports Coaching Camps (for I & II year University Sports students) May 2 to 20, 2023