

SNDT WOMEN'S UNIVERSITY, MUMBAI

REG/238/2025-26/144-

July 31, 2025

CIRCULAR:

To

All HoD, Principal of Affiliated and Conducted Colleges by this University.

Subject: Implementation of Anti-Ragging awareness program at college / Institution.

Ragging is a disturbing reality in the higher education system of our country. Although over the years, ragging has claimed hundreds of innocent lives and has ruined the careers of thousands of bright students, the practice is still perceived by many as a way of 'familiarisation' and an 'initiation into the real world' for young college-going students.

On the directives of the Hon. Supreme Court, UGC framed the "UGC Regulations on curbing the menace of Ragging in Higher Educational Institutes, 2009.

In this Context, University Grants Commission (UGC) recommended (Vide letter No. F.No.1-15/2009 (ARC) Pt. III dated 30.07.2024 the guidelines & structure of Programs to conduct Anti - Ragging Awareness Program and activities at all colleges / Institutions affiliated to and conducted by the university.

The Detail of Programs / activities is as follows.

1. Display the constituted University Anti-Ragging Committee as nominated by the Hon'ble Vice Chancellor.
2. Prepare Anti Ragging Committee at the college/department level
3. Add UGC Anti Ragging rules in college brochure or provide students with a pamphlet regarding same
4. Arrange an Orientation Program for all freshers.
5. Put Anti Ragging Posters in all prominent places in colleges/departments/mess etc.
6. Anti-Ragging helpline numbers, mail, etc. to be displayed in prominent places of college washroom, canteen, mess, common areas, etc.

Kindly display the Anti Ragging Helpline Number of the University as given in the PPT slide of Anti-Ragging Committee Members and the Helpline Number of each campus.

The helpline email ID of SNDT Women's University is: anti-ragging@sndt.ac.in

The helpline number of UGC is 1800-180-5522(24x7 Toll-Free) or the Anti Ragging e-mail helpline given on the UGC site: helpline@antiragging.in

7. Arrange competition in Anti Ragging week from August 12 to 18, 2025 (Seminars, Workshops, Slogan writing, Poster Making, Logo Designing, Skits, or any other creative avenues). Details of activities conducted under Anti Ragging should be shared with a report and 5 photos to the following e-mail Id: antiragging@sndt.ac.in
8. Anti-Ragging posters which, is sent as attachment must be displayed in all prominent places like admission center, departments, library, canteen, hostel, common facilities etc.
9. Anti-Ragging committee remembers which is sent as an attachment the banner needs to be displayed in the size of the 8x6 feet.

10. Student Anti-Ragging affidavit. All students enrolled in the University have to go to the online anti ragging UGC website and fill the anti ragging undertaking form: with self, University and parents undertaking. The steps to fill out the form are given in the step-to-step guide pdf given in the attachment which can be shared with the students. Colleges need to collect the Anti Ragging undertaking reference number from students and keep it in the Anti Ragging file and also share the Google form link provided below to the students to enter the data for the University too.

Google form Link:

✓ <https://forms.gle/zwSSAipjuXau6M5fA>

11. Use the hashtag **#YaARIYouthAgainstRagging** in all your awareness activities and social media campaigns & posts related to celebrating Anti-Ragging Day/Week, and tag UGC and C4Y.
12. Conduct social media campaigns, post activities, and video messages by the head of the institution to disseminate Anti-Ragging messages on the institution's website and social media platforms.
13. Organize the activities as suggested in the **UGC's advisory 2025** i.e.
- Inaugural ceremonies,
 - Competitions (Slogan writing, essay writing, poster making, logo designing, street play performances, photography, quiz competitions, debates, and more on Anti-Ragging themes),
 - Anti-Ragging workshops, seminars, interactive sessions and other creative avenues,
 - Screening of short films/ TVCs to the students and faculty.
14. UGC and C4Y are organizing a **National Contest 2025** for students:
- Contest 1 - Instagram Threads Digital Poster Making,
 - Contest 2 - Instagram Reel Making,
 - Contest 3 - YouTube Video.

Please disseminate this information among your students and encourage their participation. The poster and the detailed information is available at **www.antiragging.in** regarding the National Contest, its categories, deadlines, eligibility, selection, submission and awards.

15. **Selfie Corner Stand designs** have been created for you to print, and for this, you may consider designating an Anti-Ragging Selfie Corner in a prominent location on your campus.
16. To facilitate these awareness activities, the creative designs for **Anti-Ragging Day/Week: Banners, National Contest 2025 Poster, Social Media Creatives, Selfie Stand designs** can be accessed and downloaded from the Anti-Ragging website.
17. HEIs are also advised to share, inform, and engage students, faculty, and non-teaching staff for their active participation.
18. The Anti-Ragging Day/Week activities can also be held throughout the entire month, depending on student's availability on campus.
19. HEIs with a greater number of awareness and innovative activities will be appreciated and applauded.
20. Kindly forward this advisory to all the colleges within your jurisdiction to organize Anti-Ragging Day/Week activities accordingly.

21. **The Action Taken Report** on the activities conducted and participation during the Anti-Ragging Day/Week may please be submitted on the Anti-Ragging website (www.antiragging.in/action-taken-on-celebration-of-anti-ragging-day-2025.php).
22. For further updates, please visit www.antiragging.in or contact Alka Tomar, Chairperson, Centre for Youth (C4Y), UGC National Anti-Ragging Monitoring Agency at **98180 44577, 011 4161 9005, alka.tomar@c4yindia.org, antiragging@c4yindia.org**.
23. Anti Ragging videos and TVCs given as attachments should be shown to all the students in colleges/departments. Kindly go on the UGC websites 1.e. www.ugc.ac.in & www.antiragging.in there are 5 TVCs of 30 seconds each which need to be shown to all students. It is mandatory to show students the 5 Anti-Ragging documentaries of 30 seconds which are attached below. Given below also are links to the Anti-Ragging documentaries to be shown to all students.
24. Inaugural ceremonies to mark the launch of Anti-Ragging Day/Week.
25. Competitions such as slogan writing, essay writing, poster making, logo designing, street play performances, photography, quiz competitions, debates, and more on Anti-Ragging themes. Distribute certificates and prizes to encourage the participants to actively promote Anti-Ragging measures.
26. Social media campaigns, activity posts, and video messages by the head of the institutions to disseminate Anti-Ragging messages on the institution's website and social media platforms.
27. Awareness activities like workshops, seminars, interactive sessions, and other creative avenues such as setting up selfie corners on campus to spread the key messages.
28. Encourage your students to participate in the National Contest 2025 on Digital Posters, Reels, and Short Videos. Detailed information regarding the National Contest, its categories, deadlines, eligibility, selection, and awards is available at www.antiraggings.in.
29. Forward this advisory to all the colleges within your jurisdiction to celebrate Anti-Ragging Day/Week. The Higher Educational Institutions are requested to kindly download the creatives related to Anti-Ragging Day/Week from the Anti-Ragging website. Institutions are also advised to share, inform, and engage students, faculty, and non-teaching staff for their active participation. Further, the Action Taken Report on the activities conducted and participation during the Anti-Ragging Day/Week may please be submitted on the Anti-Ragging website through the following link:
<https://antiragging.in/action-taken-on-celebration-of-anti-ragging-day-2025.php>

Given Below are links to the Anti Ragging Documentaries:

- ✓ <https://www.youtube.com/watch?v=hxc8vpWjql8> - YouTube
- ✓ <https://youtu.be/88CrBIZS2vc> - YouTube
- ✓ <https://www.youtube.com/watch?v=BjcynOHs0qQ>
- ✓ <https://www.youtube.com/watch?v=gSCYsCzOoMs>
- ✓ <https://www.youtube.com/watch?v=Zur1BmnjeR0>
- ✓ <https://www.youtube.com/watch?v=5KVQrVY1eaM>
- ✓ <https://www.youtube.com/watch?v=Qv2-CNXM1Z4>

The Following activities & Program will be scheduled in Anti Ragging week i.e. August 12-18, 2025 at College & University level.

You are informing that kindly conduct the activities at your College/ Insti and send the report with action photographs an email – antiragging@sndt.ac.in

The activities plan is as follow:

ACTIVITY PLAN FOR ANTI RAGGING WEEK

Sr. No.	Name of Activity	Responsibility	Date
1	Anti Ragging Awareness during Orientation Program	Dept/College/Institute	12/08/2025
2	Debate Competition	NSS	13/08/2025
3	Awareness Lectures, Seminar, Talk	Dept/College/Institute	13/08/2025
4	Slogan Writing, essay writing	NSS	14/08/2025
5	Poster Making (Digital/Hand Made) & logo designing	DSW	14/08/2025
6	Awareness Though social media	DSW	14/08/2025
7	Show short films & Leaflet distribution	Dept/College/Institute	16/08/2025
8	Quiz competitions & Photography	Dept/College/Institute	17/08/2025
9	Street play performances	Dept/College/Institute	18/08/2025


(Dr. Vilas Nandavadekar)

Registrar