



UNIVERSITY GRANTS COMMISSION NET BUREAU

NET SYLLABUS

Subject: Home Science

Specialization: Human Development

CHILD/HUMAN DEVELOPMENT

1. Principles of growth and development, care during pregnancy and pre-natal and neonatal development.
2. Theories of human development and behavior.
3. Early childhood care and education – activities to promote holistic development.
4. Influence of family, peers, school, community and culture on personality development.
5. Children and persons with special needs, care and support, special education, prevention of disabilities, rehabilitation.
6. Children at risk-child labour, street children, children of destitute, orphans, child abuse and trafficking.
7. Adolescence and youth: changes, challenges and programs to promote optimal development.
8. Adulthood, characteristics, changing roles and responsibilities in early and middle adulthood.
9. Aging-physical and psychological changes and care needs.
10. Research methods-types of variables and their selection.

FAMILY STUDIES

1. Dynamics of marriage and family relationships.
2. Family welfare-approaches, programmes and challenges, role in national development.
3. Domestic violence, marital disharmony, conflict, resolution of conflict.
4. Parent education, positive parenting, community education.
5. Family disorganization, single parent families.
6. Family studies-family in crisis, family therapy, initiatives for child development.
7. Human rights, rights of children, rights of women, status of women, gender roles.
8. Guidance and counseling- across life span and for care givers.
9. Health and well being across life span development.
10. Research methods- data collection and classification, coding, tabulation, inferential and descriptive statistics.

Note: Syllabus mentioned under UGC NET is applicable