



SNDT WOMEN'S UNIVERSITY

Centre for Holistic Education, Training and Novel Advancements
(SNDTWU-CHETNA)



Certificate Course in YOGA

(2 Credit course)

For Mental & Physical Wellbeing

Beneficial for

Students, Teaching, Non-teaching staff & Working Women

Duration: 4 months (Mon-Wed-Fri)

Date: 11th September, 2023 onwards **Time:** 11:00 am to 12:00

Course Fee ₹ 550/- only

Venue: Maharshi Karve Seminar Hall / 5th Floor, Bharat Ratna Maharshi Karve Vidayvihar,
SNDT Women's University, 1, Nathibai Thackersey Road,
Churchgate, Mumbai-400020

50 participants per batch

Hurry! Hurry! Hurry!

Enrol on the link:- <https://forms.gle/1DKd3BkXBfnhddP48>

Contact:

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