

Centre For Distance and Online Education

S.N.D.T. Women's University

Examination: April 2025

Day & Date	Subject Name	Time	Marks
17/04/2025 Thursday	Guidance and Counseling	11:00 a.m. to 02:00 p.m.	100

Instructions:

1. Question number 7 is compulsory
2. write any 5 questions from 1 to 6

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- Q.1 Explain the concept personality? Explain big five trait theory of personality 15
- Q.2 Rama is 16 years old girl she has approached you for counselling as she has depression due to parental pressure how you will help her to deal with the situation by counselling her. ? 15
- Q.3 Explain different mental health issues which need counselling ? How you will identify person with obsessive compulsive disorder and Eating disorder 15
- Q.4 Radha wants to become school counsellor what academic qualification and professional qualities she should have and why those qualities are important to be a good counsellor 15
- Q.5 'Family support plays an important role in positive mental health'-- do you agree with this statement justify your answer 15
- Q.6 As a counsellor how would you use Howard Gardner's Theory of Multiple Intelligences to guide students in making appropriate career choice – Explain with examples 15
- Q7 Answer the following (any 5) 25
- a) What is difference between guidance and counselling?
 - b) Why pre marital counselling is necessary for youngsters ?
 - c) Explain the need of counsellor in old age homes ?
 - d) Why do counsellors should have knowledge of interest inventory and aptitude test
 - e) Explain the role of a school counsellor at secondary level?
 - f) What ethics counsellor should in counselling profession?
