

SNDT Women's University, Mumbai - 20
Anti-Ragging Week Report

12th – 18th August 2025

Academic Session

2025-2026

Activity Plan for Anti-Ragging Week (12 August – 18 August 2025)

Sr.No	Name of Activity	Responsibility	Date
1.	Anti Ragging Awareness during Orientation Program	Dept./College/Institute	13.08.2025
2.	Anti Ragging Selfie Point Program	Churchgate University	13.08.2025
3.	Poster Making (Digital/Hand Made) & Logo Designing	Churchgate University	13.08.2025
4.	Anti Ragging Awareness Lectures, Seminar, Talk	Churchgate University	14.08.2025
5.	Anti Ragging Essay Writing	Churchgate University	16.08.2025
6.	Anti Ragging Show short Films & Leaflet distribution	Churchgate University	03.09.2025

1. Report on Anti Ragging Awareness during Orientation Program

Activity: Awareness During Orientation Program

Venue: Committee Room, Churchgate Hostel, SNDT Women's University.

Date: 13th August 2025

REPORT ON "DON'T RAG JUST INTERACT" SESSION

The SNDT Women's University and the Department of Student Development, in collaboration with Shreemati Sitabai Annigeri Girls' Hostel, organized an Orientation-cum-Awareness Session on Anti-Ragging as part of Anti-Ragging Awareness Week (12th–18th August 2025). The weeklong initiative was conducted under the support and leadership of Hon'ble Vice Chancellor, Dr. Ujwala Chakradeo.

We were honored by the presence of Registrar, Dr. Vilas Nandavadekar. The program was hosted by the Department of Student Welfare and the University Hostel, Churchgate Campus, under the guidance of Asst. Dean of Student Development, Dr. Nitin Prabhutendolkar, and Hostel In-Charge, Dr. Shobha Gaikwad.

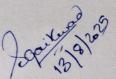
Guest Speakers

The expert speakers invited for the session were: Mrs. Gargi Lakhani (Psychotherapist) – Vice Chairman & Trustee, The Vahishta Foundation Mrs. Khushnam Engineer (Psychotherapist) – Team Leader & Trainer, The Vahishta Foundation

Session Highlights

The program commenced at 10:00 am, with a warm welcome by Ms. Bharti Nair, followed by the introduction of guests by Dr. Vilas Nandavadekar.

Mrs. Gargi Lakhani initiated the interactive session by asking students their perspectives on ragging. She emphasized that ragging is not just limited to colleges or universities but often begins at home, in neighborhoods, or within society. Drawing from her own life experiences, she



explained how ragging manifests in different forms—even subtle mental ragging, such as exaggeration or belittling behavior.

She highlighted the psychological roots of ragging as stemming from insecurity and power imbalance. Through real-life scenarios, she engaged students in discussions on how to recognize, respond to, and resolve such situations assertively. The students participated actively, responding thoughtfully to case-based questions.

Mrs. Khushnam Engineer further enriched the discussion by sharing clinical case experiences related to ragging and mental harassment. This helped students understand the real-world implications and the importance of standing up against such practices.

In the concluding part, students raised questions, including concerns about reverse ragging (junior to senior), which led to insightful exchanges. One student also shared a personal experience, making the discussion more relatable.

Later, the Founder of The Vahishta Foundation, an esteemed guest and former professor at the University, shared his connection with SNDT Women's University and his vision for nurturing safe and supportive academic spaces.

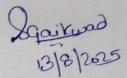
The program concluded with a vote of thanks delivered by Ms. Sakshi Karde (4th Year B.Sc. Nursing) on behalf of Abhivakti Sakshi and the departments of the University.

Closing

The session concluded at 11:30 am, followed by light refreshments for all participants.

Outcome/Reflection

The "Don't Rag, Just Interact" session was highly impactful. Students not only gained deeper awareness of the psychological aspects of ragging but also developed confidence to identify and confront such situations. They expressed their commitment to fostering a respectful, safe, and inclusive campus environment. The interactive nature of the workshop encouraged openness, dialogue, and peer learning, ensuring that the message of anti-ragging reached students in a meaningful way.



Department of Students' Development

Anti Ragging Week Celebration August 13, 2025

Venue: Committee Room

Time:10.00 am

	Attendance Sheet					
Sr. No.	College / Department Name	Students Name	Contact Number	Signature		
1	College of Nursing	Tanushka kajole	7304632871	kajou.		
2	course of nursing	Snelia Dsa	9820670473	Suchaisa		
3	L-T courge of Nursing	Priti Nadau	9167787062	Kunh.		
4	L-T Louige of Nursing	Nadar Treme Binn	9619285066	Jeen		
5	L.T. Sollege of Nursing	Linette Joji	8104163768	Lin.		
6	L.T. college of Nursing	Pranjal Chavan	8793204366	(plana		
7	L.T. Collège of Nursing	Snehal Singh	836963 8118	gre		
8	L.T collyi of Norsing	Araya Matake	865267233	1 Amg.		
9	College of Nucing.	Hastika Dasde	8652078487	Halthe		
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12	LT. College of	Sanika Gosewi	8424873313	Barren.		
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Department of Students' Development

Anti Ragging Week Celebration August 13, 2025

Venue: Committee Room

Time:10.00 am

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Sr. No.	College / Department Name	Students Name	Contact Number	Signature		
15	L.T college of Hursing	Vedika Suryawanshi	9324916685	House .		
16	L.T college of Nursing	Tanvi Patil	7798203289	Tispetil		
17	L. T college of Nursing	Riddhi. J: Mankar	7350504054	RNonkari		
18	L.T. College of Nursing	SHIVANI. VARMA.	9372623319	Slivai		
19	L.T College of Nursing	8 oniya Kadom	7820965892	faniya		
20	L.T. College of Nursing	Sanchali Khudkar	8421954492	Bludkarr		
21	loT louege at Nursing	Beunlie D'sovaa	9021799814	Bouza		
22	L.7 college of Nursing	Purva Jadhav	7350421251	Fadhav		
	P.V.D.T college of Education	, Boda Mishra	966515279	Togie		
24	P.V.D.T. College of Education for women's	Soni's.k. Thakur		Protone		
25	P.V.D.T college of Education for Women	Pandey Neha	9653149450	Reha		
26	P·V·D·7 College of Education For women	Aryali Gupta	9136312116	Injuli		
27	P.V.D.T College of Education for women	Soi farihar Prosed Shorma	797711799	Soni		
28	1. V.D.T College of Education For women	Bushra shailth	9520368078	Bisla		
29	PNDI college of education for women	Mita Yadar	265341M278	CHALL		

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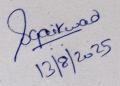
Department of Students' Development

Anti Ragging Week Celebration August 13, 2025

Venue: Committee Room

Time:10.00 am

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Sr. No.	College / Department Name	Students Name	Contact Number	Signature		
30	P.V.DT. College of Education for Women	Archana Yadav	7744941698	Abchars		
31	P.V.D. T college of Education	Refiles Lume				
32	P.V.D.T College of Education For Women's	Mantasha Shalkh	7302451150	Pantous		
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34	P.V.D.T. College of Education For Women	Priyanka Gaud	43040717 <i>5</i> 8	Pringuka		
35	P. V.D.T college of Education For Women	Shilpa Yadav	84520297A	Shi pa		
36	p.v.D.T College of Education for women &	Komla Lohan	900223693	Bez		
37	P.V.D.T college of Education for klomen	Anuja chavan	9172830577	AR-Chavan		
38	P.V.D.T college of Education for women.	Riyachoudrany	9834126420	100		
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40	P.V.D.T College of education for women	Nisha Ausaui	7304849461	Q .		
41	P.V.DT College of education for women	Robbli Shevener	8860606861	1		
42	P. V.D.7 college of education for women	Priya Tha	7900162669	P .		
43	P. V. D.7 Collège of education for women.	Klushbn.	9324816468	thursting		



Department of Students' Development

Anti Ragging Week Celebration August 13, 2025

Venue: Committee Room

Time:10.00 am

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Sr. No.	College / Department Name	Students Name	Contact Number	Signature			
44	P.V.D.T College of education for Women.	Rohini Viredra Kumar Whrmal.	7900185103	Folisi.			
45	P.V.D.T callege of education	Singh Priya Rajesh	81 69 211	gary			
46	L.T. (. Nurding.	Punum Laxman Bizazi	4322942736	Buil			
47	1.7 College of nursing	Ruzvi Rojesh Pair	8421047079	Pratt			
48	1.7. College of nurring	Yuktu Mohesh pulvi	\$010813994	ym.			
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50	1.1. college of nuzzing	Siddhi Avinash Sunkhe	9527158692	Sasankhe			
51	1.7. conlege of nursing	Muthulashmi Nadar	9136868597	refinis			
52	1.7 lonege of nurshy	Nividira Bosade	9619538377	porode			
53	LTED	Paculty	28840980	Dalue 13/8/4			
54	PYDT College of Education	Mayuri Barcuah	7021350634	Haywi.			
55	PVDT college of Education for women	COEPS HUYIN	7558625916	South to			

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Department of Students' Development

Anti Ragging Week Celebration August 13, 2025

Venue: Committee Room

Time:10.00 am

	Attendance Sheet						
Sr. No.	College / Department Name	Students Name	Contact Number	Signature			
56	P.V. D.T College Of educa- tion for women	Sandhya Jay Shantez Mishra	9356714425	ang was			
57	Hay L.1. college of Munsing	Bharathi Nair	9987069034	Pray			
58	L-1- college of Mussing	sakshî karde	8390295693	Severale.			
59	L.T. collège of Nuesing	Achrah Mevin Biju	7049436239	Advantagio			
60	Too women ge of educat	altiga Salta	7039474176	Allin			
61	P.V.D.T. College of education	Ansaei Humeea Bano Mohd Saleem	9324743801	Currey			
62	for women P.V.D.T College of Education for women	Faizi Azmat Abdul Mahin	986713849	Azmat.			
63	P.V.D.T College of Educa	Sohera Rehan Khan	7028695771	Soheow			
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Jan 13/8/2025

Anti Ragging Awareness during Orientation Program - 2025-26



Jan 12/2/25

2. Report on Anti Ragging Selfie Point Programme

Activity: Selfie Point

Venue: Students Common Room, Churchgate Hostel, SNDT Women's University.

Date: 13th August 2025

Under the guidance of Dr. Shobha Gaikwad – Hostel In-charge, Churchgate Campus & Principal, LT College of Nursing, an Anti-Ragging Selfie Point Programme was organized on 13th August 2025 at 8:00 pm for the hostel students of the Churchgate Campus.

Event Highlights

The activity was coordinated by Ms. Kajal Gorle and Mrs. Madhuri Dhobale, Assistant Hostel Superintendents, between 8:00 pm and 9:00 pm.

The objective of the initiative was to spread awareness about the importance of a ragging-free environment and to motivate students to take a stand against ragging.

The Selfie Point was decorated with posters and placards carrying strong anti-ragging messages. Around 40 students enthusiastically participated, taking selfies that were later shared in hostel and college groups, thereby amplifying the campaign's reach.

The activity also provided a positive platform for juniors and seniors to interact, fostering unity, respect, and inclusiveness.

Impact

The event created a lively yet thoughtful atmosphere, where students enjoyed the creativity of the campaign while reflecting on its powerful message. Senior residents, Ms. Kajal Gorle, and Mrs. Madhuri Dhobale appreciated the students' enthusiasm and reinforced the principle that ragging has no place in an inclusive academic environment.

Conclusion

The Anti-Ragging Selfie Point Programme successfully combined awareness with active participation. It highlighted the commitment of the hostel committee towards ensuring a safe, supportive, and ragging-free environment for all students.

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SNDT WOMEN'S UNIVERSITY, MUMBAI - 20

Anti-Ragging Selfie Point Program

Attendance Sheet

Sr.No	Students Name	Department Name	Signature
1	Nandini Santosh Gurav	Ms BSC. Nursing	Mercon
2	Apurva Ashok Nevgi	BSC. Nursing	Alur
3	Achsah Laiju Mary	BSC husing	Hermon
4	Achsah Merin Biju	BSc Nursing	Albaly.
5	Shweta Suresh Sutar	BSC Nursing	Tellular
6	Saloni Vinod Patil	BSC Nursing	Sabi
7	Sakshi Kunvara	BSC Nursing	hours
8	Rashmi Mhatre	BSC Nursing	Enhan
9	Bhumi Gurav	Bsc Nursing	Phunity
10	Athulya B	BSC Nursing	ADD
11	Pranjal R. Chavan	BSC Nursing	Cenas
12	Jiya Patil	BSC. Nusina	Patil
13	Niha Shawkat Dhansay	Bsc xwrdy	Ø.
14	Annu Devi	Bec Nursing	A02-
15	Sohani	asc Nursing	A
16	Angelina Geneev	Bsc Nosing	on.
17	Siddhi Mhatre	B.Sc Nuscing	Thate
18	Tanvi Patil	BSC Nussing	For
19	Saundrya Telge	B.SC Nussing	2881elge
20	Joanna Moncy	BSC Nursigna	am
21	Rochelle Godwil	BSC Nussing	B
22	Kaneez Fatmah	Education.	Krance & febr
23	Vaishnavi Govind	m.com	Scartha
24	Prajakta Birhade	M.A. Conselling Psychology	South
25	Dikshita Bora	M'A Politie Since	Bog
26	JUHELA CHAMAN LASKAR	Mestory	puela
27	Changmai Shaswati	Palitical Science	# gluz
28	Mehta Kani	Psychology	their
29	Ruchal Ramesh Raut	Psychology	Pu
30	Sujata Mahato	flistory	mil
31	Gauri Thevar	Promonds	Contrib
32	Himanshi Agrawal	ISMS	MIN
33	Prema Pawar	Hersic	Know

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SNDT WOMEN'S UNIVERSITY, MUMBAI - 20

Anti-Ragging Selfie Point Program

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Sr.No	Students Name	Department Name	Signature
34	Manisha Kalita	Mociology	117
35	Sarita Mangule	BVA Bept.	Sma
36	Sakshi Bankar	Osychology	Owed:
37	Krutika Khalkar	PSC 17	Du
38	Mansi Gode	BSCIT	mei
39	Shrutika Pawar	BSCIT	Forma
40	Janhavi Mahamuni	psy. DCP.	Mas
41	Vaishnavi Sawant	BSCIT	Luant
42	Chandana Mhatre	C.D. mbot n. B. A. music	(.D. mlst
43	Harshali Mhatre	B.A. music.	() alote R
44	Anuja Kotkar	BMS	iAM
45	Rituja Dhage	RSG IT	River
46	Prachiti Patil	BSCIT	1 1 1 1
47	Sadgi Kumari	BA ENG	11
48	Muskan Kanojia	BA Psych	1 kultur
49	Shreya Barange	mid 2nd year	(P)
50	Anisha Gogoi	M8W-11	(A)
51	Nisha Lohar	Msw-T	AP-

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Anti Ragging Selfie Point - 2025-26













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3. Report on Poster Making (Digital/Hand Made) & Logo Designing

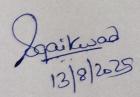
Activity: Poster Making

Venue: Students Common Room, Churchgate Hostel, SNDT Women's University.

Date: 13th August 2025

The guidance of Dr. Shobha Gaikwad – Hostel In-charge Churchgate & Principal LT College of Nursing Poster making programme was organised on 13th August, at 8.00 pm for Hostel Students of Churchgate Campus.

- ➤ Ms. Kajal Gorle Asst. Hostel Superintendent and Mrs. Madhuri Dhobale Asst. Hostel Superintendent was present and guided students regarding the activity of Poster making and told student about the Theme of Anti Ragging. Also the selfie stand was placed and students took selfie.
- For Group discussion was made and several topics were discussed by Students in the group activity. It was good to see Students were aware of the threat in the from unidentified people and road Romeos, also senior student were having positive attitude toward fresher hostilities.
- > Hostilities were excited to talk on the topic and started making poster.
- Later students took picture of their poster also the photo were taken on selfie point along with group photos. Students were in good spirit. After the workshop was over Students had their dinner before the vote of thanks was given by Ms. Kajal Gorle Asst. Hostel Superintendent.



SNDT WOMEN'S UNIVERSITY, MUMBAI - 20

Anti-Ragging Poster Making Program

	Attendance Sheet					
Sr.No	Students Name	Department Name	Signature			
1	Rochelle Godwil	VSC Nursing	Rows			
2	Kaneez Fatmah	MA phry.	TOLE			
3	Vaishnavi Govind	M.com II	Grand			
4	Prajakta Birhade	M.A. Conselling Psychology	Repolita			
5	Dikshita Bora	Politices Science	Bore			
6	Juhela Chaman Laskar	History	Surela			
7	Changmai Shaswati	Polidical Science	Ehres			
8	Mehta Kani	Psychology	Tues			
9	Ruchal Ramesh Raut	Psychology	(Pro at			
10	Sujata Mahato	this tory	trial			
11	Gauri Thevar	Economis	Win al			
12	Himanshi Agrawal	RMS	MAL			
13	Prema Pawar	Music	Pnew			
14	Manisha Kalita	Op Political science	Malitai			
15	Sarita Mangule	pointing -	Ramba			
16	Sakshi Bankar	Psychology -	RWAW			
17	Krutika Khalkar	psychology	Markas			
18	Mansi Gode	Byc. IT	A			
19	Shrutika Pawar	BSC IT	his.			

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Janhavi Mahamuni

Vaishnavi Sawant

Chandana Mhatre

Harshali Mhatre

Anuja Kotkar

Rituja Dhage

Prachiti Patil

Sadgi Kumari

Muskan Kanojia

Shreya Barange

Anisha Gogoi

Nisha Lohar

Anti Ragging Poster Making - 2025-26





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4. Report on Anti Ragging Awareness Lectures, Seminar, Talk

Activity: Awareness Lectures, Seminar, Talk

Venue: Students Common Room, Churchgate Hostel, SNDT Women's University.

Date: 14th August 2025

As part of Anti-Ragging Awareness Week (12th–18th August 2025), an Awareness Programme comprising lectures, seminar, and talk was organized on 14th August 2025 at the Students' Common Room, Churchgate Hostel by Hostel In Charge and Principal LT College of Nursing Dr. Shobha Gaikwad.

The session was held to sensitize students about the consequences of ragging and to promote a safe and inclusive hostel culture. Expert speakers addressed the gathering on the legal provisions against ragging, the psychological impact on victims, and the role of peer support in preventing such practices. Real-life case studies and examples were shared, making the discussion more relatable and thought-provoking.

Students participated enthusiastically, engaging in an open dialogue about how ragging can be identified, prevented, and reported. They also raised questions on reverse ragging, peer pressure, and coping strategies, which were addressed by the speakers in an interactive manner.

The programme concluded with students collectively reaffirming their commitment to building a ragging-free environment based on mutual respect, dignity, and responsibility.

"Students of SNDT Women's University pledged for a ragging-free campus through an engaging awareness lecture and seminar under Anti-Ragging Week 2025."

Common Concluding Note

All the Anti-Ragging Awareness activities conducted at SNDT Women's University during Anti-Ragging Awareness Week (12th–18th August 2025) successfully combined education, interaction, and participation. Each event reinforced the University's strong commitment to ensuring a safe, inclusive, and respectful learning environment for every student.

Through lectures, interactive sessions, creative campaigns, and student engagement, the message was clearly conveyed that ragging in any form will not be tolerated and that every student has a responsibility to uphold dignity, unity, and respect on campus.

Sgairsad 14/8/2028 These initiatives not only raised awareness but also empowered students to become active ambassadors of a ragging-free culture, ensuring that the values of safety, support, and solidarity remain at the heart of the University community.

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SNDT WOMEN'S UNIVERSITY, MUMBAI - 20

Anti-Ragging Awareness Lectures, Seminar, Talk Program

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Sr.No	Nandini Santosh Gurav	BSC Nucling	Margar
2	Apurva Ashok Nevgi	BSC. Novering	A A
3	Achsah Laiju Mary	BSc Nursing	Helisalit.
4	Achsah Merin Biju	BSC musing	W. Storie
5	Shweta Suresh Sutar	BSC nusing	S. Sulas
6	Saloni Vinod Patil	BSC Nursing	RIGH
7	Sakshi Kunvara	BSC Nuosing	Harte
8	Rashmi Mhatre	BSC Nursing	Bribas
9	Bhumi Gurav	Bor Nursing	Chunig
10	Athulya B	BSC Nursing	12-
11	Pranjal R. Chavan	BSC Nursing	Queure
12	Jiya Patil	RSC North	Taha
13	Niha Shawkat Dhansay	Bec Mure; M	K
14	Annu Devi	BSC Nursing.	R'aijent
15	Sohani	BSCNUXSING	Donani
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17	Siddhi Mhatre	B.S.C Nussing	Salata
18	Tanvi Patil	BSC Nursing	7:8petil
19	Saundrya Telge	BSC Hursing	- Selege
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21	Rochelle Godwil	BSC Alorsing	1
22	Kaneez Fatmah	Education.	Kanee & fahruch
23	Vaishnavi Govind	M.com	2 Deliver
24	Prajakta Birhade	M.A. conseling psychology	Spess
25	Dikshita Bora	Political Science	Moc
26	JUHELA CHAMAN LASKAR	Mytory	Cubica
27	Changmai Shaswati	Political Science	ship.
28	Mehta Kani	Psychology	Auto
29	Ruchal Ramesh Raut	Psychology	(on at
30	Sujata Mahato	History	Angel !
31	Gauri Thevar	Economia	CruW.
32	Himanshi Agrawal	RMI	The
33	Prema Pawar	rusec	I know 8

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SNDT WOMEN'S UNIVERSITY, MUMBAI - 20

Anti-Ragging Awareness Lectures, Seminar, Talk Program

Attendance Sheet

Sr.No	Students Name	Department Name	Signature
34	Manisha Kalita	Lociology	900
35	Sarita Mangule	Painting	Prackas
36	Sakshi Bankar	Psychology	8.1.4
37	Krutika Khalkar	psychology	Sar
38	Mansi Gode	BSC. IT	Toma
39	Shrutika Pawar	BSC·CT	Xwham
40	Janhavi Mahamuni	B.com	Laward
41	Vaishnavi Sawant	138C-TT	- DMate
42	Chandana Mhatre	B.A music	Tombate.
43	Harshali Mhatre	B A music	· Male.
44	Anuja Kotkar	BMS	City 9
45	Rituja Dhage	BSC11	Latin
46	Prachiti Patil	RSC. IT	1
47	Sadgi Kumari	BAING	Mush.
48	Muskan Kanojia	De Prych.	(B)
49		MSW 2nd year	Jan'
50		MSM-II	GNA
51	Nisha Lohar	MSW-T	The state of the s

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Anti Ragging Awareness Lectures, Seminar, Talk - 2025-26



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14/8/2025

Minutes of Orientation Programme for Hostel Students

Venue: Churchgate Campus Hostel, Shreemati Sitabai Annigeri Girl's Hostel, Mumbai -20

Conducted by: Dr. Shobha Gaikwad, Hostel In-Charge

Members present: Asst Hostel Supt Kajal Gorle

Members present: Asst Hostel Supt Madhuri Dhoble

Agenda:

- 1. Hostel activities and admission process
- 2. Hostel rules and regulations
- 3. Anti-Ragging Week observance
- 4. Addressing students' grievances and requirements
- 5. Sanitation and hygiene responsibilities

Proceedings:

Dr. Shobha Gaikwad welcomed the students and briefed them about hostel activities, admission procedures, and essential rules for smooth functioning of the hostel.

The importance of Anti-Ragging Week was highlighted, and students were sensitized to uphold a safe, respectful, and inclusive environment.

Students' grievances and new requirements were openly discussed and addressed by the hostel in-charge.

Issues related to washroom and sanitary hygiene were specifically emphasized. Students were instructed to maintain cleanliness, and collective responsibility was encouraged.

Certain suggestions for improving hostel life were shared by Dr. Shobha, and to ensure accountability, students were appointed as sanitary in-charges.

The session helped students gain clarity on hostel functioning, rules, and their roles in maintaining discipline and hygiene. It also created an open platform for communication, grievance redressal, and collaborative problem-solving.

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5. Anti Ragging Essay Writing

Activity: Essay Writing

Venue: Students Common Room, Churchgate Hostel, SNDT Women's University.

Date: 16th August 2025

Under the guidance of Dr. Shobha Gaikwad - Hostel In-charge, Churchgate Campus & Principal, LT College of Nursing, an Essay Writing Programme was organized on 16th August 2025 for the hostel students of the Churchgate Campus as part of Anti-Ragging Awareness Week.

Event Highlights

The activity was coordinated by Ms. Kajal Gorle and Mrs. Madhuri Dhobale, Assistant Hostel Superintendents, who encouraged and guided students to participate in the competition.

The primary objective of the event was to raise awareness about the harmful effects of ragging and motivate students to express their thoughts on creating a safe, friendly, and respectful hostel environment.

A large number of students participated enthusiastically, presenting essays that reflected their mature understanding, critical thinking, and strong stance against ragging.

Many essays not only highlighted the negative psychological and social impact of ragging but also suggested practical preventive measures to maintain harmony in the hostel.

All participants were appreciated for their efforts, creativity, and valuable contributions in spreading the anti-ragging message.

Conclusion

Squikwad 16/8/2225

The Essay Writing Programme proved to be a meaningful and impactful platform for students to voice their perspectives. It reinforced the commitment of the hostel community to stand united against ragging and to cultivate an environment of mutual respect, empathy, and inclusiveness.

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SNDT WOMEN'S UNIVERSITY, MUMBAI - 20

Anti-Ragging Essay Writing Program

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	1	Attendance Sheet	T (3: 4:4:
Sr.No	Students Name	Department Name	Signature
1	Rochelle Godwil	BSC Newsing	polls
2	Kaneez Fatmah	m. A placy.	vere
3	Vaishnavi Govind	M. com IT	(novind
4	Prajakta Birhade	M.A. Counseling Isychology	Hall
5	Dikshita Bora	Political Science	00000
6	JUHELA CHAMAN LASKAR	History	S NON O
7	Changmai Shaswati	Political Science	0
8	Mehta Kani	MA. Phey.	at at
9	Ruchal Ramesh Raut	Psychology	0 9
10	Sujata Mahato	elis fari	funda di
11	Gauri Thevar	Economics	Canto &
12	Himanshi Agrawal	BMS	Pinery
13	Prema Pawar	Jusic	VV V
14	Manisha Kalita	Societogy	Senta
15	Sarita Mangule	raining	1.1000
16	Sakshi Bankar	P34 BA	Marikas
17	Krutika Khalkar	psycho1094	A
18	Mansi Gode	Bar Bac. TT	- Indo
19	Shrutika Pawar	BSC IT	Malaquel
20	Janhavi Mahamuni	B.com	
21	Vaishnavi Sawant	BC II	a Timbatre
22	Chandana Mhatre	B. Al Music	Dombobs.
23	Harshali Mhatre	B.A Music	(M)
24	Anuja Kotkar	BMS	Rituju
25	Rituja Dhage	BSCIT	Proph
26	Prachiti Patil	BSC IT	1
27	Sadgi Kumari	BA Enf	Anon.
28	Muskan Kanojia	BA Psych & M(W 2nd geor	123
29	Shreya Barange		1 GAL
30	Anisha Gogoi	MSW-11	The
31	Nisha Lohar	MSW-I	The state of the s

Sgaikwad |6/8/2025

Anti Ragging Essay Writing - 2025-26



Sgaikwad 16/8/2025

6. Anti Ragging Show short Films & Leaflet distribution

Activity: Show Short Films & Leaflet Distribution

Venue: Students Common Room, Churchgate Hostel, SNDT Women's University.

Date: 3rd September 2025

As part of the ongoing Anti-Ragging Awareness Campaign, an interactive programme comprising short film screenings and leaflet distribution was organized on 3rd September 2025 at the Students' Common Room, Churchgate Hostel. The initiative aimed at educating hostel residents about the harmful impact of ragging and reinforcing the message of maintaining a safe, respectful, and inclusive environment.

Event Highlights

The programme commenced with a brief introduction on the significance of building a positive hostel culture, where newcomers feel welcomed and supported.

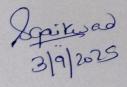
Students were reminded that ragging is a punishable offense under law and more importantly, it negatively affects the mental, emotional, and social well-being of both victims and perpetrators. Short films showcasing real-life scenarios, preventive measures, and consequences of ragging were screened. These visuals left a strong impression on the students, making the message relatable and impactful.

Alongside, leaflets carrying anti-ragging guidelines, helpline numbers, and University policies were distributed among students. These served as quick references and reinforced the University's zero-tolerance approach to ragging.

The session encouraged an interactive discussion, where students reflected on what they learned and shared their own views on promoting respect, empathy, and friendship within the hostel.

Impact

The programme successfully sensitized students about their shared responsibility in creating a ragging-free hostel environment. The films sparked thoughtful conversations, while the leaflets acted as a practical tool for awareness. The initiative also encouraged peer bonding between seniors and juniors, strengthening the values of unity, safety, and inclusiveness.



Conclusion

The Anti-Ragging Short Films & Leaflet Distribution Programme combined visual learning with interactive dialogue, making it both impactful and memorable. Students pledged to stand united against ragging and to foster a supportive, respectful, and harmonious hostel community.

Spairwad 3/9/2023

SNDT WOMEN'S UNIVERSITY, MUMBAI - 20 Anti-Ragging Show Short Films Leaflet distribution Program Attendance Sheet Signature Department Name Students Name r.No Nussing BSC Nandini Santosh Gurav BSC Nursing Apurva Ashok Nevgi BSc Nursing. Achsah Laiju Mary musting BSC Achsah Merin Biju RSC Nunsing Shweta Suresh Sutar BSC Nursing Saloni Vinod Patil 6 8. Runion RSC NWISING Rynhan Sakshi Kunvara BSC Nursing Rashmi Mhatre BSC Nursing Bhumi Gurav 9 BKL Nuxing Athulya B 10 BSC NUTSING Pranjal R. Chavan 11 BSC Nursing Jiva Patil 12 Bse Nursing Nina Shawkat Dhansay 13 BSC Nursing Annu Devi 14 BSCNUXSING Sohani 15 Angelina Geneev 16 Siddhi Mhatre 17 B.SC Nursin Tanvi Patil 18 BSC NUMERO Saundrya Telge 19 Nurelnut Bsc Joanna Moncy 20 Bisc Nursin Rochelle Godwil 21 Education C Kaneez Fatmah Vaishnavi Govind M. Com 23 M. A. Counselling Psychology Prajakta Birhade 24 n.A. Pelitical Seince Dikshita Bora 25 JUHELA CHAMAN LASKAR His ton 26 Changmai Shaswati 27 Mehta Kani 28 Sychology Ruchal Ramesh Raut 29 Sujata Mahato 30 Gauri Thevar 31 Himanshi Agrawal 32 Prema Pawar 33

Sqairwad 3/9/2025

Anti Ragging Show Short Films - 2025-26







Spikad 3/9/2025

Minutes of Hostel Churchgate Committee Members

Date.25.08.2025.

Member present in the meeting.

- 1. Dr. Shobha Gaikwad Hostel In-Charge Churchgate Campus & LT Nursing College
- 2. Dr. Nitin Prabhutendolkar Asst. Dean of Student Welfare
- 3. Dr. Sanjay Phad Churchgate Campus In-Charge (PG Dept. of Economics)
- 4. Dr. Sonali Hajare Asst. Professor

Agenda:

- 1. Anti Ragging Awareness during Orientation Program
- 2. Anti Ragging Selfie Point Program
- 3. Poster Making (Digital/Hand Made) & Logo Designing
- 4. Anti Ragging Awareness Lectures, Seminar, Talk
- 5. Anti Ragging Essay Writing
- 6. Anti Ragging Show Short Films & Leaflet distribution

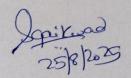
Proceedings:

Ms. Kajal Gorle Asst. Hostel Superintendent welcomed the committee member and requested Dr. Shobha Gaikwad Hostel Incharge to start the programme Orientation to the committee members regarding the awareness and the serious issue of Anti-Ragging was discussed in detail.

The planning for the upcoming programme and activities to be carried in SNDT Women's University, Mumbai were further discussed in the committee

Dr. Shobha Gaikwad suggested the Anti Ragging Orientation programme for fresher and existing student of Hostel to be planned on 13th August 2025 with the visiting guest from Mrs. Gargi Lakhani (Psychotherapist) – Vice Chairman, Trustee – The Vahishta Foundation & Mrs. Khushnam Engineer (Psychotherapist) – Team Leader, Trainer – The Vahishta Foundation

1. Anti-Ragging Awareness during Orientation Program: It was resolved that a dedicated session on anti-ragging will be included in the student orientation program to educate new



entrants about the importance of a ragging-free environment. Faculty members will share guidelines and institutional support mechanisms.

- Anti-Ragging Selfie Point Program: A selfie point with anti-ragging messages and artwork
 will be created in the hostel/common area to encourage student engagement and visibility of
 the campaign.
- 3. **Poster Making & Logo Designing:** A competition for poster making (digital and handmade) and logo designing will be organized. Students from Hostel departments will be encouraged to participate.
- 4. Anti-Ragging Awareness Lectures, Seminars, and Talks: A series of lectures and interactive sessions by faculty and invited guest speakers will be scheduled to sensitize students on anti-ragging laws, support systems, and ethical conduct.
- 5. Essay Writing Competition: An essay writing competition on the theme of anti-ragging will be conducted.
- 6. Short Film Screening & Leaflet Distribution: Short films on the consequences of ragging and the importance of peer support will be screened in common areas.

The meeting of orientation programme was ended with the Vote of thanks from Ms. Kajal Gorle.

Spikwad 25/8/2025