

SNDT Women's University, Mumbai

Master of Science (Home Science - Human Development)

as per NEP-2020

Syllabus

(2023-24)

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Master of Science (Home Science - Human Development)

Program	M.Sc. Home Science - Human Development
Parenthesis	Human Development
Preamble	Department of Human Development is committed towards the mission of improving the quality of life by creating and disseminating knowledge and awareness of prevailing intervention programs during the life span of human growth and development and immediate concerns of human development and family.
	The main focus is on motto of discovering by research, and integrating to apply the knowledge about life span development and family studies. The department makes conscious efforts to reach the main objectives honing students in the field of human development in order to equip them with skills to teach, to research, to counsel, to participate and conduct outreach programs and policy initiative.
	The development of scientific approach and knowledge about research and development in the areas of life span, family studies and early childhood education is the focus of the department.
	One of the major goals is also to facilitate the holistic personality development of the students by providing opportunities for presenting research papers in seminars and conferences, conducting workshops, training programs for children, teachers, parents and adults. The students are also equipped with entrepreneurial skills to establish human development institutions such as NGOs, child guidance

	clinics, day-care centers, crèches, and children activity centers.
	In addition, through experience of internship and product development, students become capable to connect discipline knowledge to professional and personal effectiveness.
Program Specific Outcomes (PSOs)	After completing this program, Learner will be able to
(1308)	Analyze fundamental postulates of theories of human development, approaches to counseling and perspectives on Family studies and developmental interventions across life span.
	2. Align skills to work effectively in various fields of early childhood education such quality parameters of curriculum, planning and implementation of programs and provide idealadministrative set up.
	3. Demonstrate entrepreneurial skills to start own institutional career set up such as preschool, NGOs, Toy libraries, educational equipment industry.
	4. Design research projects and funding proposals
	5. Frame intervention modules to counter problems and enhance development at various stages of human development and family life cycle.
	6. Integrate programs for socially disadvantaged,7. differently able and population with dissimilar sexual orientation and life patterns.
	8. Compare and use different approaches and techniques incounseling and family therapy.
	Demonstrate professional skills and ethical values in human development as a professional.
Eligibility Criteria for Program	 Candidates with an overall average of B grade or equivalent (50%) marks in the Bachelor's degree in Home Science from a recognized university are eligible to apply for admission to the Master's degree program in Human Development. Candidates with Bachelor's degrees in faculties
	other than Home Science, Arts / Science/

		Management (BMS)/ Media (BMM)/ B.A. Home
		Economics from any recognized university are eligible
		provided they successfully complete thepre-requisites (12
		credits) by the end of semester II
Intake	25	
(For SNDT WU		
Departments and Conducted		
Colleges)		

Master of Science (Home Science - Human Development)

SN	Cours es	Type of Course	Credits	Marks	Int	Ext	
	Semester I						
114111	Advanced Life Span Development (Th)	Major (Core)	4	100	50	50	
114112	Theories of Behavior and Development (Th)	Major (Core)	4	100	50	50	
114113	Persons with Special Needs (Th)	Major (Core)	4	100	50	50	
114114	Advanced Early Childhood Development and Education (Th)	Major (Core)	4	100	50	50	
124121	Advanced Early ChildhoodEducation (Practical)	Major (Elective)	2	50	50	00	
134111	Research Methodology (Th)	Minor Stream(RM)	4	100	50	50	
			22	550	300	250	
	Semester II						
214111	Family Studies (Th)	Major (Core)	4	100	50	50	
214112	Entrepreneurship in Human Development (Th)	Major (Core)	4	100	50	50	
214113	Guidance and Counselling (Th)	Major (Core)	4	100	50	50	
214114	Adolescent and Later Life (Th)	Major (Core)	4	100	50	50	
224111	Human Rights and Laws (Pr)	Major (Elective)	2	50	50	00	
244141	Internship (Professional Development and Personal EffectivenessInternship)	ОЈТ	4	100	50	50	
			22	550	300	250	

Exit option (44 credit):
Post Graduate Diploma in Resource Management and Ergonomics

Year II

SN	Courses	Type of Course	Credits	Marks	Int	Ext
	Semester III					
314111	Research and Statistical Application (Th)	Major (Core)	4	100	50	50
314112	Human Resource Development (Th)	Major (Core)	4	100	50	50
314113	Counselling and Interventions for Life Span (Th)	Major (Core)	4	100	50	50
314124/ 314114	Parenting Science (Pr)	Major (Core)	2	50	50	00
324111	Management of Human Service Organizations (Th)	Major (Elective)	4	100	50	50
354131	Research project	RP	4	100	50	50
			22	550	300	250
	Semester IV					
414111	Research Applications in Human Development Pr	Major (Core)	4	100	50	50
414132	Internship	Major (Core)	4	100	50	50
414113	Product Development Pr	Major (Core)	4	100	50	50
424111	Psychological Assessment & Testing Th	Major (Elective)	4	100	50	50
454131	Dissertation	RP	6	150	50	100
			22	550	250	300

Course Syllabus

Semester I

1.1 Major (Core)

Course Title	Advanced Life Span Development		
Course Credits	4 (Th)		
Course Outcomes	After going through the course, learners will be able to		
	CO.1 Organize knowledge of various developmental changes and challenges from prenatal period to middle adulthood. CO.2 Able to articulate issues impacting different types and areas of human development. CO.3 Able to use the skills to manage issues at the time of birth and immediately after the birth. CO.4 Integrate different issues related to physical development and socio-emotional of adolescents CO.5 Demonstrate the knowledge regarding midlife crisis and address the issues. CO.6 Learn the developmental tasks and challenges at all stages of life. CO.7 Formulate strategies to provide environments for		
	optimization of human potential at all stages		
Module 1 (Credit 1)	Prenatal and Infancy		
Learning Outcomes	After learning the module, learners will be able to 1. Understand nature and concerns of prenatal development 2. Develop insight in to required assessment immediately afterbirth 3. Differentiate between genetic and environmental influences 4. Understand nature of perceptual development during period of infancy		

	5. Locate the areas of developmental concerns for	
	awareness in community	
Content Outline Module 2 (Credit 1)	Unit 1: Conception-beginning of life, Genetic endowment and Genetic Counseling, APGAR Scale, DASI Scale Unit 2: Milestones of Prenatal Development and Environmental influences Unit 3: Perceptual development in Infancy Unit 4: Effects of Early deprivation and enrichment Unit 5: Attachment Development Unit 6: Role of Adults during Infancy Childhood: Early, middle and Late	
Learning Outcomes	After learning the module, learners will be able to 1. Understand the nature of physical, motor, emotional, cognitive, social and language developments during three stages of childhood	
	 Locate the interlink among different types of developments of child in this stage of formative years Develop insight into attachment and development of well-being among children Provide guidelines about developmental milestones to stakeholders 	
Content Outline	Unit 1: Changes in motor skills Unit 2: Socio cultural development Unit 3: Emotional development and well-being, study of attachment Unit 4: Cognitive development, language development and research trends	
Module 3 (Credit 1)	Adolescence and young adulthood	
Learning Outcomes	After learning the module, learners will be able to	

	1 Identify various managestimes of descriptions of 1
	Identify various perspectives of development during adolescence development
	2. Outline the issues related to reproductive health, nutrition
	and psychosocial issues during adolescence
	3. Illustrate physical, social and emotional issues at the adolescence development.
	4. Evaluate the concerns of relationships related family,
	parents and peer relationships
	5. Formulate the crucial issues of young adulthood
Content Outline	Unit 1: Biological, cultural and developmental perspectives
	on adolescents and reproductive health
	Unit 2: Emotional and social issues related to physical
	changes and aspects of cognitive development
	Unit 3: Family, parents and adolescents
	Unit 4: Health, nutrition and psychosocial issues and
	challenges
	Unit 5. Significance, developmental tasks, responsibilities,
	adjustments, parenthood, Independence, work life balance,
	gender role issues
Module 4 (Credit 1)	Middle Adulthood and Ageing
Learning Outcomes	After learning the module, learners will be able to
	Outline the developmental tasks and challenges during
	middle and late adulthood
	2. Interpret effects of midlife crises due to physical changes
	and stressful events
	3. Analyze issues related to family adjustment and
	generation gap
	4. Develop crisis management during middle and late
	adulthood
	5. Derive concerns of physical, social and psychological
	changes during late adult hood

Content Outline	Unit 1: Physical, social and psychological changes during
	adulthood
	Unit 2: Competence, maturity, responsibility, stability and
	occurrence of menopause in women
	Unit 3: Midlife crisis, emptiness syndrome and stressful
	events, healthy coping strategies
	Unit 4: Family adjustments and generation gap
	Unit 5: Physiological changes, health concerns, cognitive and
	memory changes, support system development and
	awareness in death and dying

- 1. Written Assignments
- 2. Case studies
- 3. Presentations and Group discussions
- 4. Related Films and article reviews
- 5. Development of awareness guidelines for community in the crucial areas of human development
- 6. Visit to Old age homes and submission of report

- 1. Ambron, R.S. (1978) "Child Development", Holt, Rinehart and Winston, New York.
- 2. Baldwin, L.A. (1980) "Theories of Child Development", John Wiley and Sons, New York.
- 3. Bee, H. (1997) "The Developing Child", Longman Inc., New York.
- 4. Berk, L.E. (2003) "Child Development", Prentice Hall of India Pvt. Ltd., New Delhi.
- 5. Cavanaugh, C.J., Kail, V.R. (2000) "Human Development: A Lifespan view", Wadsworth, USA.
- 6. Craig, J.G. (1992) "Human Development", Prentice Hall, New Jersey.
- 7. Morgan, T.C. et al (1986) "Introduction to Psychology", McGraw Hills Company, New York.
- 8. Papalia, E.D., Olds, W.S. and Feldman, D.R. (2001) "Human Development", McGraw Hills Company, New York.
- 9. Rao, T.V. (1996) "Human Resource Development: Experiences, Interventions, Strategies", Sage Publication, New Delhi.
- 10. Saraswathi, T.S. (1999) "Culture Socialization and human Development: Theory, Research, Application in India", Sage Publication, New Delhi.

- 11. Shariff, A. (1999) "India Human Development Report", Oxford University Press, New Delhi.
- 12. Sigleman, K.C., Rider, A.E. (2003) "Lifespan Human Development", Wadsworth, USA.
- 13. Sroufe, A.L., Cooper, G.R. and De Hart, B.G. (1996) "Child Development: Its Nature and Course", McGraw Hills Inc., New York.

1.2 Major (Core)

Course Title	Theories of Behavior and Development
Course Credits	4 (Th)
Course Outcomes	After going through the course, learners will be able to CO.1 Compare developmental perspectives and focus thrust areas of various theorists on human development and behavior CO.2 Understand strengths, shortcomings and implications of major theories of behavior and development CO.3 Identify various determinants of development focused by different theories CO.4 Acquire in depth understanding of the theories and models of development CO.5 Critically evaluate different theories of human
	development
Module 1 (Credit 1) F	Psychoanalytic Theories
Learning Outcomes	After learning the module, learners will be able to
	 Identify the significance and role of theories in understanding human development Recognize the idea that early childhood experiences affect development of adult Determine the reasons of deviated development Describe and explain an individual's personality or behavior
Content Outline	Unit 1: Significance of theory in understanding behavior Unit 2: Roles of theories in understanding human behavior, contributions of Indian Theorists (approaches in theory construction – inductive and deductive) Unit 3: Sigmund Freud's classical Psychodynamic Theory Unit 4: Erik Erickson's Psychosocial Theory Unit 5: Levinson's Adult Development Theory

Module 2 (Credit 1) Cognitive and Language Theories		
Learning Outcomes	After learning the module, learners will be able to	
Content Outline	 Understand the cognitive process Create insight about cognitive and language development. Explain how internal and external factors influence an individual's mental processes to supplement learning Unit 1: Theory of cognitive development by Jean J. Piaget 	
	Unit 2: Multiple Intelligence Theory by Howard Gardner	
	Unit 3.: Socio-cultural theory by Lev Vygotsky	
	Unit 4: Nativist theory by Noam Chomsky	
	Unit 5. Jerome Bruner's Theory of language development	
Module 3 (Credit 1)	Motivation and Person-Centered Theory	
Learning Outcomes	After learning the module, learners will be able to	
Content Outline	 Understand theories of personality. Gain knowledge of concepts constituting the major theories of personality and how they explain human behavior. Critically appraise research findings in personality psychology. Unit 1: Maslow's Need Hierarchy Theory 	
	Unit 2: Henry Murray's Personality Theory Linit 2: Carl Pager's Person Centered Theory	
	Unit 3: Carl Roger's Person – Centered Theory Unit 4: Critical analysis of all theories	
Module 4 (Credit 1) I	•	
Learning Outcomes	After learning the module, learners will be able to	

	1. Describe and distinguish among major learning theories
	2. Understand what motivates people to learn, and what
	circumstances enable or hinder learning.
	3. Employ knowledge of learning theories to analyze
	learning strategies, strengths, and needs
Content Outline	
	Unit 1: Classical conditioning by Ivan Pavlov
	Unit 2: Operant conditioning by B.F. Skinner
	Unit 3: Social cognitive theory of Albert Bandura
	Unit 4: Ecological Perspective towards Human
	development

- 1. Individual/ Group Presentations
- 2. Assignments
- 3. Projects (Individual and Group)
- External Examination does not always mean Theory paper. It may practical examination, Product submission, projects, etc. checked by external examiners.
- Internal evaluation should not be Written Theory papers like Unit tests. Internal marks will be acquired through practical, small group or individual Projects, activities, presentations, seminars, workshops, products, assignments, application-based work, reports, etc.
- Practical may be part of the main courses along with theory modules instead of having separate courses of practical work.

- 1. Crain, W (1992) "Theories of Development, Concepts and Application", Prentice Hall, New Jersey.
- 2. Hall, C., Lindzey, G. and Campbell, J. (1998) "Theories of Personality", 4th Edition, John Wiley & Sons Inc., New York.
- 3. Nicholas, S (1983) "Personality Theories", Holt, Rinehart and Winston, The Dryden Press.
- 4. Vasta R (ed) (1992) "Six theories of Child Development: Revised Formulations and Current Issues", Sessica Kingsley Publisher Ltd., London

Course Title	Person with Special Needs
Course Credits	4 (Th)
Course Outcomes	After going through the course, learners will be able to
	CO. 1 Differentiate types of exceptional children
	CO.2 Identify the causes of disabilities.
	CO.3 Develop criteria to identify the disability
	CO.4 Compare different approaches describing disability
	CO.5 Develop individualized Education plan according to
	nature of disability
	CO. 6 Guide rehabilitation procedure for the disabled person
Module 1 (Credit	1) Persons with special needs: An Overview
Learning Outcomes	After learning the module, learners will be able to
	Develop sound understanding in exceptionality.
	Understand causes and different approaches of disability
Content Outline	Unit 1: Concept of disability, impairment and handicap
	Unit 2: Exceptional children: Types and definitions
	Unit 3: Causes of disabilities – prenatal, postnatal and heredity
	Unit 4: Various approaches to defining and describing
	disability – philanthropic, medical, administrative, legal,
	social, biomedical and political
• Module 2 (Crodisabilities	edit 1) Cognitive, Neurological, sensorial and neuromuscular
Learning Outcomes	After learning the module, learners will be able to
	Develop an understanding about cognitive and neuro- muscular/ behavioral disability- causes, types, identification and services available
	Understand the services and rehabilitation programs available for disability

Content Outline	Unit 1: Intellectual Disability
	Unit 2: Learning disabilities
	Unit 3: Cerebral Palsy and Autism
	Unit 4: attention deficit disorders
	Unit 5: Sensory impairments
Modulo 3 (Credit	1) Child Development Perspectives
• Module 3 (Credit	1) Ciniu Development i erspectives
Learning Outcomes	After learning the module, learners will be able to
	1. Identify the behavioral clues related to disabilities
	2. Understand clinical assessment for disabilities
	3. Develop IEPs for every disability
	4. Knowledge about programs available in country for
	disabled people and inclusive practices
Content Outline	Unit 1: Identification
	Unit 2: Assessment (Formal and informal)
	Unit 3: Individualized Education Plan
	Unit 4: Service delivery systems and Inclusion
Module 4 (Credit	1) Rehabilitation of the disabled
Learning Outcomes	After learning the module, learners will be able to
	Develop an insight into society's perception regarding disability
	2. Develop knowledge about various service agencies and
	Acts/Laws in country for disabled people
	3. Understand the importance of technical devices and
	equipment available to assist disabled people
	4. Understand the importance of counseling services for
	disabled people and their families
Content Outline	Unit 1: Attitude of the society towards the disabled
	Unit 2: Role of government, non-government (RCI Act,
	National Trust, RPWD Act)
	Unit 3: Role of science and technology

Unit 4: Counseling of family and the disabled

- 1. Case observation and presentation
- 2. Policy presentation
- 3. Workshop content development

- 1. Baquer, A. (1994): Disabled, Disablement, Disablism. New Delhi: Voluntary Health Association of India.
- 2. Barkowitz, H P and Rothman, P E (1960): The disturbed Child, New York, University Press.
- 3. Berdine, H.W. and Blackhurst, E.A. (1985): An Introduction of Special Education, Little Brownaid Co. Boston.
- 4. Bhargava, M.; (1994): Introduction to Exceptional Children.
- 5. Branwhite, T.;(1986): Designing Special Programs: A Handbook for Teachers of Children with Learning Difficulties, Methnen Co. Ltd., London.
- 6. Choate, S.J.; (1983): Successful Mainstreaming, Allyn and Bacon, Boston.
- 7. Cook, R.E.; (1987): Adapting Early Childhood Curricula for Children with Special Needs.
- 8. Council for Advancement of People's Action and Rural Technology (CAPART), (1996) "Disability: A Strategy to Promote the Participation of People with Disabilities in Programs for Rural Development", New Delhi.
- 9. Hallahan, P.D. and Kauffman, M.J.; (1991) Exceptional Children: Introduction to Special Needs.
- 10. Heward, L.W. (2003) "Exceptional Children: An Introduction to Special Education", Merell Prentice Hall, New Jersey.
- 11. Kanga, F.; (1990) "Heaven on Wheels", Penguin Books, New Delhi.
- 12. Narasimhan, M.C. and Mukherjee, A.K.; (1986) "Disability a Counting Challenge", Wiley Eastern Ltd., New Delhi.
- 13. Oliver, M. (1996) "Understanding Disability: From Theory to Practice", Macmillan Press, London.
- 14. Pandey, R.S. and Advani, L.; (1996) "Perspectives in Disability and Rehabilitation, Vikas Publishing House Pvt. Ltd., New Delhi.

- 15. Reed, V.A.; (1986) An Introduction to Children with Language Disorders, Macmillan Publishing Co., New York.
- 16. Rich, L.H. (1982) "Disturbance Students: Characteristics and Educational Strategies", Pro. Ed., Texas.

Course Title	Advanced Early Childhood and Education
Course Credits	4 (Th)
Course Outcomes	After going through the course, learners will be able to:
Course outcomes	
	CO.1 Identify the relevant areas in the field of Early Childhood Education.
	CO.2 Inter-relate local and inter-national types of children's education program.
	CO.3 Formulate physical designs/setup for preschool set-up.
	CO.4 Reflect on policies and programs regarding early
	childhood education and care.
	CO.5 Exhibit insight into theories and their application in early
	childhood education.
	CO.4 Reflect on policies and programs regarding early childhood education and care.
Module 1 (Credit 1)	Relevance of E.C.C.E
Learning	After learning the module, learners will be able to
Outcomes	1. Aware of the significance and importance of early years.
	2. Understand objectives of Early Childhood Education.
	3. Get acquainted with types of preschools.
	4. Observe and evaluate different centers
Content Outline	Unit 1: Concept, Need, Scope & Objectives of E.C.E.
	Unit 2: Types of Children's Program – Infant Education,
	Kindergarten, Montessori, Day Nurseries, Headstart,
	Balwadi, Child Care Resource Agencies
	Unit 3: Planning, Implementation & Evaluation of ECCE
	Programs
	Unit 4: Regulations and Policies
Module 2 (Credit 1)	Designing Physical Facility

Learning Outcomes	After learning the module, learners will be able to:
Outcomes	Understand the importance of a well-planned physical
	environment in a preschool center
	2. Outline the prerequisites essential to start and run the
	preschool
	P
Content Outline	Unit 1: Building, location, space
	Unit 2: Selection of equipment and material
	Unit 3: Designing preschool and classroom
	Unit 4: Indoor and Outdoor spaces
Module 3 (Credit 1)	Personnel in Early Childhood Education
Learning	After learning the module, learners will be able to
Outcomes	Understand administrative aspect of a center
	2. Exemplify the various safety and security measures to
	be taken in a preschool
	3. Perceive the importance of training and development of
	personnel in a preschool
	4. Formulate ways and importance of communicating with
	the community.
	the community.
Content Outline	Unit 1: Various personnel in E.C.E. and their roles and
	responsibilities
	Unit 2: Professionalism, Safety and Security of children
	Unit 3: Training and Development of Personnel
	Unit 4: Communicating with the Community
Module 4 (Credit 1)	Policies and Programs for Early Childhood Education and
care	
Learning Outcomes	After learning the module, learners will be able to
Outcomes	1. Understand various policies and programs for early
	childhood education and care
	2. Aware about different policies and schemes
1	

Content Outline	Unit 1: Policy for young children (Constitutional laws,
	fundamental rights and directive principles)
	Unit 2: National Policy for Education
	Unit 3: Convention of Right of the child
	Unit 4: Welfare programs young children (I.C.D.S., mobile
	crèches, Sarva Shiksha Abhiyan,)

- 1. Discussions on child safety
- 2. Developing strategies to implement different approaches in Indian classroom settings
- 3. Prepare a Checklist for appropriate Environment Settings and equipment

- 1) Bennett, V., Wood, L. and Rogers, S (1997) :"teaching through play" Open university press, Philadepia.
- 2) Brewer. J.(3rd ed.) (1992) Introduction to Early Childhood Education-Pre-school through primary grades", Allyn and Bacon,
- 3) Carol, E. C. Jana. (1993). Early childhood curriculum, New York Macmillan
- 4) Day, B. (1993): Early childhood education, New York Macmillan
- 5) Grewal, J.S. (1984): Early Childhood Education, Agra National psychological corporation.
- 6) Kaul, V. (1991): Early Childhood Education program, NCERT, New Delhi
- 7) Mohanty J. and Mohanty, (1994): Early Child hood Education, Deep and Deep Publication: New Delhi
- 8) Pankajam, A. (1994): "Pre-school Education: Philosophy and Practice", Indian Publication, Ambala, India.
- 9) Singh. (1997): "Pre-School Education" APH Publishing Company, New Delhi
- 10) Viruru. (2001): Early Childhood Education" age Publication, California

Course Title	Advanced Early Childhood and Education
Course Credits	2 (Practical)
Course Outcomes	After going through the course, learners will be able to
	CO.1 Engage with a variety of ECE settings in Indian
	Educational Settings
	CO.2 Identify the relevant areas in the field of Early Childhood
	Education.
	CO. 3 Apply learnings from National and International
	contexts in preschool settings
	CO.4 Create environments for preschool to foster learning
	CO.5 Conceptualize and plan developmentally appropriate
	activities for children
Module 1 (Credit 1) (Observation
Learning Outcomes	After learning the module, learners will be able to
	1. Learn skills of lesson planning for various age groups
	2. Workshops on planning different types of lessons based
	on topics, age appropriate & skills of writing a lesson
	plan.
	3. Practice mock lessons in the classroom
Content Outline	Observation of physical set up.
	2. Study the classroom dynamics (teaching pupil
	interaction & teaching – learning)
Module 2 (Credit 1) (Classroom dynamics
Learning Outcomes	After learning the module, learners will be able to
	1. Provide opportunities for observations of physical set up, teaching- learning & children in the classroom.
Content Outline	1. Observation of physical set up.
	2. Study the classroom dynamics (teaching pupil
	interaction & teaching – learning)

Module 3 (Credit 1) Lesson Planning & Conduction	
Learning Outcomes	After learning the module, learners will be able to
	1. Implement/ conduct lessons in the class
Content Outline	Students will be placed in pre-primary schools where they will conduct minimum of 10 lessons
Module 4 (Credit 1) Maintaining lesson plan journal	
Learning Outcomes	After learning the module, learners will be able to
	Develop skills of maintaining lesson plan journal
Content Outline	1. The students will present the journal with all the lesson plans & activities with appropriate illustrations

- 1. Assignments
- 2. Mock lessons presentations
- 3. Evaluation of lessons in preschool
- 4. Journal with lesson plans

Course Title	Research Methodology
Course Credits	4 (Th)
Course Outcomes	On the completion of course students will be able to:
	CO.1 Develop approach to carryout scientific research processes
	CO.2 Outline the research proposal and set appropriate process.
	CO.3 Distinguish between various types of researches.
	CO.4 Use various sampling and sampling techniques in
	research.
	CO.5 Develop the research tool and set the procedure of data
	collection.
Module 1 (Credit 1)	The Research Process
	After learning the module, learners will be able to
	1.Understand the process of research and its relationship to
	body knowledge and science
	2. Determine research process based on existing researches
	3. Recognize process of locating and formulation of
	problem
	4. Develop insight into research design of scientific nature
	5. Recognize the importance of ethics in research
Content Outline	a) Scientific approach to enquiry in comparison to native,
	common-sense approach
	b) Knowledge, theory and research
	c) Role, need and scope of research in the discipline of
	Home Science
	Steps in Research Process and Elements of Research
	a) Identifying interest areas and prioritizing
	Selection of topic and considerations in selection
	b) Review of related literature and research

	c) Variables- types of variables including discrete and
	continuous variables
	d) Conceptual definitions and operational definitions
	Concepts, hypotheses and theories
	e) Hypothesis- meaning, attributes of a sound hypothesis,
	Stating the hypothesis and types of hypotheses
	Hypothesis testing- null hypothesis, sample distribution,
	level of significance, critical regions, Type I and Type II
	errors
	f) Research Design
	Research questions, objectives and assumptions
Module 2 (Credit 1) T	Types of Research
Learning Outcomes	After learning the module, learners will be able to
	1. Understand and apply different types of research
	procedures
	2. Structure research designs by knowing methods of
	research
	3. Distinguish between quantitative and qualitative
	types of researches
	4. Locate research areas in human development
Content Outline	a) Basic and Applied research, Qualitative and Quantitative
	research (brief review of differences)
	b) Historical research
	c) Descriptive research methods – survey, case study,
	correlational study, content analysis, causal-comparative
	research
	d) Analytic studies- pre-experimental, experimental
	research, quasi experimental research
	e) Qualitative research, Ethnography

	f) Evaluative research- general characteristics, use of
	qualitative methods in enquiry, scope and importance in
	Home Science
Module 3 (Credit 1) S	ampling
Learning Outcomes	After learning the module, learners will be able to
	Understand relevance of sampling in research
	2. Develop understanding in different types and
	respective techniques of sampling
	3. Apply sampling procedures for specific research
	problems
Content Outline	a) Rationale, characteristics- meaning, concept of population
	and sample, and utility
	b) Types of sampling and generalizability of results
	c) Probability sampling - simple random sample, systematic
	random sample, stratified random sampling etc - random
	and non-random samples, random numbers and use
	d) Non-probability sampling - purposive samples, incidental
	samples, quota samples, snowball samples
	General consideration in determination of sample size
Module 4 (Credit 1) T	Cools for Data Collection
Learning Outcomes	After learning the module, learners will be able to 1. Learn the process of tool development
	2. Know different tools for data collection
	3. Develop insight into procedure of data collection and
	coding of responses

Content Outline

- 1. Primary and secondary methods of data collection
- 2. Different types of questionnaires, rating scales, check lists, schedules, attitude scales, inventories, standardized tests, interviews, observation
- 3. Development of tools, estimation of reliability and validity of tools
- 4. Procedure for preparation of the tool, administration of tools for data collection
- 5. Procedure for data collection
- 6. Planning for data analysis-coding of responses

Assignments/Activities towards Comprehensive Continuous Evaluation (CCE)

Assignment: Construction of tools for data collection, types of questions, interview schedule and Ouestionnaire.

- 1. Bell, J. (1997) "Doing Your Research Project: A Guide for First-time Researchers in Education and Social Science", Viva Books, New Delhi.
- 2. Bell, J. (1997): How to Complete Your Research Project Successfully: A Guide for First-time Researchers, UBSPD, New Delhi.
- 3. Bulmer, M.C. (1984): Sociological Research Methods: An Introduction, Macmillan, Hong Kong.
- 4. Chakravorti, S.R. and Giri, N. (1997) "Basic Statistics", South Asian Pub., New Delhi.
- 5. Das, M.N. (1989) "Statistical Methods and Concepts", New Age, New Delhi.
- 6. Dey, B.R. (2005) "Textbook of Managerial Statistics", Macmillan India Ltd., Delhi.
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$Course\ Syllabus\ Semester\ II\ Major\ (Core)$

Course Title	Family Studies
Course Credits	4 (Theory)
Course Outcomes	 After going through the course, learners will be able to: Develop insight in to stages of family life cycle Critically appreciate growing patterns of alternative family patterns. Be cognizant of constantly changing cultural, social and economic scenario around families Critically analyze contemporary issues in family Evaluate approaches of family studies for better understanding of family Integrate relationship between family and societal exchanges such as work, education, health, religion, government. Recognize need of various family welfare program
Module 1 (Credit 1)	Concepts and Conceptual Frameworks for Understanding Family
Learning Outcomes Content Outline	 After learning the module, learners will be to Describe family life cycle Describe different family patters and develop insights in to challenges attached. Recognize need for welfare programs for families to develop as productive unit. Compare global and local welfare programs available for families Define concerns of Gay and Lesbian families
	Unit 1: Definition of family, family life cycle

	Unit 2: Alternative family patterns – Single parent family, childless
	families, female headed families, Double income no Kid families,
	Gay and Lesbian families.
	Unit 3: Family Welfare Programs – A Global Perspective
Module 2 (Credit 1) (Contemporary Issues and concerns
Learning Outcomes	After learning the module, learners will be able to
	1. Identify the issues of families to be addressed
	2. Understand prevailing concerns of families such as alcoholism,
	violence and abuse.
	3. Understand impacts of environmental disasters, rear health
	concerns and disharmony and divorce
	4. Develop insight into gender roles in families
Content Outline	Unit 1: Family violence and abuse
	Unit 2: Families of alcoholics
	Unit 3: Families of environmental disasters
	Unit 4: Family and HIV / AIDS
	Unit 5: Dual earner families and gender role
	Unit 6: Family disharmony and divorce
Module 3 (Credit 1)	: Approaches in Family Studies
Learning Outcomes	After learning the module, learners will be able to
	1. Describe different approaches of family studies
	2. Critically evaluate approaches in family studies
	3. Justify the need of approaches to study families
Content Outline	Unit 1: Institutional approach
	Unit 2: Systemic approach
	Unit 3: Family life cycle approach
	Unit 4: Structural function
	Unit 5: Development approach
	Unit 6: Social exchange approach
	Unit 7: Feminist approach
	Unit 8: Bio ecological approach

Module 4 (Credit 1):	Family and Societal Exchanges
Learning Outcomes	After learning the module, learners will be able to:
	1. Describe the role of work, education, health and religion in
	family development.
	2. Interpret the effects of ecological system on family members
	3.Outline gender-based work division and discrimination
Content Outline	Unit 1: Work and the Family
	Unit 2: Education and the Family
	Unit 3: Health and the Family
	Unit 4: Religion and the Family
	Unit 5: Ecology and the Family
	Unit 6: Intersectionality, division of labor in family
	Unit 7: Government and Non-government initiatives – family
	planning associations

- 1. Written Assignments
- 2. Case studies
- 3. Presentations and Group discussions
- 4. Related Films and article reviews
- 5. Development of awareness guidelines for community in the crucial areas of human development
- 6. Seminars on critical topics such as families with Gay or Lesbian member
- 7. Role Play on Gender roles in Families and workplaces

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- 2. Desai, M. (1994) "Family and Intervention: A Course Compendium", Bombay Tata Institute of Social Sciences.
- 3. Mahajan, A. and Madhuram (1995) "Family Violence and Abuse in India", Deep and Deep Publication, New Delhi.

- 4. Sahani, A. (ed) (1990) "Community Participation in Health and Family Welfare: Innovative Experience in India".
- 5. Srinivasan, K. and Pathak, K.B. (eds) (1990) "Dynamics of Population and Family Welfare", Himalaya Publishing House, Bombay.
- 6. Stone, C. (1994) "Focus on Families", MacMillan Barnardos, London.
- 7. Tata Institute of Social Sciences (1994) "Enhancing the Role of the Family as an Agency for Social and Economic Development", Bombay.
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- 9. Verma, R.K. and others (1994) "Quality if Family Welfare Service and Care", IIPS, Bombay.
- 10. Cavanaugh, C.J., Kail, V.R. (2000) "Human Development: A Lifespan view", Wadsworth, USA.
- 11. Saraswathi, T.S. (1999) "Culture Socialization and human Development: Theory, Research, Application in India", Sage Publication, New Delhi.

Course Title	Entrepreneurship in Early Childhood Education
Course Credits	4 (Theory)
Course Outcomes	After going through the course, learners will be able to:
	CO.1. Analyse entrepreneurship qualities and skills
	CO.2 Will develop competencies to run a small or moderate scale business enterprise
	CO.3. Demonstrate abilities to carry out SWOT at individual and organizational levels.
	CO.4. Formulate projects with cost and pricing.
	CO.5. Develop attitude, motivation and behaviour to be successful entrepreneurs.
	CO.6. Experiment with new entrepreneurial behaviour & acquire a positive self – image.
	CO.7. Respect professional social and professional ethics in entrepreneurship
Module 1 (Credi	t 1) Qualities & functions of an entrepreneur
Learning	After learning the module, learners will be able to:
Outcomes	Understand the characteristics of an entrepreneur
	2. List down qualities of an entrepreneur
	3. Comprehend functions of an entrepreneur
	4. Differentiate between an entrepreneur and a manager
Content	Unit 1: Introduction
Outline	Unit 2: Concept of Entrepreneur
	Unit 3: Characteristics of Entrepreneur
	Unit 4: Qualities of Entrepreneur
	Unit 5: Distinction between an Entrepreneur and a Manager
	Unit 6: Functions of an Entrepreneur
	Unit 7: Types of Entrepreneurs
Madula 2 (Cradit	t 1) Award for Entropyonounghin & SWOT/SWOC Analysis
Wiodule 2 (Credit	t 1) Areas for Entrepreneurship & SWOT/SWOC Analysis
Learning	After learning the module, learners will be able to:
Outcomes	Generate entrepreneurship ideas

	2. Plan how to capitalize on an opportunity
	3. Understand processes of entrepreneurship development
	4. Demonstrate abilities to carry out SWOT at individual and
	organizational levels
Content Outline	Unit 1: Idea generation
O	Unit 2: Process planning – plan lay-out/functional layout
	Unit 3: SWOT Analysis; Introduction and meaning
Module 3 (Credi	t 1) Understanding Human Behaviour & Ethics
Learning	After learning the module, learners will be able to
Outcomes	Understand human behaviour
	2. List down major determinants of personality
	3. Will be able to understand and apply ethics in entrepreneurship
Content	Unit 1: Introduction, Attitude, Formation of attitude,
Outline	Attitudinal influence on Human Behaviour
	Unit 2: Personality – determinants and traits
	Unit 3: Personality and Behaviour
	Unit 4: Social responsibility in the present context
	Unit 5: Application of ethics in entrepreneurship
Module 4 (Credi	t 1) Project Formulation and Cost and Pricing
Learning	After learning the module, learners will be able to:
Outcomes	1. Define a project
	2. Prepare a project report
	3. Understand pricing and methods of pricing
Content	Unit 1: Introduction, meaning and definition of project
Outline	Unit 2: Formulation procedure – project report
	Unit 3: Guidelines in the preparation of project report
	Unit 4: Registration and license
	Unit 5: Meaning and Elements of Cost
	Unit 6: Pricing and Methods of Pricing
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- 1. Individual/ Group Presentations
- 2. Assignments
- 3. Projects (Individual and Group)

References:

Bolton, B. and Thompson, J. (2000) "Entrepreneurs – Talent, Temperament, Technique". Butterworth-Heinemann Publications, Oxford.

- 2. Sharma, D. and Dhameja, S. (2002) "Indian Entrepreneurship Theory and Practice", Abhishekh Publications, Chandigarh.
- 3. Kumar, A. and Poornima, S. (2003) "Entrepreneurship Development", New Age International Publishers, New Delhi.
- 4. Siddhu, A. and Sunderaraj, P. (2006) "Sustainable Entrepreneurship in Communities", Academic Excellence, Delhi.

Course Title	Guidance and Counselling
Course Credits	4 (Theory)
Course Outcomes	After going through the course, learners will be able to
	 Locate relevance of guidance and counseling. Address issues, concerns and challenges faced by the clients Develop competencies and skills to use approaches in counseling. Critically appraise various counseling approaches and techniques. Practice professional ethics in counseling Deal the dilemma in counseling
Module 1 (credit 1):	Emergence and growth of guidance and counselling
Learning outcomes	After learning the module, learners will be able to:
	1. Describe importance of counselling
	2. Differentiate between guidance and counselling
	3. Map psychological problems during stages of life
	4. Handle concerns of stages from infancy to old age.
Content Outline	Unit 1: Definition, need, importance and scope of guidance and counseling
	Unit 2: Difference between guidance and counseling
	Unit 3: Nature of problems and psychological disorders at stages of Human Development
	Unit 4: Problems issues and concerns of infancy, childhood, adolescent, adulthood and old age

Module 2 (Credit 1):	Educational, personal, vocational and career guidance
Learning outcomes	After learning the module, learners will be able to:
	1. Provide skills for effective study
	2. Identify learning problems
	3. Provide decision making criteria vocational and
	educational choices
	4. Address crucial issues related to educational and career
	guidance
Content Outline	Unit 1: Guidance related to study skills, learning problems and
	difficulties
	Unit 2: Education guidance
	Unit 3: Vocational choices and decision making
	Unit 4: Career guidance
Module 3 (Credit 1):	Fundamentals of counselling and Approaches
Learning outcomes	After learning the module, learners will be able to:
	1. Outline process of counselling
	2. Demonstrate counselling skills
	3. Describe principles of different approaches in counselling
	4. Compare various approaches in counselling
	5.Integrate counselling techniques
Content Outline	Unit 1: The process of counseling
	Unit 2: Attitudes, skills and quality of counselor
	Unit 3: Behavior and cognitive approach
	Unit 4: Transactional Analysis, Rational Emotive therapy,
	Client Centered therapy and Gestalt therapy
	Unit 5: Integrated Eclectic Approach
Module 4 (Credit 1)	Ethical and professional issues
Learning outcomes	After learning the module, learners will be able to:
	1.Describe personal and professional ethics in counselling
	2. Locate the areas of ethical dilemmas in counselling

	3.List ethical and legal issues in guidance and counselling
Content Outline	Unit 1: The development of professional ethics
	Unit 2: Ethical dilemmas and licensing
	Unit 3: Ethical and Legal Issues in Guidance and Counseling

- 1. Case observation and presentation
- 2. Draft the principles of counselling approaches through Mind maps
- 3. Development of intervention for each stage
- 4. Development of leaflet on counselling ethics
- 5. Mock the counselling session

- 1. Dave, I. (1991) "The Basic Essentials of Counseling", Sterling Publishers Pvt. Ltd.
- 2. Fuster, J.M. (1988) "Personal Counseling, Better Yourself Books".
- 3. Gelso, C. and Fretz, B. (1995) "Counseling Psychology", William James Centennial Series.
- 4. Madhukar, I. (2000) "Guidance and Counseling", Authors Press.
- 5. Rao, S.N. (1991) "Counseling and Guidance", Tata McGraw Hill Publishing Company Ltd., New Delhi.
- 6. Satya, B.N. (2002) "Guidance and Counseling", Abhishek Publication, Chandigarh.
- 7. Shankar, L. (1993) "Guidance: Educational, Vocational, Personal and Social", Enkay Publisher Pvt. Ltd.
- 8. Singh, R. (1994) "Educational and Vocational Guidance", Common Wealth Publisher, New Delhi.

Course Title	Adolescent and Later Life
Course Credits	4 (Theory)
Course Outcome	On completion of the course, the student will be able to
	Identify growth and development during adolescent and
	youth.
	2. Recognize psychosocial concerns and challenges of
	adolescents.
	3. Map the physical, psychosocial concerns during midlife
	4. Analyze psychosocial issues during adulthood.
	5. Draft the demography of ageing population and analyze.
	6. Formulate adjustment patterns of behaviors for elderly
Module 1(Credit1): Gi	owth and Development and Adolescent and Youth
Learning Outcomes	At the end of the module, the students will be able to:
	Describe growth and development of adolescent and youth
	with different perspectives.
	2. Evaluate psychosocial concerns and challenges during
	adolescents.
	3. Identify intellectual development of adolescents
Content Outline	Unit 1. Biological, cultural and developmental perspectives
	and reproductive health of adolescents.
	Unit 2. Factors influencing growth & development,
	psychological issues related to physical changes and
	resilience in adolescence
	Unit 3. Aspects of intellectual development
Module 2 (Credit 1) Do	evelopmental Issues, Psychosocial Concerns and Challenges
of Adolescence	
Learning Outcomes	At the end of the module, the students will be able to:
	Locate psychosocial concerns of adolescents.
	2. Summarize issues of adolescents belonging to
	marginalized Groups
	3. Justify the need of moral development and relationship at

	this stage of adolescent.
Content Outline	Unit 1: Nutrition and eating disorders Obesity, Anorexia and
	bulimia, Use and abuse of drugs, alcohol, Sexuality
	and related issues, Teen age pregnancy, Adolescent at
	risk violence, suicide, delinquency, STI, HIV / AIDS
	Unit 2: Vulnerable and marginalized adolescents Adolescent
	& youth in urban & rural context, Adolescents and
	media
	Unit 3. Moral development and relationships, Value education
	and morality, Life skills for personal competence,
	emotional intelligence, Parent – Adolescent
	relationship, Friendship and adolescents
Module 3 (Credit 1) C	oncerns during Adulthood
Learning Outcomes	By the end of the module the learner will be able to:
	Identify psycho-social changes during adulthood.
	2. Understand biological limitations during adulthood
	and later stage.
	3. Describe midlife crisis such as health and employment
	and empty nest.
Content Outline	Unit.1 Biological, cultural and developmental perspectives on
	adulthood and demography of ageing in India
	Unit 2. Psychological issues related to physical changes,
	Aspects of intellectual development, Recognition of
	biological limitations and health risks
	Unit 3. Psychosocial issues and midlife crisis, Work and
	family, health, Unemployment and job satisfaction,
	Emptiness syndrome, Stressful events.
Module 4 (Credit 1) A	Adjustment Patterns and Changing Lifestyles during later
life	
Learning Outcomes	By the end of the module the learner will be able to:
	Identify psycho-social changes during late adulthood.
	J l

	2. Understand biological limitations during adulthood
	and later stage.
	3. Describe midlife crisis such as health and employment
	and empty nest.
	4. Anticipate the scope of gerontological studies
Content Outline	Unit 1. Family patterns in later life" Changing roles and the
	ageing family, Husband-Wife relations in old age,
	Sexual adjustment
	Unit 2. Retirement years and marital adjustment,
	Intergenerational family relations; grand parenthood;
	widowhood / Single-hood; alternative lifestyle;
	second marriage in the later life
	Unit 3. Physical and biological limitations, Impact of death on
	society; attitude towards death; denial and thoughts of
	death; bereavement, grief and coping.
	Unit 4. Emergence of gerontology, care for elderly, Social,
	medical, psychological, occupational problems,
	Implications of ageing population at micro and macro
	levels
i	

- 1. Workshops on concerns of stages
- 2. Research based Assignments
- 3. Presentations
- 4. Community programs on awareness for issues and concerns of development

- 1. Aiken, L.R. (1978) "The Psychology of Later Life", WB Saunders Company, Philadelphia.
- 2. Bali, P.A. (2001) "Care of the Elderly in India: Changing Configurations", Indian Institute of Advanced Study, Shimla.
- 3. Bergann. K. (1972) "Aged: their Understanding and Care", Wolfe Pub., London.
- 4. Bhai, L.T. (2002) "Aging: An Indian Perspective", Decent Books Pub., New Delhi.
- 5. Binstock, R.H. and Shanes, E. (eds) (1986) "Handbook of Aging and Social Sciences", V.N. Reinhold Co., New York.

- 6. Chowdhry, P.D. (1992) "Aging and the Aged", Inter India Pub., New Delhi.
- 7. Cook, A.S. (1983) "Contemporary Perspectives on Adult Development and Aging", Macmillan, New York.
- 8. Cox, H. (1984) "Later Life: The Reality of Aging", Prentice Hall Inc., New Jersey.
- 9. Cox, H. (1993) "Later Life: Realities of Aging", Prentice Hall Inc., New Jersey.
- 10. Desai, K.G. (1985) "Problems of the Retired People in Greater Bombay, TISS, Series no. 27, Bombay.
- 11. Ghosh, B. (1988) "Contemporary Social Problems in India", Himalaya Pub., Bombay.
- 12. Homban, D. (1978) "Social Challenge of Aging", Groom Helm, London.
- 13. Husain, G.M. (1997) "Changing Indian Society and Status of the Aged", Manak Pub. Ltd., New Delhi.
- 14. Johnson, E. (1982) "Growing Old: Social Problem of Aging", Holt, Rinehart and Winston, New York.
- 15. Kail, R. and Cavanaugh, J. (2000) "Human Development: A Lifespan View, Wadsworth Pub., USA.
- 16. Kennedy, C. (1988) "Human Development", Macmillan, New York.
- 17. Kimmel, D. (1974) "Adulthood and Aging", Wiley, New York.
- 18. Mishra, S. (1987) "Social Adjustment of Old Age", B.R. Pub. Corp., Delhi.
- 19. Papalia, D. Olds, F.R. (2001) "Human Development", McGraw Hill, London.
- 20. Pinkston, P.H. and Linsk, N.K. (1984) "Care of the Elderly: A Family Approach", Pergamon Press, New York.

Course Title	Human Rights and Laws
Course Credits	2 (Practical)
Course Outcomes	 Create awareness of Human Rights among students Get acquainted with laws which safeguard human rights
	3. Understand Constitutional and other Laws for the Protection
	of Women, Children, Prisoners, Dalits and other
	Disadvantaged Groups
Module 1 (Credit 1) I	ntroduction to Human Rights
Learning Outcomes	On completion of this module, the students will be able to:
	Describe meaning and nature of human rights
	2. Relate rights to duties and responsibilities
	3. Understand enforcement mechanisms
	4. Describe court procedures
Content Outline	Unit1. Concept, Rights and Duties: Meaning, Nature and
	Definition of the Human Rights Historical Background,
	Classification of Human Rights, Rights, Duties and its
	Relationship, Human Rights and Indian Constitution,
	Theories: Tradition and Modern
	Unit.2 Enforcement of Human Rights: Formal Enforcement
	mechanism, Role of Courts, Statutory Tribunals
Module 2 (Credit 1) H	Human Rights of Women, Children, Prisoners, Dalits and other
Disadvantaged Group	s
Learning Outcomes	By the end of the module, students will be able to:
	1. Describe rights and legislation for protection of women
	Describe rights and legislation for protection of children
	children

Unit 1. Rights of Women: Crimes against Women, Legislation for
the Protection of Women
Unit 2. Rights of Children: Illegal acts against Children, Survival
and Developmental Rights of Children, Constitutional and
other Laws for the Protection of Women, Children,
Prisoners, Dalits and other Disadvantaged Groups

- 1. Assignments
- 2. Presentations
- 3. Visit Reports
- 4. Case discussions
- 5. Discussions on Rights and Responsibilities

- 1. Manoj Kumar Sinha, Implementation of Basic Human Rights, (Lexis Nexis)
- 2. Dr. H.O. Agarwal, International Law and Human Rights, Central Law Publications
- 3. Dr. J.N. Pandey, Constitutional Law of India, Central Law Agency
- 4. Dr. S. C. Tripathi and Vibha Arora, Law relating to Women and Children, Central Law Publications

Course Title	Internship
Course Credits	4 (On Job Training)
Course Outcomes	At the end of the internship, the students will be able to:
	1. Apply the knowledge of theory in to practice
	2. Get acquainted with work environment
	3. Integrate professional skill at workplace
	4. Apply professional competence and skills at work place.
	Connect human development knowledge to professional set up and life.
	6. Apply management and administration skills and competencies at organizational level.
Module 1 (Credit 1)	Application of Knowledge and Skills learned through
	various course contents
Learning Outcomes	By the end of the module, students will be able to:
	1. Apply knowledge gained in service organizations
	2. Test the application of skills in the field
Content Outline	Unit1. Organization structure
	Unit 2. Areas of work
Module 2 (Credit 1)	Dealing with Challenges at internship places
Learning Outcomes	By the end of the module, students will be able to:
	1. Outline the challenges
	2.Apply strategies to counter challenges
	2. Analyze causes of failure in case
Content Outline	Unit1. Observation of work setup
	Unit 2. Active participation in ongoing programs in
	organization
Module 3 (Credit 1)	Professional Development

Learning Outcomes	By the end of the module, students will be able to:
	1.Describe necessary knowledge required to be professionally
	effective
	2.Demonstrate skills to be effective in management
	3.Apply professional ethics
Content Outline	Unit 1. Introduction of Department to organization
	Unit 2. Introduction of Educational program to internship
	institution
	Unit 3. Professionalism and work relationship
Module 4 (Credit 1) Personal Effectiveness	
Learning Outcomes	By the end of the module, students will be able to:
	1. Enhance personal qualities
	2.Enhance communication skills
Content Outline	Unit 1. Introduction of interning student to institution as
	Agents of change
	Unit 2. Identification of areas to be effective personally
	Unit 3. Effective communication, personality development

- 1. Submission of Internship report
- 2. Case discussions
- 3. Presentations on work and personal challenges