SNDT WOMEN'S UNIVERSITY (www.sndt.ac.in)

SYLLABUS FOR DEGREE OF BACHELOR OF SCIENCE HOME SCIENCE (EARLY CHILDHOOD EDUCATION)

Program Degree		BSc Home Science (Early Childhood Education)
Parenthesis		Human Development
Preamble		This curriculum creates a teaching-learning framework at the undergraduate level to attract the young minds towards research, innovation, apprenticeship, social outreach, entrepreneurship and similar such areas of human knowledge and endeavor. The program aims to prepare students for careers requiring global competencies and to develop skills required to work in international organizations. It provides the students with many opportunities, both to apply the theoretical knowledge and to develop a more in-depth understanding of important aspects of development during the whole life span.
Program Specific Outcomes (PSOs)	1.	After completing this program, learner will develop varied skills for professional competencies.
	2.	design community welfare programs for children, youth and elderly. combine scientific temper, analytical, and critical-
	4.	thinking skills. make use of proficiencies and entrepreneurial skills for a wide variety of career opportunities.
	5.	develop sensitivity regarding children with diverse needs.
	6.7.	model skills for working as human development professionals in various settings. translate skills for community participation and
Eligibility Criteria for Program		development. Must have passed Higher Secondary School Certificate (standard XII) examination with Minimum Competency based Vocational Courses (MCVC) conducted by the different Divisional Boards of the Maharashtra (or any other State) Board of Secondary and Higher Secondary Education
Intake (For SNDT WU Departments and Conducted Colleges)		30 Students

B.SC. IN HOME SCIENCE EARLY CHILDHOOD EDUCATION

Syllabus Structure EARLY CHILDHOOD EDUCATION

No.	Courses	Type of Course	Credits	Marks
Seme	ester I	1	1	
1.1	Life span development Theory	Major (Core)	4	100
1.2	Life span development practical	Major (Core)	2	50
1.3	Traditional Indian games and toys	OEC	(2+2) 4	100
L.4	Fundamentals of Child Development (Pr)	VSC	2	50
1.5	Presentation skills	SEC	2	50
1.6	Effective Spoken Communication	AEC	2	50
1.7	Indian child rearing practices	IKS	2	50
1.8	EVS	VEC	2	50
1.9	NSS/NCC / cultural / sports	СС	2	50
			22	550
Seme	ester II			
2.1	Foundations of Early Childhood Education (theory)	Major (Core)	4	100
2.2	Foundations of Early Childhood Education (practical)	Major (Core)	2	50
2.3	Preschool Education and Management (Pr)	Minor Stream	2	50
2.4	Child Health and Nutrition	OEC	4	100
2.5	Stimulation activities for preschoolers	VSC	2	50
2.6	Introduction to Puppetry	SEC	2	50
2.7	Effective Written Communication	AEC	2	50
2.8	Indian philosophies in Early Childhood Education	IKS	2	50
2.9	NSS/NCC/cultural/ sports	СС	2	50
			22	550
		TOTAL	44	1100
EXIT	UG CERTIFICATE (with extra 10 credits)	1	54	1350

SN	Courses	Type of Course	Credits	Marks
Seme	ester III			
3.1	Curriculum for Young children (theory)	Major (Core)	4	100
3.2	Curriculum for Young children (practical)	Major (Core)	4	100

3.3				
0.0	Orientation to Preschool Education (Pr)	Minor Stream	4	100
3.4	Family Dynamics	OEC	2	50
3.5	Advocacy for Children and Family wellbeing	VSC	2	50
3.6	Relationship Management	AEC	2	50
3.7	Professional application in ECE	FP	2	50
3.8	NSS/NCC/Sports/ cultural	СС	2	50
			22	550
Seme	ester IV			
4.1	Basics of Guidance	Major (Core)	4	100
4.2	Engaging Families and Community	Major (Core)	4	100
4.3	Guiding Young Children (Pr)	Minor Stream	4	100
4.4	Emotional Intelligence	OEC	2	50
4.5	Management of centers for young children (Pr)	VSC	2	50
4.6	Foundation of literacy and numeracy skills	AEC	2	50
4.7	NSS/NCC/ sports/ cultural	СС	2	50
4.8	Field placement 1	CEP	2	50
			22	550
		TOTAL	44	1100
FXTT	UG DIPLOMA (with extra 10 credits)	1	98	2450
_/\				
	Courses	Type of	Credits	Marks
SN	Courses ester V	Type of Course	Credits	Marks
SN Seme			Credits 4	Marks
Seme	ester V	Course		
Seme 5.1 5.2	Pedagogies in Early Childhood Education	Major (Core) Major (Core) Major	4	100
Seme 5.1 5.2 5.3	Pedagogies in Early Childhood Education Children with Special needs	Major (Core) Major (Core) Major (Core) Major (Core) Major	4	100
Seme 5.1 5.2 5.3 5.4	Pedagogies in Early Childhood Education Children with Special needs Panchkoshiye Curriculum	Major (Core) Major (Core) Major (Core)	4 4 2	100 100 50
Semo 5.1 5.2 5.3 5.4 5.5	Pedagogies in Early Childhood Education Children with Special needs Panchkoshiye Curriculum Children and Youth in the current context	Major (Core) Major (Core) Major (Core) Major (Core) Major (Elective)	4 4 2	100 100 50 100
Seme 5.1 5.2 5.3 5.4 5.5	Pedagogies in Early Childhood Education Children with Special needs Panchkoshiye Curriculum Children and Youth in the current context Individuals with disability (2 Th+ 2 Pr)	Major (Core) Major (Core) Major (Core) Major (Elective) Minor Stream	4 2 4	100 100 50 100
SN	Pedagogies in Early Childhood Education Children with Special needs Panchkoshiye Curriculum Children and Youth in the current context Individuals with disability (2 Th+ 2 Pr) Creativity for Young children	Major (Core) Major (Core) Major (Core) Major (Elective) Minor Stream	4 2 4 2	100 100 50 100 100
Seme 5.1 5.2 5.3 5.4 5.5 5.6 5.7	Pedagogies in Early Childhood Education Children with Special needs Panchkoshiye Curriculum Children and Youth in the current context Individuals with disability (2 Th+ 2 Pr) Creativity for Young children	Major (Core) Major (Core) Major (Core) Major (Elective) Minor Stream	4 2 4 2 2	100 100 50 100 100 50

EXIT B.Sc. Home Science (Early Childhood Education)			132	3300
		TOTAL	44	1100
			22	550
6.6	Internship in centers for children	OJT	4	100
6.5	Marriage and Family Relationship (2 Th+ 2 Pr)	Minor Stream	4	100
6.4	Women Studies	Major (Elective)	4	100
6.3	Assessment in Early Childhood Programs	Major (Core)	2	50
5.2	Theories of Human Development	Major (Core)	4	100

4-Year Degree with Honors

SN	Degree with Honors Courses	Type of Course	Credits	Marks
Semes	ter VII			1
7H.1	Advanced Life Span Development	Major (Core)	4	100
7H.2	Theories of Behavior and Development	Major (Core)	4	100
7H.3	Methods of Research in Early Childhood Education	Major (Core)	4	100
7H.4	Persons with Special Needs	Major (Core)	2	50
7H.5	Advanced Early Childhood Education (Th)	Major (Elective)	4	100
7H.6	Research Methodology	Minor Stream (RM)	4	100
			22	550
Semes	eter VIII			
8H.1	Recent Trends in Curriculum Planning	Major (Core)	4	100
8H.2	Entrepreneurship in Early Childhood Education	Major (Core)	4	100
8H.3	Issues in Early Childhood Education	Major (Core)	4	100
8H.4	Seminar on concerns in ECCE	Major (Core)	2	50
8H.5	Maternal and Child Nutrition studies	Major (Elective)	4	100
8H.6	Internship Personal Effectiveness and Professional Development	TLO	4	100
			22	550
		TOTAL	44	1100
EXIT B with H	B.Sc. Home Science (Early Childhood Education) onors	TOTAL	176	4400

Course Syllabus

Semester I

1.1 Major (Core)

Course Title	Life Span Development
Course Credits	4 (Th)
Theory – Internal - External	50+50
Course Outcomes	After going through the course, learners will be able to
	acquainted with the developmental stages from birth to old age.
	develop awareness of important aspects of development during the whole life span.
	understand the problems and hazards faced by an individual throughout the lifespan development
	Develop understanding of major stages and nature of growth and development
Module 1 (Credit 1)	Introduction to Life Span Development and Infancy stage
Learning Outcomes	After learning the module, learners will be able to
	 Develop understanding of meaning of life span development. Acquire knowledge about advancements in the stage of prenatal and infancy stage Understand potential hazard during prenatal stage of development
	Introduction to life span development.
	 Conception and development during prenatal stages and hazards of development in brief Introduction to stage 0-2 years
	 Neonatal stage: Physical appearance, Reflexes, Perceptual skills, Infancy: Physical, motor and social development during infancy
	Developmental tasks of infancy stage
Module 2 (Credit 1)	Early and Late Childhood
Learning Outcomes	After learning the module, learners will be able to
	Acquaint s with the developmental changes and challenges during early and middle childhood.
	Develop understanding about significance of pre-school age in the process of development.

Module 3 (Credit1)	Adolescence
	4. Cognitive and Language development
	3. Physical, motor and social development
	2. Concepts and developmental tasks and challenges
Content Outline	Stage of Childhood- Early & Late childhood



	After learning the module, learners will be able to
Learning	
Outcomes	Gain deeper knowledge of various domains of development during adolescence stage and major concerns and challenges
	Develop understanding about career planning and sex
	education during adolescence as concerns of stages
Content Outline	1. Definition and characteristics of Adolescents.
	 Physical, Social and Emotional and Cognitive development during adolescence stage.
	4. Major challenges faced during stage
Module 4 (Credit 1)	Adulthood
Learning Outcomes	After learning the module, learners will be able to
	Develop awareness about characteristics of early, middle and late adulthood.
	2. Analyze problems and issues in middle and late adulthood.
Content Outline	 Analyze problems and issues in middle and late adulthood. Definition of young, middle and late adulthood and development tasks of each stage.
Content Outline	Definition of young, middle and late adulthood and

- 1. Conduct workshops on childbirth and challenges.
- 2. Visit to a pre-school/old age home/Hospital & group presentation in class. Submission of reports
- 3. Guest lecture on crucial aspects of human development/ sex education. Report to be submitted
- 4. Visit and writing a report on old age home.
- 5. Written submission on issues in middle and late adulthood.

References

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Williams, S. (1984): Middle childhood, behavior & development, MacMillan publishing company, New York.

1.2 Major (Core)

Course Title	Life span development (Pr)
Course Credits	2
Theory - Practical Internal - External	25+25
Course Outcomes	After going through the course, learners will be able to

	1. Develop observation skills and reporting abilities
	interview families and individuals for collecting information related to human development
	3. work in groups for human development
	3. Work in groups for numan development
	4. develop the ability to relate to the services given by human care institutes
	5. adapt to the needs of children
	6. critically understand media content
Module 1 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to
	develop observation skills
	exhibit skills of interviewing
	discuss development of children, adolescents, adults and elderly
	4. gain insights into sources of information
Content Outline	Observation of individuals in different periods of life span (Infants, preschoolers, Adolescents and adults)
	 Collect newspaper, Magazine articles for each period List down developmental challenges during different stages Conduction of Interviews of Elderly man, women and families
Module 2 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to
	develop deeper understanding of issues and concerns in human development
	2. critically analyze issues and concerns of human development
	3. plan care tips for children and elderly
Content Outline	1. Group projects like, group discussions, street plays , debate and research project on relevant issues such as developmental deviations
	Viewing different films on pre- during- post natal care and develop right understanding
	3. Demonstration of different child care practices, massaging, bathing, toilet training, feeding.
	4. Review films on adolescents and social media
	5. Visit to old age home and report observations

Evaluation

1. Individual project

- 2. Group project
- 3. Observation of developmental task of any two stages of development
- 4. Visit to one school and one old age home and report submission
- 5. Organizing film review



1.3 OEC

Course Title	Traditional Indian Games and Toys
Course Credits	4
Theory – Internal - External	50+50
Course Outcomes	After going through the course, learners will be able to
	Understand the history of traditional toys and games in India
	Identify the role of Indigenous and Traditional Toys and games in child development
	List down traditional toys and games in specific regions of India
	4. Develop a few traditional toys
Module 1 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to
	understand history and the importance of traditional toys and games
	discuss the importance of Traditional toys and games in children's development
Content Outline	 History of traditional toys and games in India Impact of traditional toys and games in our society Role of Indigenous and traditional toys and games in child development
Module 2 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to
	 Understand the importance of traditional games in children's development Identify traditional toys and games in specific regions of India
Content Outline	 Importance of Traditional Games in children's development Traditional toys and games in specific regions of India
Module 3 (Credit 1)	(Pr)
Learning Outcomes	After learning the module, learners will be able to
	 Identify different types of Indian toys and games List down toys and games involving simple objects

Content Outline	Types of Indian toys and games
	Toys and games involving simple objects
Module 4 (Credit 1)	(Pr)
Learning Outcomes	After learning the module, learners will be able to
	1 create and traditional toy
	create one traditional toy
	list down indigenous Indian toys and games
Content Outline	Create one traditional toy
	Make a scrap book of indigenous Indian toys and games

- 1. 2 written Assignments
- 2. Make a scrap book of indigenous Indian toys and games
- 3. Create one traditional toy

References

Aditi Ranjan, M. P. Ranjan (2009). Handmade in India. A Geographic Encyclopedia of Indian, Page 362.

Kamaladevi Chattopadhyay (1975). Handicrafts of India Hardcover, Indian Council for Cultural Affairs; First Edition, ASIN: B0000CQIQK

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Pavitra Jayaraman (2013). "Channapatna, Karnataka – Back in the game". livemint.com.

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1.4 VOCATIONAL SKILL COURSE (VSC)

Course Title	Fundamentals of Child Development (Pr)
Course Credits	2 credits
Theory – Internal - External	25+25
Course Outcomes	After going through the course, learners will be able to 1. compare the developmental stages from birth to 12 years

I	Develop an understanding of different penests of shild's physical
	2. develop an understanding of different aspects of child's physical, motor social and emotional development
	3. comprehend developmental tasks of different age groups.
	4. Discuss tasks for children from birth to 8 years
Madula 1 (Cradit 1)	Davelanment during Infancy and Taddlaybood
Module 1 (Credit 1)	Development during Infancy and Toddlerhood
Learning Outcomes	After learning the module, learners will be able to
	 develop an understanding about developmental stages in the first two stages discuss domains of development. infer observation skills and reporting abilities
	 Introduction to Child Development. Introduction to periods/stages of development,
	 Introduction to periods/stages of development, developmental domains
	Physical, Motor and Social, Emotional development during Infancy & Toddlerhood
	 Cognitive and Language development during Infancy &toddlerhood
	 Observe and document the development of children in various domains.
	 Describe physical, motor and perceptual development during Infancy and Toddlerhood.
	 Study of children's development across domains (physical- motor, cognitive, language and socioemotional) using observations, performance of children on specific tasks /activities/behaviour
Module 2 (Credit 1)	Early and Late Childhood
Learning Outcomes	After learning the module, learners will be able to:
	estimate developmental changes during early and middle
	childhood. 2. infer significance of play in the process of development.
Content Outline	Stage of Childhood- Early & Late childhood
Content Outline	Physical, motor and social development during preschool
	years
	Cognitive and Language development
	Study children using various methods to understand development in different domains
	4. Observation of Play Patterns in young children

Assignments- a) Prepare a booklet on Children's development from Infancy to Late childhood years

b) Observation Records

- c) Visits to Day care Centers/ Preschools
- d) Interviews with mothers of young children to trace developmental

milestones

References

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1.7 Indian child rearing practices (IKS)

Course Title	Indian child rearing practices
Course Credits	2(Th)
Theory - Internal - External	25 + 25
Course Outcomes	After going through the course, learners will be able to
	discuss the concept of parenting and characteristics of Indian Parenting
	2. analyze the concept of traditional Indian parenting
	3. compare child rearing practices, different parenting styles and its impact on children's behavior.
	4. infer the role of culture and tradition in parenting
	5. Critically analyze social and cultural context of parenting
Module 1 (Credit 1)	Child rearing practices- Indian parenting styles
Learning Outcomes	After learning the module, learners will be able to
· ·	discuss Indian parenting
	Acquire knowledge about characteristics of Indian Parenting
	3. compare child rearing practices- Indian parenting styles

Content Outline	1. Definition of parenting
	2. Traditional Indian parenting
	3. Characteristics of Indian Parenting
	4. Traditional Indian parenting practices
	5. Child rearing practices- Indian parenting styles
Module 2 (Credit 1) of parenting	Social and cultural context
Learning Outcomes	After learning the module, learners will be able to
	 discuss social and cultural context of parenting determine parent- child relationship at various developmental stages
	3. analyze Social Class and parenting styles4. examine the role of culture and tradition in parenting in India
Content Outline	 Social and cultural context of parenting in India Influence of parent child relationship at various developmental stages. Family structure and parenthood Social Class and parenting styles Role of culture and tradition in parenting

- 1. Case study of a family to understand the child rearing practices
- 2. Assignment on different parenting styles/ models
- 3. Interviews with 5 parents to understand the dynamics of child rearing

References

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1.5 SEC

Course Title	Presentation Skills
Course Credits	2
Theory – Practical Internal	25+25
Course Outcomes	After going through the course, learners will be able to
	1. develop presentation skills and give an effective presentation
	2. plan to organize presentation content
	3. evaluate audience needs4. construct presentation content for school/centers
,	undamentals of effective presentation
Learning Outcomes	After learning the module, learners will be able to
	learn basics of presentation skills
	2. discuss principles of presentation skills
Content Outline	Meaning of presentation
	Principles of presentation Presentation skills, types % delivery Methods
	 Presentation skills -types & delivery Methods Importance of presentation skills for teacher
Module 2 (Credit 1) P	resentation skills in EC
Learning Outcomes	After learning the module, learners will be able to
	develop knowledge about various methods used in schools

	2. create presentations-visual, oral, 3 D models, ppts
Content Outline	 Audio & Visual recordings for preschool teaching -literary, storytelling, songs, poetry, documentary. Charts, teaching aids, posters, bulletin boards display, Mobiles, flannel board objects, Illustrative books Power point presentation -creating stories with sound effects and animation. 3D models -developing models on various topics Project display Video making and podcast

Internal assessment of 25 marks -25/15/10 marks bifurcation

- 1. Developing story, poems, songs in digital and traditional way
- 2. Developing 3D Models
- 3. Illustrative picture books, story books, charts
- 4. Making display board objects
- 5. Making PPTs on various preschool topics
- 6. Making videos and podcast on storytelling, poems, songs or any content.

References

- 1. Dr Arulsamy and Z. Zayapragassarazan. Teaching skills & Dr Strategies 2016, sold by R.A Books.
- 2. Joan Van Emden and Lucinda Becker. Presentation skills for students 3 rd Edition,Bloomsbury Publishing PLC
- 3. Pasty McCarthy. Presentation skills: The essential Guide for students , SLE Publisher Pound.
- 4. Theobald.T Develop your presentation skills, 2013, Publisher -Kogan Page Limited

1.7. IKS - 2 credits- 50 marks

Course Title	Child Rearing Practices in India (Theory)
Course Credits	2
Theory Internal	25+25
Course Outcomes	After going through the course, learners will be able to
	Discuss parenting in the Indian Context
	2. evaluate Child rearing practices in India
	3. analyse different styles of child rearing in India
Module 1 (Credit 1	.)
Learning Outcomes	After learning the module, learners will be able to
	identify child rearing practices in Indian Context

	1
	differentiate between different parenting styles and models
Content Outline	Child Rearing Practices- Concept Models of parenting Proportion and the concept of the
Module 2 (Credit 1)	Parenting styles
Learning	After learning the module, learners will be able to
Outcomes	
	1. Interpret the rationale for child rearing practices by Indian Parents
	2. Examine the impact of different parenting styles on children
Content Outline	Child rearing beliefs and practices in the Indian Culture Impact of Child rearing practices

- 1. Case study of a family to understand the child rearing practices
- 2. Assignment on different parenting styles/ models

References:

- Belsky J. The determinants of parenting: A process model. Child development. 1984, 1:83-96
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Semester II

2.1 Major (Core)- 4 credits- 100 marks

Course Title	Foundations of Early Childhood Education (Theory)
Course Credits	4
Theory Internal - External	50+50
Course Outcomes	After going through the course, learners will be able to
	 discuss various aspects of teaching -learning methodologies for early years. conduct innovative activities to enhance learning of different components of the curriculum. understand the pivotal role of early childhood teacher.
Module 1 (Credi	or an execute the protection of early eliminated teachers.
Learning Outcomes	After learning the module, learners will be able to
	1. understand the concept of ECE
	2. explain the importance ECE
	3. describe the objectives of ECE

Content	Introduction
Outline	Meaning & Scope of ECE
	Importance of ECE
	Objectives of ECE
Module 2 (Credi	it 1)
Learning	After learning the module, learners will be able to
Outcomes	,
	differentiate between different types of pre-school centers
	1. differentiate between different types of pre-school centers
	2. design different types of teaching aids
	3. analyze the effectiveness of physical setting, equipment and materials
	for learning
Content	Different types of pre-school centers
Outline	Physical setting of a center, equipment & materials
Outilie	Teaching Learning materials
	Personnel
	• Personner
Module 3 (Credi	it 1)
•	
Learning	After learning the module, learners will be able to
Outcomes	
	1. examine Play & Play way methodology
	2. design and organize activities for Language, Science, Math and Social
	studies
	Studies
Content Outline	
	Play, Play Way Methodology
	Language- Importance, skills & Activities
	Science - Importance, skills & Activities
	Math - Importance, skills & Activities
	Social studies - Importance, skills & Activities
Module 4 (Credi	
Learning	After learning the module, learners will be able to
Outcomes	
	1. identify the role of philosophers to ECE
	2 avalain the importance of Assessment 0 identify various models de-
	2. explain the importance of Assessment & identify various methods of
	evaluation
	3. analyze various methods of working with parents
L	

Content Outline	 Overview of Philosophers- Froebel, Montessori, Rousseau, Gandhiji, Tarabai Modak, Giju Bhai Badheka Assessment & Evaluation Working with Parents

- 1. Reports of different preschool centres
- 2. 5 language activities/Math activities
- 3. One activity for social studies
- 4. Presentation of one learning centre

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2.2 Major (Core) - 2 credits - 50 marks internal practical paper

Course Title	Foundations of Early Childhood Education (Internal Practical Paper)
Course Credits	2
Theory – Practical Internal	25+25
	No external paper for practical
Course Outcomes	After going through the course, learners will be able to

	acquire skills in conducting various activities for young children
	2. design materials for teaching young children
	3. develop skills in students for promoting creativity in young children
Module 1 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to
	Identify and design effective learning centers P
	Design and implement different activities to enhance creativity in pre- schoolers
Content Outline	Learning CentersCreative activities
Module 2 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to
	design developmentally appropriate Teaching Learning material for preschoolers
	construct various types of readiness activities for competency in numeracy & literacy among preschoolers
Content Outline	Teaching AidsReadiness Kit

Assignments/Activities towards Comprehensive Continuous Evaluation (CCE) 1. Creativity File- Exploring with paints, paper, crayons & scrap 2. Readiness File

- 3. Teaching Aids
- 4. Story telling Aids & presentation

2.3 MINOR

Course Title	Preschool Education and Management
Course Credits	2
Theory – Internal	- 25+25
External	
Course Outcomes	After going through the course, learners will be able to
	1. explain preschool education.
	adapt to organizational skills required for managing preschool education centers.

	discuss competencies required for conducting various activities in preschool education center.
	4. develop skills required for observing school, children
Module 1 (Credit 1) 1	ntroduction to preschool education
Learning Outcomes	After learning the module, learners will be able to
	1. discuss importance, types and objectives of preschool education.
	2. design preschool education activities
Content Outline	 Meaning, importance, need, objectives, types of preschools. Play- need, importance, stages, types, values of play. play way methodology Developing numeracy and literacy activities with language, science, social science and mathematics- importance, role of teacher and types of activities. Planning resource unit. Qualities of preschool teacher.
	Visit and observation of any preschool center for understanding the physical setup and functioning of the preschool and report writing- 4 visits. Preparing resource unit on any topic and its presentation
Module 2 (Credit 1) N	Management of preschool centers
Learning Outcomes	After learning the module, learners will be able to
	1. discuss management of centers
	develop skill for budgeting, record keeping, selection of equipment for preschool centers.
Content Outline	 Physical setting, pupil teacher ratio, equipment importance, kind, selection criteria and care, low cost equipment. Budgeting- planning preschool budget Reports and record keeping for preschool. Assignment -
	 Planning budget for preschool Preparing admission form advertisement brochure for preschool.

Assignments/Activities towards Comprehensive Continuous Evaluation (CCE) *Internal Assessment of 25 /15/10 from the following for total 25 marks

• Visit and observation of any preschool center for understanding the physical setup and functioning of the preschool and report writing- 4 visits.

- Preparing resource unit on any topic and its presentation
- Planning budget for preschool
- Preparing admission form advertisement brochure for preschool

References

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Muralidharan R (1967): A Guide for Nursery School Teachers, NCERT, New Delhi.

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2.4 Open Elective Course (Not Necessary From Major)

Course Title	Child Health & Nutrition					
Course Credits	4					
Theory – Practical Internal - External	50+50					
Course Outcomes	After going through the course, learners will be able to					
	Objectives: 1. discuss health and nutrition needs of pregnant and lactating women, infants and preschoolers. 2. plan balanced diet for pregnant and lactating women, infants					
	and preschoolers.3. distinguish nutritional diseases and nutrition and health programs in the country.					
	4. classify common childhood illnesses & Management					
	examine ways of providing information to parents about health and nutrition					
Module 1 (Credit 1) Introduction to Healt	h & Nutrition					
	After learning the module, learners will be able to					
	1. discuss health and nutrition.					
	2. distinguish nutrition and health programs in the country					
	, and the programme in the country					
Content Outline	 Meaning of nutrition and Balanced Diet. Concept of health. Indicators of health. Nutrition and health programs in India: ICDS, SNP, ANP, Mid-Day Meal, Balwadi Nutrition program, Anemia Prophylaxis, Vit A prophylaxis, Iodine deficiency control Programs 					
Module 2 (Credit 1) Nutrition and health childhood	care during pregnancy and lactation, infancy and early					
Learning Outcomes	After learning the module, learners will be able to					
	1. discuss meal planning					
	2. plan meals for pregnant and lactating mothers, infants and children.					
Content Outline	 Meal planning -Meaning, principles of meal planning, Meal Planning for pregnant and lactating women, infants and preschoolersNutritional needs and meal planning. Nutrition & Health care during pregnancy. & Lactation - 					

	Complication and health issues during pregnancy, Exclusive breast
	feeding, Benefits, Lactational Amenorrhea,
	4. Nutrition during infancy- supplementary /complementary
	feeding, Issues in weaning and precautions.
	5. Nutrition during early childhood & Issues, Finger foods
Module 3 (Credit 1) A	ssessing Children's Health
,	3
Learning Outcomes	After learning the module, learners will be able to
	1. Assess Children's Health, read Growth charts, medical history,
	maintaining health records
	2. Know about preventive & curative health care
Content Outline	Acute & communicable illnesses – identification & management
	Acute illness- cols, Fever, Dialarhoea, Headaches,
	stomachaches, Vomiting, Heat rashes
	Communicable Illnesses – Chickenpox, Smallpox, Measles,
	Mumps, Scabies, Tuberculosis, Conjunctivitis, Influenza
	Nutritional Disorders -Malnutrition, obesity and others-
	identification & remedial measures
	identification & remedial measures
Modulo 4 (Crodit 1)	Child Health & Safety
Module 4 (Credit I)	Cilliu Health & Salety

After learning the module, learners will be able to 1. discuss essentials of child safety management 2. adapt to handle emergency • Introduction -importance of safety and hygiene • Food safety & Hygiene • Safety measures at indoor & Outdoor areas • Factors affecting safety • Emergency Vs First Aid Practical Health & Nutrition Education Learning Outcomes							
2. adapt to handle emergency Content Outline Introduction -importance of safety and hygiene Food safety & Hygiene Safety measures at indoor & Outdoor areas Factors affecting safety Emergency Vs First Aid Practical Health & Nutrition Education Learning Outcomes After learning the module, learners will be able to 1. choose different ways of providing information to parents about health and nutrition. 2. design informative material for health and nutrition education Content Outline Preparing handouts/ bulletin boards/ charts for parents on various issues of health & nutrition. Media review on food advertisements.	Learning Outcomes	After learning the module, learners will be able to					
Content Outline Introduction -importance of safety and hygiene Food safety & Hygiene Safety measures at indoor & Outdoor areas Factors affecting safety Emergency Vs First Aid Practical Health & Nutrition Education Learning Outcomes After learning the module, learners will be able to 1. choose different ways of providing information to parents about health and nutrition. 2. design informative material for health and nutrition education Content Outline Preparing handouts/ bulletin boards/ charts for parents on various issues of health & nutrition. Media review on food advertisements.		discuss essentials of child safety management					
• Food safety & Hygiene • Safety measures at indoor & Outdoor areas • Factors affecting safety • Emergency Vs First Aid Practical Health & Nutrition Education Learning Outcomes		2. adapt to handle emergency					
• Safety measures at indoor & Outdoor areas • Factors affecting safety • Emergency Vs First Aid Practical Health & Nutrition Education Learning Outcomes After learning the module, learners will be able to 1. choose different ways of providing information to parents about health and nutrition. 2. design informative material for health and nutrition education Content Outline • Preparing handouts/ bulletin boards/ charts for parents on various issues of health & nutrition. • Media review on food advertisements.	Content Outline	1 1 2					
Factors affecting safety Emergency Vs First Aid Practical Health & Nutrition Education Learning Outcomes							
Practical Health & Nutrition Education Learning Outcomes After learning the module, learners will be able to 1. choose different ways of providing information to parents about health and nutrition. 2. design informative material for health and nutrition education Content Outline Preparing handouts/ bulletin boards/ charts for parents on various issues of health & nutrition. Media review on food advertisements.		 Safety measures at indoor & Outdoor areas 					
Practical Health & Nutrition Education Learning Outcomes		 Factors affecting safety 					
Learning Outcomes After learning the module, learners will be able to 1. choose different ways of providing information to parents about health and nutrition. 2. design informative material for health and nutrition education Content Outline • Preparing handouts/ bulletin boards/ charts for parents on various issues of health & nutrition. • Media review on food advertisements.		Emergency Vs First Aid					
Learning Outcomes After learning the module, learners will be able to 1. choose different ways of providing information to parents about health and nutrition. 2. design informative material for health and nutrition education Content Outline • Preparing handouts/ bulletin boards/ charts for parents on various issues of health & nutrition. • Media review on food advertisements.							
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health and nutrition. 2. design informative material for health and nutrition education Content Outline • Preparing handouts/ bulletin boards/ charts for parents on various issues of health & nutrition. • Media review on food advertisements.	Learning Outcomes	After learning the module, learners will be able to					
Content Outline • Preparing handouts/ bulletin boards/ charts for parents on various issues of health & nutrition. • Media review on food advertisements.							
Preparing handouts/ bulletin boards/ charts for parents on various issues of health & nutrition. Media review on food advertisements.		2. design informative material for health and nutrition education					
	Content Outline	, , , , , , , , , , , , , , , , , , , ,					
		Media review on food advertisements.					
Visit to pediatric ward/ ICDS center.							

•	Preparing	а	booklet	on	nutritive	recipes	for	pregnant/
	lactating m	notl	hers, pres	cho	ol children.			

- 1. Individual presentations, and Report writing of the visit 10 marks
- 2. Preparation of booklets, charts, handouts, bulletin boards (any one). 15 marks
- 3. Child safety quiz 05 Marks

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2.5. VSC - 2 credits- 50 marks

Course Title	Stimulation Activities for Preschoolers (Theory)					
Course Credits	2					
Theory – Internal External	-25+25					
Course Outcomes	After going through the course, learners will be able to					
	discuss importance of stimulation in Early years					
	2. explain developmental tasks at different ages					
	3. plan developmentally appropriate activities to promote growth					
Module 1 (Credit 1						
Learning Outcomes	After learning the module, learners will be able to					

	_
	3. Understand the importance of early stimulation in the context of brain research
	4. Plan activities to promote enhancement of various domains
Content Outline	Brain Research
	Importance of Early stimulation
	Developmental milestones of Preschoolers
	Activities for Physical and Motor Development
	Activities for Cognitive and Language Development
Module 2 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to
	1. plan activities for Social, Emotional, Creativity development
	2. construct activities in a sequential and balanced manner
Content Outline	 Activities for social, Emotional, creativity development Values and Methods of conducting Activities/ Games for stimulation

- Presentations Developmental Milestones for 3, 4, 5, 6-year-olds for various domains
- Planning 5 activities/games for stimulating each domain- Physical- motor, Cognitive, Language, Social, Emotional and creativity

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- WHO Child Growth Standards- Methods and Development

2.6 SEC

Course Title	Introduction To Puppetry
Course Credits	2
Theory - Internal - External	25+25
Course Outcomes	After going through the course, learners will be able to
	1. discuss puppetry
	2. plan how to be a puppeteer
	3. design to make different varieties of puppets
	4. develop a Puppet show
	5. build a puppet show
Module 1 (Credit 2)	
Learning Outcomes	After learning the module, learners will be able to
	1. create types of puppets
· ·	2. identify main elements of puppetry
	3. discuss the use of Puppets in therapy and counselling
Content Outline	 Puppets and its types Main elements of puppetry Materials used to make puppets Use of puppetry in education Puppetry in therapy and counselling

Module 2 (Credit 2)					
Learning Outcomes	After learning the module, learners will be able to				
	1. create different kinds of puppets				
	2. develop skills to handle puppets				
	3. design a puppet show				
Content Outline	 Learn how to make Puppets Process of planning, writing a script and dialogues for various characters Understand the steps of planning and implementing a Puppet show 				

- 1) Making 2 puppets of choice
- 2) Writing a script and dialogue for puppet show
- 3) Performing a puppet show (Group Activity)

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2.8 IKS- 2 credits- 50 marks

Course Title	Indian Philosophies in Early Childhood Education (Theory)
Course Credits	2
Theory Internal - External	25+25
Course Outcomes	After going through the course, learners will be able to
	Develop understanding of educational philosophies propagated by Philosophers in ECE
	2. Identify a multidisciplinary perspective in early childhood education
Module 1 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to
	1. assess ECE based on the various philosophies
	2. analyze the philosophies in teaching learning activities
Content Outline	 Educational Philosophy Educational thoughts of Indian Philosophers- Rabindranath Tagore, Vivekananda, Jiddu Krishnamurthy and Aurobindo
Module 2 (Credi	t 1)
Learning Outcomes	After learning the module, learners will be able to
	Interpret the contributions of different thinkers
	2.Design teaching learning activities based on the contribution of the different thinkers
Content Outline	 Educational thoughts of Indian Thinkers- Gandhiji, Tarabai Modak, Giju Bhai Badheka, Anutai Wagh, Kamala Tai Kakodkar
	Discussion on teaching learning activities based on the contribution of the different thinkers

Assignments/Activities towards Comprehensive Continuous Evaluation (CCE)

- 1. Presentations on Philosophers and Thinkers
- 2. Plan 3 activities based on any one Philosopher
- 3. Make a list of schools that follow particular Philosophy

References:

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