

G-18B /2017-18/318

Date :- 15/02/2018

To,
Principals / Directors / HODs
of Colleges and Departments
Conducted and Affiliated to
S.N.D.T. Women's University.

SUB :- MISSION SAHASI
(Mega Scale Self Defence Programme for Girls)

Dear Sir/Madam,

Under the instructions of the Hon'ble Vice Chancellor Prof. Shashikala Wanjari, the **"MISSION SAHASI"** a Mega Scale Self Defence Programme for girls will be conducted by VIDYARTHI NIDHI TRUST on February 28 & March 1, 2018 from 7.30 to 10.00 am for 3000 students at the SNDT Juhu Campus Playground. The organization of the entire programme will be looked after by the Department of Physical Education and Student Welfare Development.

MISSION SAHASI – A project of Vidyarthi Nidhi Trust is one such step aimed not just to bring confidence among women but also bring the much needed change in the "chalta hai" attitude prevailing in the society towards women and their issues.

Mission SAHASI is specifically customized keeping in mind the threats faced by common women in her daily routine, be it on a deserted road or empty train and to defend herself in any circumstance and in company of known or unknown people. **"MAKING OF THE FEARLESS"** the tagline for this project is salience of training by legendary Grandmaster Shifuji Shaurya Bhardwaj, who has trained some of the finest security forces in the country. Vidyarthi Nidhi strongly believes that such programmes would help build confidence in many young women who have the skill & will to achieve wonders.

Colleges/Departments are requested by send 100+students with 2 teachers to participate in the same . Refreshments & Certificates will be given to the students.

The list of names of the students (Jrs.+ Sr.) & 2 teachers should be given latest by February 23, 2018 to the Department of Physical Education. The 2 teachers one requested to compulsory attend the Meeting on February 23, 2018 at 2.30 pm at Department of Physical

Education at Churchgate Campus and all details will be given. The students have to wear track pant, t-shirt, or any loose outfit but no jeans pants allowed.

Please note that this mega event is being conducted all over Mumbai. You are requested to kindly participate in large numbers and make this programme and great grand success.

Thanking you,

Yours faithfully,

-sd/-

(Dr. Nitin S. Prabhutendolkar)
Assistant Director of Phy.Edn (Addl Charge)