

G- 18B / 2017-18 / 60

Date:- 03-06-2017

To,
Principals / Directors / HOD's
Colleges and Departments
Conducted and Affiliated to
S.N.D.T. Women's University,
Mumbai – 400020

SUB:- INTERNATIONAL YOGA DAY CELEBRATION - 2017.

Dear Madam / Sir,

It has been informed by the Department of Youth Affairs and Sports, Government of India, P.M.O. Office and Government of Maharashtra that all Schools, Colleges and Universities must conduct the International Yoga Day Celebration on 21st June 2017 or any day during the week from June 15 to 30, 2017 taking all the students of NSS, Sports, NCC and staff.

The following International Yoga Day programmes have been planned:-

I) CAMPUSES

June 21, 2017 7.00 am to 8.00 am	Churchgate Campus Basketball Court or Badminton Court expected No. of students – 200	Students from Churchgate Campus Colleges & Departments
8.30 am to 10.00 am	Celebration of Yoga Day in Patkar Hall expected No. - 500	Students & Staff from All Colleges & Departments
June 22, 2017 8.00 am to 9.00 am	Juhu Campus Foyer expected No. of students – 200	Students from Juhu Campus Colleges & Departments
10.00 am to 11.00 am	Staff expected No. 100	Staff from Juhu Campus Colleges & Departments
June 22, 2017 7.00 pm to 8.00 pm	Pune Campus A.V. Room expected No. of students – 200	Hostel Students from Pune Campus Colleges & Departments
June 23, 2017 9.00 am to 10.00 am	P. G Hall expected No. of students – 300	Students from Pune Campus Colleges & Departments
10.30 am to 11.30 am	Staff expected No. 100	Staff from Pune Campus Colleges & Departments

Sports Teachers, NSS P.O.s and NCC Co-ordinators are requested to make sure that all the students must attend this celebration at the Campuses.

II) ORIENTATION & TRAINING FOR COMMON YOGA PROTOCOL

Sr. No.	Date	Time	Place	College	Programme
1.	15/06/2017	09.30 am to 10.30 am	Badminton Court Churchgate Campus	L. T. College of Nursing Churchgate	Orientation & Training for Common Yoga Protocol
2.	16/06/2017	09.30 am to 10.30 am	Badminton Court Churchgate Campus	PVDT College of Churchgate	
3.	17/06/2017	09.30 am to 10.30 am	Badminton Court Churchgate Campus	Arts, Comm. & Science College, Churchgate	
4.	19/06/2017	09.30 am to 10.30 am	Auditorium	M.M.P.Shah College, Matunga	
5.	20/06/2017	09.30 am to 10.30 am	Auditorium	M.N.Women's College, Vile- Parle	
11.	27/06/2017	10.30 am to 11.30 am	Auditorium	GEI College, Dombivali	International Yoga Day Common Yoga Protocol
13.	28/06/2017	10.30 am to 11.30 am	Auditorium	Vajreshwari College Vajreshwari	

III) AFFILIATED COLLEGES (In and Outside Mumbai)

All Affiliated Colleges must conduct this International Yoga Day Celebration at their respective Colleges on any one day from June 15 to 30, 2017 for 40 minutes. Maximum students from NSS, NCC, & Sports must attend this program on a large scale.

Enclosed herewith is a module of asanas planned by Government of Maharashtra in collaboration with Kaivalyadhama Yoga Institute, Lonavala, to be conducted on that day. The colleges can open the www.ayush.gov.in / www.yogamdniy.nic.in on which the detailed video & modules on asanas can be followed and shown on the screen.

If you require the support of Kaivalyadhama Yoga Institute, Yoga Instructors you may kindly contact Dr. Nutan Pakhare on Mobile No. – 9821842424 & email id – nootanp@gmail.com or Department of Physical Education contact – 22007027 & email id – physicaledu@sndt.ac.in.

PROGRAMME

- * Inaugural Ceremony
- * Asanas as per module
- * Vote of thanks
- * Refreshments

All the students are requested to carry a mat / bed sheet and wear track pant / T-shirt or any comfortable outfit.

You are requested to send your report & photographs to the Department of Physical Education immediately. A consolidated report has then to be sent to the Government of Maharashtra / Governemnt of India.

Thanking You,

Yours faithfully,



Dr. Nitin S. Prabhutendolkar

Assistant Director of Phy. Edn (Addl charge)